



The Colorado Bicyclist

Newsletter of the Denver Bicycle Touring Club

March 2013



Title Sponsor: RESIDENTIAL BROKERAGE

SATURDAY, JUNE 15
FATHER'S DAY WEEKEND

The fourth annual Coldwell Banker Denver Century Ride will be Saturday, June 15. Stapleton is a presenting event sponsor, and ride proceeds will benefit BikeDenver. Register before April 15th and receive 15% off with the Denver Century Ride Tax Break Special!

Northeast (Park Hill) Training Rides

Doug Schuler

Doug Schuler will lead a series of training rides in preparation for the metric century portion of the Denver Century Ride. This year's Denver Metric Century is a pretty flat course from Northfield to Golden to Broomfield and back to Northfield. These rides have been designed to help riders prepare for a flat metric century. All rides will start and end at Cake Crumbs Bakery and Coffee Shop located at 2216 Kearney Street in Park Hill, where there is ample parking. The rides will wind through Park Hill, Stapleton, Northfield and Montbello on bike trails, paths and lanes with a speed of 12 miles per hour average with a no drop rule, all mileage is minimum.

Sunday, March 24, 9:00 a.m.

Anschutz Medical Campus Loop 12.5 miles

Sunday, April 7, 8:30 a.m.

Rocky Mountain Arsenal Loop 16 miles

Sunday, April 21, 8:30 a.m.

Pena Blvd. Loop 20 miles

Sunday, May 12, 8:00 a.m.

Smith Road-Colfax Loop 26 miles

Sunday, May 26 8:00 a.m.

Watkins Out and Back 40 miles

Sunday, June 9, 8:00 a.m.

Bennett Out and Back 60 miles

KICK OFF PARTY 2013

Saturday April 20th

The regular ride schedule starts in April so contact your Ride Coordinators to get your early season rides in the newsletter! Their email addresses are on page 2 of the newsletter.



**Last Chance to Order the
New DBTC Club Jersey!**

(see pg 7)

DBTC's Officers

Past President John Campbell president@dbtc.org	303-797-0250
Vice President Guy James vicepresident@dbtc.org	303-321-4607
Secretary Carolyn Bauer secretary@dbtc.org	303-740-8491
Treasurer Karen Kirby treasurer@dbtc.org	303-237-1229
Board Members at Large Doug Schuler dougshuler@comcast.net	303-829-5861
Jeff Krinsky ckrinsky@msn.com	720-890-5011
Kevin Purdy kevinpurdy@pobox.com	303-589-2548
Elfriede Shoemaker	
Lise Neer lisegneer@gmail.com	303-249-8621

Directors and Staff

Director of Ride Activities Patty Gaspar RideCoordinator@dbtc.org	303-989-8268
Out of Town Tour Director Ellen Chilikas outdoorsdiva@yahoo.com	
Fun MTB Coordinator Kathy Basel FunMTB@dbtc.org	720-217-5692
Fun Ride Coordinator North Rick Clauder FunRideNorth@dbtc.org	303-463-1875
Fun Ride Coordinator South Gaar Potter FunRideSouth@dbtc.org	303-691-0938
Road Ride Coordinator roadrides@dbtc.org	OPEN
Intermediate Ride Coordinator Rick Clauder intermediaterides@dbtc.org	303-463-1875
Wednesday Fun/Int Ride Coordinator wedfunrides@dbtc.org	OPEN
"Roses" Ride Coordinator Melba Bouquet melbabo9@q.com	720-493-0564
Historian Historian@dbtc.org	OPEN
Membership Database/Webmaster David Grimes webmaster@dbtc.org	303-986-7666
Map Sales (wholesale) Doug Schuler Mapsales@dbtc.org	303-829-5861
Photo Gallery Jeff Krinsky photogallery@dbtc.org	303-543-1320

Board Meeting

Any member wishing to attend a board meeting is welcome to attend. The next board meeting is Monday, March 4 at El Senor Sol, 2301 7th St., 6PM. If you wish to address the board, contact the secretary, Carolyn Bauer: secretary@dbtc.org, or 303.740.8491 so that your topic can be placed on the agenda.

DBTC Now Stands for Denver Bicycle Tweeting Club

DBTC has always had lots of great activities & events for its club members. Now all of those wonderful functions will be shared with the rest of the world on Twitter. The DBTC Twitter account is @DenverBikeClub because @DBTC was already taken by those ne'er-do-wells at the Daytona Beach Track Club. So let's show those sunny beaches who has the best tweeters. For those of you who have Twitter accounts, please follow the @DenverBikeClub and share lots of retweets and favorites. For those of you who don't have Twitter accounts, what are you waiting for? It's free; it's easy; it's all the rage!! Or as they say in the Twitter world, "If you don't Tweet, you're full of ... remorse because you're missing out on all the fun."



Lise Neer Joins DBTC Board of Directors

A long-time fan of the DBTC, my goal as a board member is to help grow the club by promoting us in new and entertaining ways. Our membership numbers have declined in recent years, and we need some new folks (young, old, singles, couples, families, everyone) to join in the fun! One of the best ways to advertise is by good old word of mouth. So, I'd like to ask all our members a favor: help promote Denver's *original* bicycle club to your friends and family. Reach out to that bike rider who's new in town and looking for friends; introduce them to our year-round rides, social events, and tours. We'll make them feel welcome!

I've also been involved in bicycle advocacy as a founding board member of BikeDenver, and currently serve as a programs and marketing volunteer for the Park Hill Bike Depot. I'm an aspiring tandem-touring rider, roadie, mountain biker and transportation cyclist when I'm not laying out this newsletter, gardening, trying new recipes, or skiing.



Pictures and Articles for the Newsletter... This newsletter belongs to the members. If you have pictures or an article to share, please email them to ridecoordinator@dbtc.org. Only send one or two pictures so you don't clog up my computer! Be sure to include details about who, when and where the picture was taken. If you have a photo to mail, contact the Ride Coordinator for the address. Remember we must give credit to the author. If you are a writer with an article of interest, we may make you a published author! The deadline for publishing is the 20th, but please send your articles earlier.



Fraser Ski/Snowshoe Weekend

January 2013

Ellen Chilikas

Thirteen lucky people spent MLK weekend up in Fraser playing in the snow. Besides visiting the local nordic centers and skiing beautifully groomed trails, we strayed into the backcountry and explored the Fraser Experimental Forest, the Jim Creek trail and Monarch Lake. The frigid morning temperatures warmed up by afternoon, fueled by our great Colorado sunshine. We enjoyed late lunches of steaming Wor Wonton soup, spicy gumbo and gourmet treats at the restaurant at Devil's Thumb. Evenings were spent in the hot tub, playing games and watching football. We've booked again for next year—hope you can join us.

DBTC's Online Map Directory

Guy James

Club Members, the DBTC has a Route Map Library. However, there are a very limited number of rides described and it sure could use some updating from the members. If you have a ride map and a corresponding ride description it would be nice if you would share it with the membership by adding it to the Route Map Library. It would take a few minutes of your time and it would be so valuable to the other members of the Club. All you have to do is go to www.DBTC.org and click on Route Map Library and follow the directions. Thanks in advance for your submission of rides.

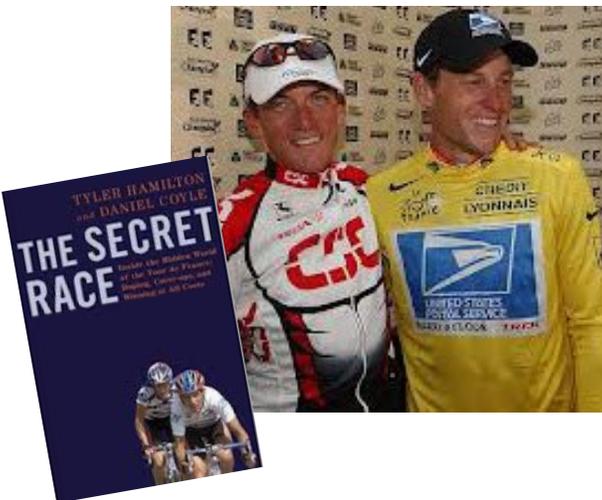


The Secret Race

Ellen Chilikas

I just finished Tyler Hamilton's 2012 book, *The Secret Race*, which was published before Lance's chat session with Oprah. Tyler comes clean—blames himself first, but shines a damnably bright light on doping in the professional cycling world. His first hand accounts show that everyone was doping; it was the only way to be competitive.

He also talks about how Lance did everything in his power to win. He was the ringleader, a bully who would drop a friend in an instant to gain an advantage. I got the book from the library right after the Oprah interview. Reading the book, coupled with hearing what Lance said, prompted me to throw out the Lance poster I had hanging in my garage for years. While I can understand the need to dope to remain competitive, I can't accept the bullying. I recommend the book – it's eye opening.



2013 Spring Training Rides for Intermediate and Road

Donald Schmertz

roadrider80226@yahoo.com

These rides are for Intermediate and road riders that are just starting their cycling season. We have DBTC leaders that have volunteered to get you motivated for the upcoming cycling season. Please check the DBTC Meetup site for updates as rides become available.

DBTC is the only Denver metro club to have this series. We hope to have a least one ride per weekend if weather conditions permit.

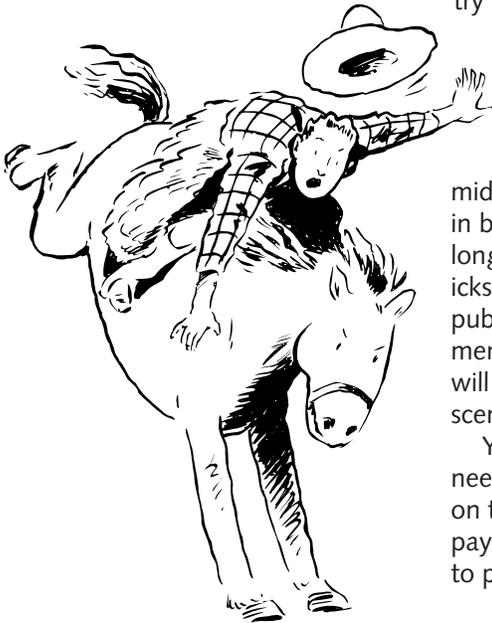
Go to the following link to view the DBTC Meetup site.
www.meetup.com/Denver-Bicycle-Touring-Club/



2013 TEXAS HILL COUNTRY

April 6th-12th, 2013

Don and Marilyn Swett



Sign up early to get a spot. Low cost trip price of \$40 per person does not include accommodations. (If budget is no problem consider the Adventure Cycling Hill country tour during the same time frame for \$1099.) The main location for camping will be at the Lady Bird Municipal Park, with tent camping at about \$10 per night and RV camping at roughly \$30/night. There are a number of B&Bs and motels nearby in Fredericksburg. There will be 6 days of riding with an optional 7th day for more riding or sightseeing.

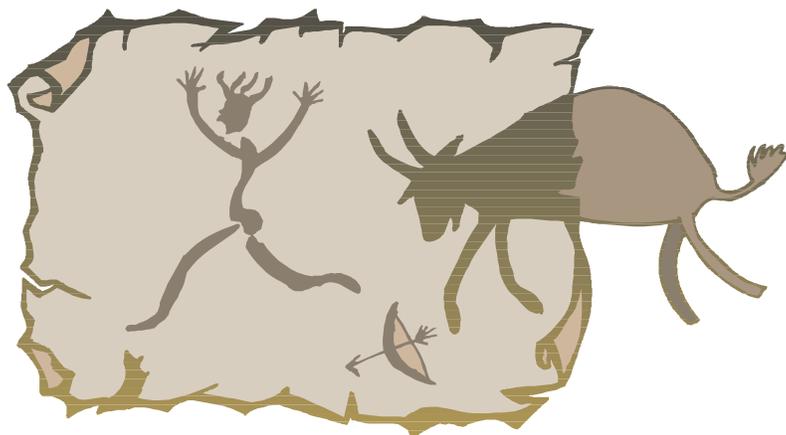
We will be staying near the Historic German town of Fredericksburg, right in the middle of the Texas Hill Country. This is the spring flower season with the Blue Bonnets in bloom as well as other wild flowers. Rides will be approx. 20-40 miles in length (with longer options). Expect some hills, some new routes and fewer Bugs (VW type)! Fredericksburg offers unique German cuisine as well as local Tex-Mex, local wineries and brew-pubs. Shoppers will find over 150 boutiques, art galleries and antique emporiums, not to mention an herb farm, wildflower farm, and National Museum of the Pacific War. Rides will be loop types with different start/stop locations, and will highlight the local history, scenery, LBJ Ranch, Stonehenge II, wineries and more.

You must set up your own reservations for RVs, Motels, and B&Bs. Tenters do not need to make reservations at the Lady Bird Park. Marilyn & Don Swett will be your hosts on this ride. If interested, contact Don at don_swett@comcast.net. We will need to have payment and signed waivers by March 1st, 2013. You must be current member of DBTC to participate in out-of-town rides.

DBTC Members Joining in December

PAUL & DANA ARELL
BETSY DUNKLIN
& CHIP COLE
BRICE DAVIS

DALA GRIFFIN
DOUGLAS PRICE
DAVID TOWNSEND



ABQ Multi-Sport Trip:

Sunday 5/12 - Saturday 5/18/13

ONE ROOM AVAILABLE

Join Ellen and Karen, and get to know ABQ, NM. ABQ is a day's drive southwest from Denver and has a warm climate with blue skies that go on forever! We will be staying at a fabulous hotel just spitting distance from the ABQ Plaza (Old Town) and a handful of museums and cultural attractions.

We have 4 fun filled days of biking and hiking planned, plus, we are giving you a free day to explore on your own — you can get your kicks on Route 66 (it runs through town)!

Here's the plan for the week:

- Drive to ABQ on Sunday and have a pre-trip dessert happy hour with local champagne to get acquainted and discuss our plans for the week.
- Monday we will have a group breakfast at our favorite local restaurant on the way to a 30-mile flat and scenic ride along Rio Grande Blvd and the Bosque Trail (bike path).
- Tuesday will be an optional 30-45 mile ride out to see the Volcanoes, or you can choose to leave your bikes at the hotel and instead hike around/over the volcanoes and through the Petroglyph National Monument. We'll have a happy hour at the hotel on Tuesday night to compare notes and plan for our free day activities.
- Wednesday is the free day – options abound, including biking and hiking, wine/beer tasting, visiting museums and galleries, shopping at Trader Joe's, visiting a pueblo or casino, shopping in Old Town, riding the Sandia Tram or enjoying the pool/hot tub at the hotel.
- Thursday we eat a hearty breakfast burrito to get us going and head north to Bernalillo for either a 20 or 40- mile scenic round trip ride (with a nice climb!) to Jemez Dam. On the way, we stop at the Coronado State Monument to see ancient pueblo ruins.
- Friday, our last day, is one of climbing! Either you can bike 20-40 miles round trip up, up, up to the Cibola National Forest, or you can hike up those hills – expect stunning views and sore legs! Our farewell dinner is at our favorite ABQ restaurant on Friday night, and includes your choice of an entrée plus a killer dessert.
- We check out of the hotel on Saturday and head home – those who want to ride the Santa Fe Century can stop over in Santa Fe on the way home – the Century Ride is on Sunday.

The tour includes double occupancy hotel accommodations and the meals mentioned above. The hotel does not provide breakfast, but rooms have refrigerators and coffee makers with Starbucks coffee. Cost for 6 nights of lodging and 5 days of playing is \$500/person. To join us on the trip, please send \$500 (check made out to Ellen) and the tour forms at www.dbtc.org/tours to Ellen Chilikas at PO Box 471803, Aurora, CO 80047. (If you've already sent me a liability form for a trip in 2013, you do not need to send another one) The tour is first come, first served. Tour cost is transferable but not refundable. Tour is for self-reliant Intermediate level riders. Please contact Ellen (outdoorsdiva@yahoo.com) or Karen (karen_jenneman@hotmail.com) for questions.

Weekday Skiing with DBTC

Lin Hark and Sue Frakes will be leading weekday ski trips to Loveland, Copper Mountain and Ski Cooper this season. If you would like to join these trips you may want to get the GEMS card for a free day at Ski Cooper in February, and 2 for 1s at Loveland. They will also be doing the Ski Hooky Days at Loveland which are the first Thursday of each snowy month. To get the \$10 GEMS card go to: www.shopcoloradoski.com/product_p/cscusa_gems_card_2011_12.htm

There may be some snowshoe and cross country ski days too, so watch the Colorado Bicyclist Yahoo Group (send blank email to ColoradoBicyclist-subscribe@yahoo.com) for these.

See you on the slopes!



TETON TREK II

SEPTEMBER 8-15, 2013

Leaders: JOHN CAMPBELL and ELLEN CHILIKAS

4 nights in Jackson Hole and 3 nights in Teton's Colter Bay, Wyoming

Bike 3 days in and around Jackson Hole then, on the free day, drive to Colter Bay near Yellowstone; followed by two days of riding in Yellowstone.

Most rides are 30-40 miles long, with one long loop of 60 miles. Some moderate climbing. There are also lots of hiking options for those who don't want to bike every day. These have not been scouted, so if you want to hike, please do some research prior to the trip.

We did a slightly shorter version of this trip in 2007 and everyone who went had a great time. We are adding an extra day in the Colter Bay cabins since everyone enjoyed them so much. We are looking forward to having you come and play with us in Wyoming's playground!

Jackson Hole is 500 miles from Denver.

The cost of the trip is \$625 and includes the following: 7 nights double occupancy lodging, a pre-trip planning and information party, continental breakfasts at the motel in Jackson, a few happy hours, and possibly a dinner near Colter Bay. All route maps for the rides are also included. The cost does not include your meals on the trip, unless mentioned above.

Required is a trip deposit of \$125.00 (make the check out to Ellen and post date the check to 5/1/13) and the tour forms located here: www.dbtc.org/OTT_Index.aspx

Mail it all to:

Ellen Chilikas

PO Box 471803, Aurora, CO 80047

The additional \$500.00 is due by July 1, 2013

If you have any questions, you can contact John Campbell at jwc@rmi.net or Ellen Chilikas at outdoorsdiva@yahoo.com.



DBTC SPONSORING SHOPS

DBTC members receive a 10% discount off purchases (excluding bicycles and sale items) at these sponsoring retailers.

ARAPAHOE CYCLERY
6905 S BROADWAY UNIT 169
LITTLETON CO 80122
303-797-1858
arapahoecyclery.com

ARVADA BICYCLE COMPANY
6595 WADSWORTH BLVD
ARVADA CO 80003
303-420-3854
arvadabike.com

BIG KAHUNA BICYCLES
8246 W BOWLES AVE UNIT J
LITTLETON CO 80123
720-981-5199
bigkahunabicycles.com/site/intro.cfm
Discount Includes 10% discount on bikes!

BIKESOURCE #7
2665 S COLORADO BLVD
DENVER CO 80222
303-759-5099
bikesourcedenver.com

BIKESOURCE #8
2690 E COUNTY LINE RD
LITTLETON CO 80126
303-221-4840
bikesourcedenver.com

CAMPUS CYCLES
2102 S WASHINGTON ST
DENVER CO 80210
303-698-2811
campuscycles.com

CHERRY CREEK VELO
1435 S HOLLY ST
DENVER CO 80222
303-691-5650
sampsports.com
No discount on labor.

CYCLE ANALYST
722 S PEARL ST
DENVER CO 80209
303-722-3004
cycleanalystinc.com/

DERBY BICYCLE CENTER
410 E 104TH AVE
THORNTON CO 80233
303-288-4100
derbybicyclecenter.com

ELEVATIONS
2030 E COUNTY LINE RD
LITTLETON CO 80126
303-730-8038
bicycledalr.com/

FOOTHILLS CYCLING
4990 KIPLING PKWY SUITE B-7
WHEAT RIDGE CO 80033
303-420-0815
foothillscycling.net

GOLDEN BEAR BIKES
290 NICKEL ST SUITE 100
BROOMFIELD CO 80020
303-469-7273
goldenbearbikes.com

GOLDEN BIKE SHOP
722 WASHINGTON AVE
GOLDEN CO 80401
303-278-6545
goldenbikeshop.com

GREEN MOUNTAIN SPORTS
12364 W ALAMEDA AVE
LAKEWOOD CO 80228
303-987-8758
greenmountainsports.com

PEAK CYCLES
1224 WASHINGTON ST STE 145
GOLDEN CO 80401
303-216-1616
bikeparts.com

SCHWAB CYCLES
1565 PIERCE ST
LAKEWOOD CO 80214
303-238-0243
schwabcycles.com
No discount on Shimano and Campagnolo

SPORTS PLUS
1055 S GAYLORD ST
DENVER CO 80209
303-777-6613
sportsplusdenver.com

TREADS BICYCLE OUTFITTERS
16701 E ILIFF AVE
AURORA CO 80013
303-750-1671
treads.com

TREADS BICYCLE OUTFITTERS
16701 ILIFF
AURORA CO 80013
303-690-2900
treads.com

TREADS BICYCLE OUTFITTERS
3234 S WADSWORTH BLVD
LAKEWOOD CO 80227
303-781-1162
treads.com

Order Deadline Extended

SUBSCRIPTION ORDER ONLY

ALL ORDERS ARE DUE April 20, 2013

We received orders for 11 men's jerseys and 5 women's. That was not enough to place our order for April delivery. Our order minimum has been reduced to 15 men's jerseys & 15 women's jerseys at a cost of \$58.00. **This is the final opportunity to obtain a new club jersey this year, so send in your order today!**

Jerseys will be available for pick-up at the **July 13, 2013 Summer Picnic**. Please include **ADDITIONAL SHIPPING CHARGE** of \$12.50 for shipping (if you do not plan on being at the Summer Picnic to pick up your jersey). Please use the order form at right—include email address to expedite your order—and make check out to DBTC.

Mail order form, with payment, to:

DBTC, PO Box 260517, Denver, CO 80226-0517



DBTC Jersey Subscription Form

FIT GUIDE

Men's Jersey					Women's Jersey				
Size	Waist	Chest	Weight	Height	Waist	Hips	Weight	Chest	Height
X Small	26	33-35	100-120	Up to 64"	22	31-33	90-110	30-32	Up to 62"
Small	29	36-38	120-145	64"-68"	23	33-35	95-120	32-34	Up to 62"
Medium	32	39-41	145-165	66"-70"	25	35.5-36.5	120-140	34-35	63-68"
Large	35	42-43	165-180	68"-72"	27	37.5-38.5	140-155	36-37	67-71"
X Large	38	44-46	180-210	70"-76"	29.5	40-41.5	155-165	38.5-40	70-73"
XXL	42	47-49	210-240	74" & up	31	41.5-43	165-175	40-41.5	72-75"
XXXL	46	50-52	240 & up	74" & up	32.5	43-44.5	175-180	41.5-43	72-76"

Name _____

Address _____

City _____ State _____ Zip _____

Phone (____) _____ Email _____

___ Men's (circle one): X Small Small Medium Large X Large XXL XXXL

___ Women's (circle one): X Small Small Medium Large X Large XXL XXXL

___ Total x \$58.00 each (see shipping note below) = \$ _____

Product Specification for the New Denver Bicycle Touring Club Sport Cut Jersey by Primal

Our new jersey will fit any cycling style. Its design has been field tested in competition and analyzed for durability, colorfastness and performance. The Denver Bicycle Touring Club jersey is a sport cut raglan sleeve jersey made with Primal's SpeedPro Fabric.

Its raglan sleeve design will fit any rider comfortably, complete with full-length hidden zipper and 3 cargo pockets. Men's jersey has elastic at the sleeve & at the waist. Women's jersey has no elastic at the sleeve or the waist. **Questions? Contact info@dbtc.org**

Available by Subscription Order Only • All orders must be received by April 20, 2013.

Make check payable to **Denver Bicycle Touring Club** for \$58.00 (plus shipping, \$12.50 = total \$70.50 for each jersey not picked up at Kick-Off Dinner).

DBTC WINTER'S-ALMOST-OVER ACTIVITIES 2013

Winter is blowing out and we will have some beautiful March days getting ready for the official season to start in April. Our ride coordinators are working on the April Schedule so contact them with your ideas for spring rides. Late winter riding conditions make it difficult to pre-plan rides.

Rides are cancelled if the temperature is below 40 degrees at start time or it is raining or snowing.

Pace of Ride	Difficulty of Terrain	Mileage	Quadrant of City	Departure Time
Roses – Leisurely Fun – Comfortable Int. – Brisk Road – Fast ATB – Unpaved Roads MTB – Mountain Bikes	H1 – Flat H2 – Small Hills H3 – Some climbs H4 – Serious climbs T1 Beginner to T4 Highly skilled riders P1 to P4 physical conditioning required	This is an estimate – options may be offered	NW NE SE SW W	Arrive early enough to unload your bike and be ready to leave at the time shown.

Ride Locator: There is a guide to the most frequent start locations on our website, www.dbtc.org. It provides the information you need to use Map Quest to make a map to the starting location.

If you'd like to include an activity in the newsletter, please email it to ridecoordinator@dbtc.org by the 10th of the following newsletter or contact **Patty** at **303-989-8268**.

DBTC's E-Mailing Lists

Get late breaking news, last minute ride updates, and short-notice of weekday rides, all e-mailed directly to you as soon as the information is posted.

DBTC Message Board is the DBTC General E-Mail List

To join, send an e-mail to: ColoradoBicyclist-subscribe@yahoogroups.com. Get late breaking news, last minute ride updates, and short-notice of weekday rides, all e-mailed directly to you as soon as the information is posted.

DBTC Mountain Biking E-Mail List

To join, send an e-mail to: COMtnbikers-subscribe@yahoogroups.com

You can join BOTH groups. After you send the e-mail requesting to join, you will be contacted via e-mail with a confirmation. If you'd like to post an event, simply go into the site. Remember that only club-related activities can be posted. We reserve the right to cancel any posting we don't think is appropriate.

Please Note:

- Joining either of these Yahoo Groups does not make you valid member of the DBTC.
- If your e-mail address changes, you must send your new e-mail address to both the Yahoo Group and to the DBTC webmaster (webmaster@dbtc.org)
- The DBTC Website operates independently from the Yahoo Groups. The Yahoo Groups send only e-mail messages concerning some upcoming events. The DBTC monthly Newsletter, The Colorado Bicyclist, is sent to you from the DBTC Website via e-mail only if you have so requested.

Be Ready To Ride: DBTC Ride Leaders and members are NOT bike mechanics. Before showing up for a ride, check your tubes and tires. Fix flats in advance of start time. Check your brakes and shifters, and, if any part of your bike needs maintenance, take it to an authorized mechanic. A complete tune up once a year is recommended. Your ride is only as safe and enjoyable as the condition of your bike.

DBTC on Facebook

Discover more about events and happenings in the club and other bicycling-related stories. Search "Denver Bicycle Touring Club" within Facebook to find us. www.facebook.com/pages/Denver-Bicycle-Touring-Club/122447584186

DBTC has a MeetUp page:

www.meetup.com/Denver-Bicycle-Touring-Club. Rides can be posted there and will be available both to members and non-members. Not all members are signed up for MeetUp, so you can post to both MeetUp and the Yahoo Group at ColoradoBicyclist-subscribe@yahoogroups.com.

Yahoo Group - Posting Requirements For Rides & Events

During the winter most of our events are Show and Go. We always prefer to have rides with designated leaders so you can post a Yahoo Group ride even if a Show and Go is listed in the newsletter.

1) Description Checked:

- DBTC Moderators (currently Lin Hark, Dale Trone, and Jeff Baysinger) post rides or events only if the requester is a current DBTC member,
- AND for rides the posted description conforms to the standard DBTC posting format: (e.g., FUN-2-25-NW-10:00 AM Location, Contact person & info, brief description)

2) Rules For Posting Rides To Yahoo Group:

- To prevent drawing participants from scheduled rides, your Yahoo-posted ride must NOT be of a similar length, category, location (city quadrant), and length as a ride posted in the Newsletter.
- It must be posted at least 2 days prior to the event.

3) Ride Credit For Ride Posted Only To The Yahoo Group:

- Ride leader must send the completed sign-in sheet (snail-mail or eMail) to the Yahoo Event Compiler (currently Steve Ingraham singraham046@aol.com) within one week of the ride.
- No actual ride, no credit. No sign-in sheet, no credit. If only the ride leader signs in, no credit. If the ride leader does not sign in, no credit.

4) Credit For Other Recreational Events (Ski Trips And Hikes) Not In Newsletter:

- The event leader must send the completed sign-in sheet (snail-mail or eMail) to the Yahoo Event Compiler (currently Steve Ingraham singraham046@aol.com) within one week of the event.
- No actual event, no credit. No sign-in sheet, no credit. If only the event leader signs in, no credit. If the event leader does not sign in, no credit.

MARCH RIDE & EVENT SCHEDULE

Wednesday FUN Group Note Time

FUN/INT- H 1 to 3-TBD 10:00 AM The Wednesday Fun group will continue to ride throughout the winter. We will meet at various places. You can use the DBTC Message Board to post additional rides.

March 6th Meet at Washington Park in the parking lot at the SW edge of Smith Lake, near the intersection of Downing Street and Exposition Avenue.

March 13th Meet at Mineral & Santa Fe Park-& Ride, Santa Fe Drive at Mineral.

March 20th Meet at Crown Hill Park in Lakewood, in the parking lot with bathrooms at Garland Street and 26th Ave, just east of Kipling St.

March 27th Meet at Village Green parking lot by the Dam Road and E Union Ave.

Wednesday "Roses" Group

These hardy riders continue all winter. Wednesday's "Roses" rides are 1-20, SW, 11AM. "Roses" will meet when the temperature is 50 or above and trails are clear, for "Show and Go" rides from Reynolds Landing (1 mile north of Carson Nature Center at 6745 S Santa Fe Dr.-use the driveway with a sign for Silver Sage Garden Center and go all the way to the end.) Riders attending will determine route. Bring a snack and money for lunch at a favorite restaurant after the ride. Questions? Call Melba Bouquet 720-493-0564.

Weekday Skiing with DBTC

Lin Hark and Sue Frakes will be leading weekday ski trips to Winter Park and possibly Loveland, Breckenridge and/or Ski Cooper this season. If you would like to join any of these trips you will want to be on the Yahoo Group email list. Loveland will be doing the Ski Hooky Days which are the second Thursday of the months December thru March for \$25 this year. Sue and I have decided to NOT do December or January, but we may do February or March.

I will send out the information each month in case you would like to lead a trip or go on your own. Ski Cooper's Senior Days are on the first and third Wednesdays of January, February, March and April. The rate is \$27 for age 55-69 and \$15 for 70+. So we may schedule a day at Ski Cooper.

Watch for updates and more info on the yahoo group emails. There may be some snowshoe and cross country ski days too so watch for these. We have decided NOT to get the GEMS card this year. To join the Colorado Bicyclist Yahoo Group send blank email to ColoradoBicyclist-subscribe@yahoo.com). See you on the slopes!

Upcoming ski trips:

Thursday, March 14th — Loveland Ski Hooky Day To get your coupon for a \$25 ticket go to <http://957theparty.com/pages/ski-hooky.html> Watch the yahoo group for details or other trips.

2013 Spring training for Intermediate and Road

These rides are for Intermediate and Road riders who are just starting their cycling season. We have DBTC leaders who have volunteered to get you motivated for the upcoming cycling season. Please check the DBTC Meetup site for updates as rides become available.

DBTC is the only Denver metro club to have this series. We hope to have a least one ride per weekend if weather conditions permit.

Go to the following link to view the DBTC Meetup site: www.meetup.com/Denver-Bicycle-Touring-Club/

SATURDAY & SUNDAY AND HOLIDAY WINTER RIDES

FUN/INT-2/3-20/30-NESW-11:00AM Many of the Winter rides are Show-N-Go. The riders who show up on these days will decide among themselves the route, the mileage, the pace and the after-ride restaurant. The starting locations will be places where many rides have begun in the past and thus several riders will have an idea of possible routes to be taken. You can go to www.dbtc.org and hit the start locations button for more detailed directions to most of the starting points. **All rides start at 10:00 AM (note time).**

Winter Riding Guidelines

Weather: forecast temperature above freezing with dry conditions.
Clothing: wear layers, outer windbreaker, hat/ear covers, gloves, toe covers and riding/sports pants – knees should be covered if it is below 50.
Other: bring water, repair items and a snack
Reminder: Adding a bright colored vest over a winter jacket makes you much more visible

Saturday, March 2nd NW – Sloan's Lake, 25th Ave & Sheridan, park in NW corner of park
Sunday, March 3rd SE-- Village Greens Park, just east of Union and Dayton (Show-n-Go)
Saturday, March 9th NW Crown Hill Park, just east of 26th & Kipling
Sunday, March 10th SW-- Bear Valley McDonald's, Hampden & Sheridan
Saturday, March 16th REI Flagship Store – river side
Sunday, March 17th NE corner of Cheesman Park (13th and Williams by Capital Hill Community Center)
Saturday, March 23rd NW-- Wagon Road PNR, I-25 and 120th Ave, Huron St side.

Sunday, March 24, 9:00 AM (Note time change) Anschutz Medical Campus Loop 12.5 miles. This is the first in a series of training rides in preparation for the metric century portion of the Denver Century Ride June 15, 2013 led by *Doug Schuler*. All rides will start and end at Cake Crumbs Bakery and Coffee Shop located at 2216 Kearney Street in Park Hill, where there is ample parking. The rides will wind through Park Hill, Stapleton, Northfield and Montbello on bike trails, paths and lanes with a speed of 12 miles per hour average with a no drop rule, mileage listed is minimum.

2013 (and Future) DBTC Activity and Tour Calendar

Email the trip contact for more information. Email Ellen (outdoorsdiva@yahoo.com) to add your trip to this list.

April 6-12, 2013 Texas Hill Country

Trip Type: Intermediate Road Rides
Lodging: Camping, B&B, Motels
Location details: Fredericksburg, TX
Contact: Don & Marilyn Swett (don_swett@comcast.net)
Status: Open

May 12-18, 2013 Albuquerque Adventure

Trip Type: Multi-Sport Tour
Lodging: Hotel
Location details: Albuquerque, NM
Leaders: Ellen Chilikas, outdoorsdiva@yahoo.com,
and Karen Jenneman, karen_jenneman@hotmail.com
Status: Open

September 8-15, 2013 Teton Trek II

Trip Type: Road Riding
Lodging: Hotels
Location details: Jackson Hole / Colter Bay, WY
Leaders: John Campbell, jwc@rmi.net, and Ellen Chilikas,
outdoorsdiva@yahoo.com
Status: Open

September 2014 Door County: The Sequel

Trip Type: Road Riding
Lodging: Hotel
Leaders: Ellen Chilikas, outdoorsdiva@yahoo.com
and Karen Jenneman, karen_jenneman@hotmail.com
Status: Planning

Visit DBTC.org and click on "Tours" for updates on the trips.

2013 Advance Planning Calendar

March 9-12
Moab Skinny Tire Festival
skinnytirefestival.com
 Moab, UT

April 25-28
Fruita Fat Tire Festival
emgcolorado.com
 Fruita, CO

May 5
Fort Collins Cycling Club Spring Warmup Ride
fccycleclub.org
 Fort Collins, CO

May 19
Community Classic Bike Tour
McKeefoundation.com
 Loveland, CO

May 19
Santa Fe Century
santafecentury.com
 Santa Fe, NM

May 24-27
Iron Horse Bicycle Classic
ironhorsebicycleclassic.com
 Durango, CO

June 1
Buena Vista Bike Fest
bvbf.org
 Buena Vista, CO

June 2
Elephant Rock Ride
elephantrockride.com
 Castle Rock, CO

June 8-15
Ride the Rockies
ridetherockies.com
 Telluride to Colorado Springs, CO

June 15
Starlight Spectacular
starlightspectacular.org
 Colorado Springs, CO

June
Greenwood Goosechase
goosechase.org
 Greenwood Village, CO

June 15
Tour de Cure
diabetes.org
 Colorado Springs Area

June 15
The Denver Century Ride
denvercenturyride.com
 Denver, CO

June 23-29
Bicycle Tour of Colorado
bicycletourcolorado.com
 Canon City, CO (Canon City – Crested Butte Loop)

June
Bike to Work Day
drcog.org
 Denver Metro area

June
Tour de Prairie
cheyennecity.org/index.aspx?NID=735
 Cheyenne, WY

June 29-30
MS 150 Bike Tour
nationalmssociety.org/chapters/COC/index.aspx
 TBD

July 13-14
Triple Bypass
teamevergreen.org
 Evergreen, CO

July 14-19
Tour de Wyoming
cyclewyoming.org
 Cody, WY

July 20
Tour de Steamboat
rockypeakproductions.com
 Steamboat Springs, CO

July 19-22
Courage Classic
couragetours.com
 Copper Mountain, CO

July 21-27
RAGBRAI
ragbrai.org
 Council Bluffs, Iowa

July 27
Moonlight Classic
moonlight-classic.com
 Denver, CO

July
Colorado-Eagle River Ride
vailvelo.com
 Beaver Creek, CO

August 3
Copper Triangle Alpine Classic
coppertriangle.com
 Copper Mountain, CO

August 3-10
CANDISC - Cycling Around North Dakota In Sakakawea Country
parkrec.nd.gov/activities/candisc.html
 TBD, North Dakota

August 4-10
Colorado Rocky Mountain Bike Tour
crmbt.com
 Fort Collins – Steamboat Springs Loop

August 10
Stonewall Century Ride
spcycling.org
 La Veta, CO

August 17
Circle the Summit (aka Bob Guthrie Memorial Ride)
Circlethesummit.com
 Frisco, CO

August 17
Tour de Cure
diabetes.org
 Longmont, CO

September 8
Buffalo Bicycle Classic
buffalobicycleclassic.com
 Boulder, CO

September 14
Ride Westcliffe Adventure
ridewestcliffe.com
 Westcliffe, CO

September 20-22
Mickelson Trail Trek
MickelsonTrail.com
 Custer, SD

September 21
Cycle for Life
cff.org/GetInvolved/CycleForLife/
 Longmont, CO

September
Tour of the Vineyards
Coloradowinefest.com
 Palisade, CO

September 20-22
Moab Century Tour
skinnytirefestival.com
 Moab, UT

September 29
Venus de Miles
venusdemiles.com
 Boulder County, CO

October 5
Tour of the Moon
tourofthemoon.com
 Grand Junction, CO

October
Santa Fe Gourmet Classic
santafegourmetclassic.com
 Santa Fe, NM

October 20
Rock 'n' Roll Denver Bike Tour
runrocknroll.competitor.com/2012/04/denver/denver-bike-tour_26092
 Denver, CO