

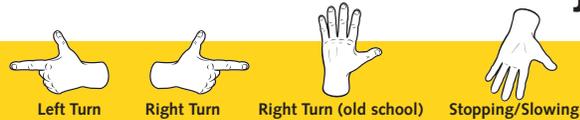


The Colorado Bicyclist

Newsletter of the Denver Bicycle Touring Club

June 2013

The Safety Issue



Watch Those Transitions

Nadean Kruse, the "Ice Cream Lady", was leading one of her leisure rides when she caught her front tire in the space between the trail pavement and the grass. Instead of landing in a nice grassy area and everyone having a chuckle, she hit rocks and was seriously injured. She is a very careful rider, but in an instant she was on the rocks. We wish her a quick recovery.

We have had other members injured in similar accidents between pavement and concrete, small curbs, rail road tracks and other seemingly minor changes in the road surface. The lesson for all of us is to keep an eye on the trail and be aware of those transitions.

Speed Limits

Remember that when we are riding on trails many of them have a 15 mile per hour speed limit. We need to observe the posted limits even though it is tempting to go faster. On weekends and busy times we may need to go under the limit to avoid near misses with other riders, pedestrians and especially children on the trails. If you think the leader is going too fast for conditions, speak up. Leaders—a group of riders can be pretty intimidating to others on the trail, especially if they are passing everyone else—slow down.

continued on p.4



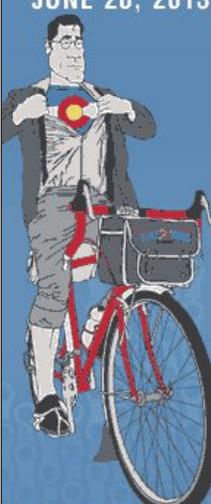
Summer Picnic: Save the Date!

Saturday, July 13th is the date for DBTC's Summer Picnic!

The gathering will be at Bear Creek State Park. It's a beautiful picnic spot and there will be an assortment of different rides.

JULY PICNIC

BIKE TO WORK DAY
WEDNESDAY
JUNE 26, 2013



REGISTER AT BikeToWork2013.org

DRCOG
DRIVERS RESPONSIBLE FOR COMMUNITY ORGANIZATION
We make life better.
waytogo

Bike to Work Day June 26th

Save June 26 for Bike to Work Day 2013! Registration is now open on our brand-new website, <http://biketowork2013.org/>, and is simpler than ever before. Sign up today – your registration matters. Colorado is now ranked by The League of American Bicyclists as the second most bicycle-friendly state in the nation, due in part to events like this one – not to mention that registration makes you eligible for great prizes like gift cards to local and national retailers, tickets to sporting events and concerts, biking apparel and gear and much, much more! If you've already registered, thanks for your support! At biketowork2013.org you can locate breakfast and bike home stations along your route, find group rides and order event t-shirts. Make sure you join your company team to push their ranking in the Business Challenge, and if your employer isn't signed up already, encourage them to do so!

So, get out of your car and onto your bike! Help us reduce traffic congestion and improve air quality by shifting gears and pedaling on Bike to Work Day 2013.

Wear your DBTC jersey on your ride to work

Let other riders know there is a club where they are welcome.

DBTC's Officers

| | |
|---|--------------|
| Past President John Campbell president@dbtc.org | 303-797-0250 |
| Vice President Guy James vicepresident@dbtc.org | 303-321-4607 |
| Secretary Carolyn Bauer secretary@dbtc.org | 303-740-8491 |
| Treasurer Karen Kirby treasurer@dbtc.org | 303-237-1229 |
| Board Members at Large Doug Schuler dougshuler@comcast.net | 303-829-5861 |
| Jeff Krinsky jkrinsky2003@yahoo.com | 720-890-5011 |
| Kevin Purdy kevinpurdy@pobox.com | 303-589-2548 |
| Lise Neer guestrelations@dbtc.org | 303-249-8621 |

Directors and Staff

| | |
|--|--------------|
| Director of Ride Activities Patty Gaspar RideCoordinator@dbtc.org | 303-989-8268 |
| Out of Town Tour Director Ellen Chilikas outdoorsdiva@yahoo.com | |
| Fun MTB Coordinator Dick Plastino FunMTB@dbtc.org | 303-988-5359 |
| Fun Ride Coordinator North Rick Clauder FunRideNorth@dbtc.org | 303-463-1875 |
| Fun Ride Coordinator South Gaar Potter FunRideSouth@dbtc.org | 303-691-0938 |
| Road Ride Coordinator roadrides@dbtc.org | OPEN |
| Intermediate Ride Coordinator Rick Clauder intermediaterides@dbtc.org | 303-463-1875 |
| Wednesday Fun/Int Ride Coordinator wedfunrides@dbtc.org | OPEN |
| "Roses" Ride Coordinator Melba Bouquet melbabo9@q.com | 720-493-0564 |
| Historian Historian@dbtc.org | OPEN |
| Membership Database/Webmaster David Grimes webmaster@dbtc.org | 303-986-7666 |
| Guest Relations Lise Neer guestrelations@dbtc.org | 303-249-8621 |
| Map Sales (wholesale) Doug Schuler Mapsales@dbtc.org | 303-829-5861 |
| Photo Gallery Jeff Krinsky photogallery@dbtc.org | 303-543-1320 |

Board Meeting

Any member wishing to attend a board meeting is welcome to attend. The next board meeting is Monday, June 3rd at El Senor Sol, 2301 7th St., 6PM. If you wish to address the board, contact the secretary, Carolyn Bauer: secretary@dbtc.org, or 303.740.8491 so that your topic can be placed on the agenda.

A Little Website History

by Dave Grimes, DBTC Membership, Webmaster

The club's first computerized database records were kept on an Apple computer belonging to member John Price. In about 1985 the club purchased a Radio Shack TRS-80 with dual 5¼" floppy disk drives for record keeping. The club treasurer was responsible for the membership record maintenance. Dues were \$9.00 for Individuals, \$12.00 for Families.

In 1987, Mary Stewart was elected treasurer. Having little knowledge of computers, Mary asked me to help, and I took over the job. The club had about 990 members, and the data file barely fit on a 5¼" floppy. Expired memberships had to be deleted each month to allow space before new ones were added on the TRS-80. The data consisted of name, address and expiration date.

At that time, I had a Columbia IBM compatible PC with dual floppy drives. I transferred the data from the TRS-80 to the Columbia via a direct connect serial-to-serial port (RS-232) cable and the TRS-80 went into the club's storage locker. A few months later, I upgraded the Columbia with a 20MB (yes, megabyte) hard drive (\$600.00), and the file size problem went away with that bottomless pit.

The database was maintained for several years on the Columbia and succeeding PCs with a shareware product named File Express running under DOS. In 1994 I retired from St. Joseph Hospital as the Network Administrator and had more spare time available, so I converted the Database to Microsoft Access Version 2. This ran under Windows 3.1, released in 1992.

By 1996 the internet was booming, as the World Wide Web had been introduced in 1992. I decided to create a website for the club. I demonstrated the website to the board in late 1996, and the board voted to fund the project. The club membership database and website had nothing in common and were separate entities.

Fast forward to 2011. With the release of Microsoft Office 2010, Microsoft provided a way to allow Access to run via the internet within the Sharepoint environment, and some network hosts began marketing services for Access users wanting cloud capabilities. The club's Order Processing Database for map sales and invoicing was already successfully running on the cloud within that environment. I had developed that application in 2005, and put it on-line in 2011 with a service named AccessHosting.com. Early in 2012 I transferred the Membership application to the same cloud host. In spite of both running in the cloud, the membership database and website were still separate entities.

Late in 2012 the board asked me to investigate online dues payments for the general membership. An analysis of the requirements indicated that the membership database and website needed to be combined into a single integrated online solution. This required completely scrapping the existing membership database application and a major revamp of the website to accommodate membership logins and payment functions. Your new website is the result of these efforts.

Pictures and Articles for the Newsletter... This newsletter belongs to the members. If you have pictures or an article to share, please email them to ridecoordinator@dbtc.org. Only send one or two pictures so you don't clog up my computer! Be sure to include details about who, when and where the picture was taken. If you have a photo to mail, contact the Ride Coordinator for the address. Remember we must give credit to the author. If you are a writer with an article of interest, we may make you a published author! The deadline for publishing is the 20th, but please send your articles earlier.

MTB Tribe Kicks Off the Season at Pueblo State Park

by Jeff Baysinger



Was it the Full Moon shining brightly overhead the weekend of 4/27-28? People have been known to go lunatic during this time. Or at least some folklore used to say. But that was times long ago.

Was it the unusual trails? There was something for all. Riders were psyched and up for the challenges. There were 2 flats, 1 broken chain, 1 gashed tire, 1 broken spoke, and only 1 endo. Fortunately, that rated an 8 and no pain. Darrell, Mark, Fred, and Russ were taking blacks. Liz, Cathy 1 and 2, Steve, Ron, Jerry, Sandy, Lise, Judy, Jim, Rowe, and Mary were cranking greens, blues, and blacks. Mary Kay was making her own tracks.

Was it the deer first sighted, scampering about the Hwy 96 flats? Then the bald eagle perched on lone reservoir driftwood? That seemed out of place considering the high desert surroundings. Next the pelican? Followed by the snakes? What could this mean?



Is it an eagle? a boat? a snake?
...when you get to the end of Voodoo point, find something to point at.

Was it the wine and cheese happy hosted by Mark? Everyone was giggling in the room shared with Fred. A bunch of happy faces usually means someone is up to something. Not always good.

Was it the river walk? Pretty darn interesting and the evening weather was enjoyable for a perfect stroll.

Was it the dinner at Papa Jose's? What a fun gathering. Nice price, friendly service. Especially for a large group.

Was it hearing about the 10,000 sq ft B&B lodged by Mary Kay? That is incredible, being the only guest too.

Was it the evening band music? Led Zep, Janis Joplin, Ray Charles, Stevie Ray, Heart, and Santana tunes among many played. Yes, that electric guitar player was pretty good. She sang well too. Made the toes twitch. Thanks to Liz, a good find. Barracudas came out to play.

Was it the great horned owl hooting early Sunday over the camp site? That is soothing to hear at 4:00 AM. Just hoot, hoot, hooting away.

Was it the full weekend of very warm, Summer-like weather? Gee, that felt great! After all the recent snow storms we've endured.

Whatever the reason, the dirt tribe let their hair down and got a little crazy. They had a fabulous time. Excitement was heard. This certainly must have been a sign from the weather goddesses. Yup, the mates are going to have a great summer exploring again.

2013 (and Future) DBTC Activity and Tour Calendar

Email the trip contact for more information.
Email Ellen (outdoorsdiva@yahoo.com) to add your trip to this list.

September 8-15, 2013 Teton Trek II

Trip Type: Road Riding
Lodging: Hotels
Location details: Jackson Hole / Colter Bay, WY
Leaders: John Campbell, jwc@rmi.net, and Ellen Chilikas, outdoorsdiva@yahoo.com
Status: FULL

September 2014 Door County: The Sequel

Trip Type: Road Riding
Lodging: Hotel
Leader: Karen Jenneman,
karen_jenneman@hotmail.com
Status: Planning

Visit DBTC.org and click on "Tours" for updates on the trips.

DBTC Members Joining in April

| | |
|-----------------|-----------------|
| LARRY AYERS | MICHAEL LONG |
| DONALD BALDWIN | NANCY LONG |
| CHRIS DALTON | HARRY MASSEY |
| CINDY DALTON | BARBARA AND |
| GLENN DALTON | KEVIN MCKINSTRY |
| TAMA FUNK | ALFONSO MIERA |
| CHRIS GEORGE | MARK PAWLAK |
| DIANA GOODMAN | CATHERINE PIMM |
| MONICA HORN | MARY KAY RYAN |
| CYNTHIA KEOHANE | HELAYN STORCH |
| BOB KUNKLER | MARY SULLIVAN |
| JUDINE LEONHART | PAMELA |
| LINDA LEWIS | TAYLOR-BELL |

DBTC Dues Going Up

After receiving positive feedback at the Spring Kickoff party, and much discussion at recent Board meetings, it has been decided that the Club will raise the Family dues rate from \$30 to \$40/year.

In order to give everyone time to join or renew at the old rate, the increase will go into effect on July 1, 2013.

The Club appreciates your support!

Safety, continued from p. 1

Helmets

We hate to nag, but helmets save lives. Check your helmet to make sure it has no cracks. If you've taken a hard hit, it may need to be replaced. Most manufacturers recommend you replace your helmet every 3 to 5 years – check with your bike shop.

REMINDERS WHEN RIDING

- 1) **Always carry identification and medical insurance card.** ICE – in your cell phone enter ICE for In Case of Emergency and put emergency contact numbers for use by emergency personnel.
- 2) **On multi-use paths, ride in single file and stay to the right.** Obey posted speed limits. Be alert. Walkers, roller bladers, baby strollers, horses, and dogs – on and off leashes, share the path.
- 3) **When overtaking** another road or trail user, call out "Passing on left". If in a group, tell how many will pass. Last one say, "Last one" and "thank you".
- 4) **Use proper hand signals** for right turn, left turn, and STOP.
- 5) **Ride leaders** – when crossing busy streets, and at traffic lights, regroup and wait at a safe place until the last rider has safely crossed the street. Do not force riders to cross red lights to keep up.
- 6) **Do not follow too close** to the rider in front of you. Leave adequate space for unexpected situations and sudden braking.
- 7) **When appropriate**, acknowledge and say "Thank You".
- 8) **Pull completely off the trail or road to stop and regroup** – we are not the Denver Blocking Trail Club.
- 9) **Pass information forward and back** – i.e., "rider passing," hand signals, "car back" – so everyone in the group gets the message.
- 10) **Practice Situational Awareness, Common Sense, and Courtesy.** No rider can plan for what lies ahead on the road. With a little knowledge and some forward thinking, you can make intelligent last minute decisions that will keep you – and the rest of your group on the bike and off the ground.



Rider points out road hazard

Encounter an Aggressive Driver while On Your Bike?

Like motorists, cyclists are entitled to report aggressive drivers to the Colorado State Patrol by calling *CSP on their cell phones. The State Patrol enters complaints from *CSP calls into a database. After three complaints, the registered owner of the vehicle gets a letter from the state patrol. After five incidents, a trooper will personally contact the registered owner.

To take a complaint, the state patrol needs:

- The location of the incident.
- The license plate number and description of the vehicle in question.
- The direction of travel and actions of the driver.
- The complainant's name and phone number (you may remain anonymous)

The Lonely Sweep

On the Roses, Leisure, and Fun rides, someone is asked to volunteer to be “sweep”. This person rides at the end and is always the last to arrive. Sometimes it can get lonely back there. It is an important position, as that rider makes sure all riders are accounted for, and is the one who makes sure flat tires are fixed, and mechanical problems are solved. Often it is the same person who volunteers ride after ride. Let’s not take the “sweep” for granted, and be sure to thank him or her. And volunteer to be “sweep” once in a while. You’ll meet new people.



ABQ Multi-sport Trip - May 2013 Ellen Chilikas

Thirty club members enjoyed picture perfect weather in ABQ. We biked and hiked and ate and drank and played in the pool and did touristy things – it was perfect! One member got a new nickname – ask Mary Stewart about her nickname ‘Stretch’. A good trip summary is captured in our trip song.

I WANNA PLAY IN ABQ

Sung to “Don’t it Make My brown Eyes Blue” with apologies to Crystal Gayle

DON’T KNOW WHY I HAD NO CLUE
ALL THE THINGS THERE ARE TO DO
I FOUND SOMEPLACE NEW... I WANNA PLAY IN ABQ
NICE TO BIKE IN THE SUN
AND THE RIDES ARE SO FUN
THERE’S SO MUCH TO DO... I WANNA PLAY IN ABQ
CHECK OUT VOLCANOES, HIKE UP A HILL
LOOK AT SOME ROCK ART, AIN’T IT A THRILL
WALK ON THE PLAZA AND VISIT THE ZOO
CHECK OUT A PUEBLO
IT’S ALL SO NEW... I DIDN’T KNOW ABQ
ALL THE THINGS THERE ARE TO DO
BUT HONEY NOW I DO
AND DON’T IT MAKE YOU WANNA
DON’T IT MAKE YOU WANNA... I WANNA PLAY IN ABQ



Help Wanted! Friendly Faces Needed for Summer Events

You know you want to... or maybe it’s something you’ve already enjoyed, and would like another opportunity to help promote the Club!

This season, DBTC has offered to assist at several local rides and events in order to get the Club’s name out and get to know fellow bicyclists in the community. Our **Bike to Work Day** booth, on June 26th, is already filled, but there is one opportunity coming up even sooner than that:

Denver Century Ride, Saturday, June 15 – we are in need of 15 volunteers for one Aid Station along the route. It’s easy: just keep the water and sports drinks topped off, smile and offer a little encouragement to riders who might not be having as much fun as they could be.

The other two events are later this Summer, but on the same weekend—if you have the time, sign up for both!

Red Rocks Century, Saturday, August 10 – people needed at one Aid Station, Golden/ foothills area. See “job” description above.

Viva Streets on Tennyson, Sunday, August 11 – shifts available for DBTC booth: talk up the Club, share your enthusiasm for the rides and social events, and marvel at all the creative ways to celebrate Summer... yoga and zumba demonstrations; cruising on bikes as part of the bike rodeo and “strider” course; face painting, healthy food trucks, cooking demonstrations, bike safety checks, gardening demonstrations, and much more.

Email us as to the event you’re interested in: lisegneer@gmail.com, and watch for more info via Club email and/or the Yahoo group.



Springtime Rides with DBTC

Jeff Krinsky

Group shot at Prospect Park with Dave Noble's ride on the Clear Creek and Ralston Creek trails, April 28. Lunch afterwards was eagerly anticipated at the Westwoods Golf Course.



Riding "Back to the Future"

Carol Kennedy led a great ride, taking us onto previously unexplored and exciting trails, affording us incredible views!

Jeff reported, "At times we also weaved in and out of the trails for the Westminster/Thornton ride that I will be leading on 25 May 2013.

"This weaving reminded me of Back to the Future Part II. In that movie the viewer was taken on an adventure in time that weaved in and out and around the time and space continuum of Back to the Future Part I. We were taken on a similar adventure through Northeast Denver weaving in and out of my future ride!"



DBTC is Turning 50!!

Next year will be the Club's 50th, so we're starting to toot our horn a little. In the months leading up to the big celebration, we'd like to ask fellow members for their input.

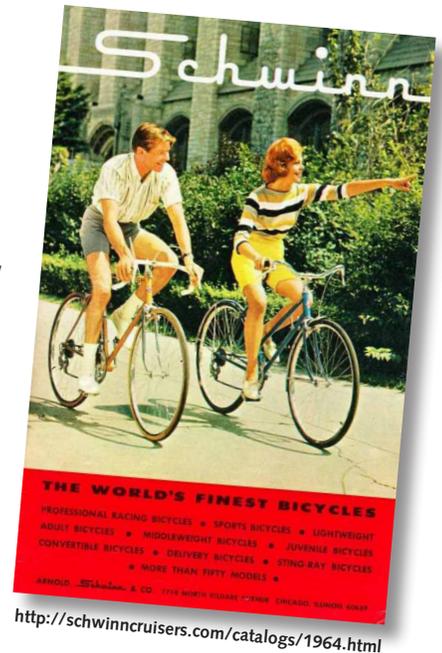
Who's the longest-running member of the DBTC?

What are some of the most awesome rides, tours, or events you've experienced?

What are your ideas for throwing the best 50th Anniversary Party possible—a trip? a 50-mile ride? a progressive dinner-style Ride & Picnic? Anything goes!

You, the members are what this is all about. Let's hear your ideas! Please submit your brilliance, for us to brainstorm at our next Board meeting, to: guestrelations@dbtc.org

...and THANKS for making this the longest-running bike club in Denver!



A Note to... (our Awesome) Ride Leaders

Lise Neer

guestrelations@dbtc.org

Many of you have been very conscientious about sending in your ride signup sheets, and we thank you! There have been some questions about this new request, so here's the thing. . . .

As you know, we welcome any and all guests on our scheduled Club rides! And we'd especially like to reach out to our guest riders (who have checked "NO" as to whether they are a member of DBTC).

Our Club's insurance policy stipulates that non-members can participate in one scheduled Club ride; if they want to go on more rides with us, then we need to encourage them to join the DBTC. And we can always use more members!

Some of the ride leaders have asked where to send these ride waivers that have guest info on them. Board member, Lise Neer has agreed to be Guest Relations Ambassador, and has an email address you can send these to: guestrelations@DBTC.org.

These ride waivers should include guests' email address and/or phone number to enable us to contact said guests and invite them to join the club. If you can't get this information, don't sweat it, but just know that if anything were to happen, such as a crash with injury(ies), the insurance carrier will be looking at these waivers and determining whether to provide liability coverage depending on membership status of the rider(s) involved in the incident.

So, we ask that you send in ONLY those waivers that have guests' contact info, and when passing the sheet around, a gentle reminder such as "our insurance policy requires this" should encourage riders to check YES or NO for membership status. You could also announce that memberships are now doable on our website, as are renewals.

And one more thing...

Having their emergency contact number, (or "ICE" = In Case of Emergency, which many folks now have in their cell phones) is also a good idea for the general safety and communication of the group while out on a ride. You just never know when it will come in handy!

More Ride Leaders Needed

Help Wanted:

People who enjoy riding their bike

People who want somewhere to go on weekends or Wednesdays

Requirements:

A bike and helmet

A favorite ride

An email to one of the ride coordinators

We need your help to keep the schedule full of interesting rides. Some of our most frequent ride leaders are not able to lead for awhile this year so we need you to step forward.

Employment Opportunity by Club Humorist, Dick Plastino

The Mountain Biker Section of the Denver Bicycle Touring Club is looking for a good man or woman to lead a ride at Centennial Cone on Sunday June 30 at 10:30 AM.

Skills Needed: The ability to count how many riders leave the parking lot and equate that with how many return to the parking lot after the ride.

If someone is seriously injured, ability to call 911 (not just push their body over the trail edge and camouflage it).

Directional awareness to guide riders (or follow them) around a circular trail approximately 15 miles in length.

Ability to hold a pen and make each rider sign the Waiver of Liability, subtly threatening that they have to buy everyone lunch if they don't sign it.

Ability to rant and rave about riders who wait until they reach the parking lot to fill up tires and do other minor repairs to their bikes.

Ability to castigate riders who wear more than three colors and/or who have both tight fitting pants and shirt.

A knowledge of the 34 points in the Code of Conduct is highly desirable. Possession of a mountain bike is also desirable.

Compensation: Zero money. Recognition and a generous gift at the volunteer recognition party in November.

Contact: Dick Plastino at kfish9@comcast.net.
Reply by: ASAP

P.S. We really do need a ride leader for this date, and any others you care to sign up for.

A Brand-New Place to Play

Hi All,

We rode every bike trail in the new Staunton State Park and listed below are our findings:

Overall rating: 4 stars out of 5.

The trails are designed for biking and are wide enough so two bikes can pass easily. The rating for physical and technical is P3, T1.5.

The scenery is spectacular. There are huge rock formations, lots of creeks and still some snow up high. Beautiful aspen groves and meadows as well as pine forests with no beetle kill.

The best and easiest way to the top is Staunton Ranch Trail which is actually a smooth packed road for part of the way.

The best downhill is the 4.5 mile Mason Creek Trail. It is full of swoops, roller coaster ups and downs, 4 or 5 creek crossings and you can just fly! This may be the longest best downhill on the front range.

The trail surfaces are mostly crushed granite, so your tire pressure should be in the low range to fully enjoy the trails. Maybe 30psi for tubes and less for tubeless.

There are some strenuous switchback climbs, but better riders will be able to handle them. We walked some.

There is an out and back to an overlook of Elk Falls. The falls are clear across the valley and this out and back may not be worth you time. The falls go dry in the summer.

The trails are in beautiful shape and only a few bikes had been on them ahead of us. The park just opened this past weekend.



The entrance fee is \$7, but it's worth it. Restrooms are spotless and roads and parking lots are paved. Weekends are crowded so go during the week if possible.

To get there, go out Hwy 285 to Shaffers Crossing which is 6 miles west of Conifer. Turn right and go about 1.5 miles and turn right into the park. There is an elaborate entrance monument made of stone, so it's easy to find.

The park has a good web site with a trail map and descriptions at:

<http://www.parks.state.co.us/parks/staunton/Pages/Staunton.aspx>

Humbly submitted,
Dick, Allen and Cathy

DBTC SPONSORING SHOPS

DBTC members receive a 10% discount off purchases (excluding bicycles and sale items) at these sponsoring retailers.

ARAPAHOE CYCLERY
6905 S BROADWAY UNIT 169
LITTLETON CO 80122
303-797-1858
arapahoecyclery.com

ARVADA BICYCLE COMPANY
6595 WADSWORTH BLVD
ARVADA CO 80003
303-420-3854
arvadabike.com

BIG KAHUNA BICYCLES
8246 W BOWLES AVE UNIT J
LITTLETON CO 80123
720-981-5199
bigkahunabicycles.com/site/
intro.cfm
Discount Includes 10% discount on
bikes!

BIKESOURCE #7
2665 S COLORADO BLVD
DENVER CO 80222
303-759-5099
bikesourcedenver.com

BIKESOURCE #8
2690 E COUNTY LINE RD
LITTLETON CO 80126
303-221-4840
bikesourcedenver.com

CAMPUS CYCLES
2102 S WASHINGTON ST
DENVER CO 80210
303-698-2811
campuscycles.com

CHERRY CREEK VELO
1435 S HOLLY ST
DENVER CO 80222
303-691-5650
sampsports.com
No discount on labor.

CYCLE ANALYST
722 S PEARL ST
DENVER CO 80209
303-722-3004
cycleanalystinc.com/

DERBY BICYCLE CENTER
410 E 104TH AVE
THORNTON CO 80233
303-288-4100
derbybicyclecenter.com

ELEVATIONS
2030 E COUNTY LINE RD
LITTLETON CO 80126
303-730-8038
bicycledalr.com/

FOOTHILLS CYCLING
4990 KIPLING PKWY SUITE B-7
WHEAT RIDGE CO 80033
303-420-0815
foothillscycling.net

GOLDEN BEAR BIKES
290 NICKEL ST SUITE 100
BROOMFIELD CO 80020
303-469-7273
goldenbearbikes.com

GOLDEN BIKE SHOP
722 WASHINGTON AVE
GOLDEN CO 80401
303-278-6545
goldenbikeshop.com

GREEN MOUNTAIN SPORTS
12364 W ALAMEDA AVE
LAKEWOOD CO 80228
303-987-8758
greenmountainsports.com

PEAK CYCLES
1224 WASHINGTON ST STE 145
GOLDEN CO 80401
303-216-1616
bikeparts.com

SCHWAB CYCLES
1565 PIERCE ST
LAKEWOOD CO 80214
303-238-0243
schwabcycles.com
No discount on Shimano and Cam-
pagnolo

SPORTS PLUS
1055 S GAYLORD ST
DENVER CO 80209
303-777-6613
sportsplusdenver.com

TREADS BICYCLE OUTFITTERS
16701 E ILIFF AVE
AURORA CO 80013
303-750-1671
treads.com

TREADS BICYCLE OUTFITTERS
16701 ILIFF
AURORA CO 80013
303-690-2900
treads.com

TREADS BICYCLE OUTFITTERS
3234 S WADSWORTH BLVD
LAKEWOOD CO 80227
303-781-1162
treads.com

2013 Advance Planning Calendar

| | | | |
|--|---|---|--|
| <p>June 1 Buena Vista Bike Fest bvbf.org Buena Vista, CO</p> | <p>June 29-30 MS 150 Bike Tour nationalmssociety.org/chapters/COC/index.aspx Westminster, CO</p> | <p>August 3-10 CANDISC - Cycling Around North Dakota In Sakakawea Country parkrec.nd.gov/activities/candisc.html Garrison, North Dakota</p> | <p>September 14 Ride Westcliffe Adventure ridewestcliffe.com Westcliffe, CO</p> |
| <p>June 2 Elephant Rock Ride elephantrockride.com Castle Rock, CO</p> | <p>July 13-14 Triple Bypass teamevergreen.org Evergreen, CO</p> | <p>August 4-10 Colorado Rocky Mountain Bike Tour crmbt.com Fort Collins – Steamboat Springs Loop</p> | <p>September 20-22 Mickelson Trail Trek MickelsonTrail.com Custer, SD</p> |
| <p>June 8-15 Ride the Rockies ridetherockies.com Telluride to Colorado Springs, CO</p> | <p>July 14-19 Tour de Wyoming cyclewyoming.org Cody, WY</p> | <p>August 10 Red Rocks Century www.redrockscentury.com Morrison, CO</p> | <p>September 21 Cycle for Life cff.org/GetInvolved/CycleForLife/ Longmont, CO</p> |
| <p>June 15 Starlight Spectacular starlightspectacular.org Colorado Springs, CO</p> | <p>July 20 Tour de Steamboat rockypeakproductions.com Steamboat Springs, CO</p> | <p>August 10 Stonewall Century Ride spcycling.org La Veta, CO</p> | <p>September 21 Tour of the Vineyards emgcolorado.com/tourdevineyards Palisade, CO</p> |
| <p>June 15 Tour de Cure diabetes.org Colorado Springs Area</p> | <p>July 19-22 Courage Classic couragetours.com Copper Mountain, CO</p> | <p>August 17 Circle the Summit (aka Bob Guthrie Memorial Ride) Circlethesummit.com Frisco, CO</p> | <p>September 20-22 Moab Century Tour skinnytirefestival.com Moab, UT</p> |
| <p>June 15 The Denver Century Ride denvercenturyride.com Denver, CO</p> | <p>July 21-27 RAGBRAI ragbrai.org Council Bluffs, Iowa</p> | <p>August 17 Greenwood Goosechase goosechase.org Greenwood Village, CO</p> | <p>September 29 Venus de Miles venusdemiles.com Boulder County, CO</p> |
| <p>June 22 Tour de Prairie cheyennecity.org/index.aspx?NID=735 Cheyenne, WY</p> | <p>July 27 Moonlight Classic moonlight-classic.com Denver, CO</p> | <p>August 17 Tour de Cure diabetes.org Longmont, CO</p> | <p>October 5 Tour of the Moon tourofthemoon.com Grand Junction, CO</p> |
| <p>June 23-29 Bicycle Tour of Colorado bicycletourcolorado.com Canon City, CO (Canon City – Crested Butte Loop)</p> | <p>July 27 Colorado-Eagle River Ride vailvelo.com Beaver Creek, CO</p> | <p>September 8 Buffalo Bicycle Classic buffalobicycleclassic.com Boulder, CO</p> | <p>October 5 Santa Fe Gourmet Classic santafegourmetclassic.com Santa Fe, NM</p> |
| <p>June 26 Bike to Work Day drcog.org Denver Metro area</p> | <p>August 3 Copper Triangle Alpine Classic coppertriangle.com Copper Mountain, CO</p> | | <p>October 20 Rock 'n' Roll Denver Bike Tour runrocknroll.competitor.com/2012/04/denver/denver-bike-tour_26092 Denver, CO</p> |

Northeast (Park Hill) Training Rides

Doug Schuler

Doug Schuler will lead a series of training rides in preparation for the metric century portion of the Denver Century Ride June 15, 2013. This year's Denver Metric Century is a pretty flat course from Northfield to Golden to Broomfield to Northfield. These rides have been designed to help riders prepare for a flat metric century. All rides will start and end at Cake Crumbs Bakery and Coffee Shop located at 2216 Kearney Street in Park Hill, where there is ample parking. The rides will wind through Park Hill, Stapleton, Northfield and Montbello on bike trails, paths and lanes with a speed of 12 miles per hour average with a no drop rule, all mileage is minimum.

Sunday, June 9, 8:00 a.m. Bennett Out and Back – 60 miles

DBTC SPRING – SUMMER SEASON COMING SOON 2013

Spring is almost over – let's hope that we have a little cooler summer with storms on non-riding days. Some new leaders and some new days for rides so checkout the schedule and mark your calendar for the rides you want to be sure to take! Our ride coordinators are working on the July Schedule so contact them with your ideas for summer rides.

| Pace of Ride | Difficulty of Terrain | Mileage | Quadrant of City | Departure Time |
|--|---|--|---------------------------|--|
| Roses – Leisurely Fun – Comfortable Int. – Brisk Road – Fast ATB – Unpaved Roads MTB – Mountain Bikes | H1 – Flat H2 – Some Hills H3 – Hilly H4 – Serious climbs Two ratings: technical skill T1 to T4 and Physical exertion P1 to P4 | This is an estimate – options may be offered | NW NE SE SW W | Arrive early enough to unload your bike and be ready to leave at the time shown. |

If you'd like to include an activity in the newsletter, please email it to ridecoordinator@dbtc.org by the 20th for the next newsletter or contact Patty at 303-989-8268.

Ride Locator: There is a guide to the most frequent start locations on our website – www.dbtc.org. It provides the information you need to use Map Quest or Google Maps to make a map to the starting location.

DBTC's E-Mailing Lists

Get late breaking news, last minute ride updates, and short-notice of weekday rides, all e-mailed directly to you as soon as the information is posted. If the weather is "iffy", a ride leader can post a notice to let you know if the ride will go or be cancelled.

DBTC Message Board is the DBTC General E-Mail List

To join, send an e-mail to: ColoradoBicyclist-subscribe@yahoo.com

DBTC Mountain Biking E-Mail List

To join, send an e-mail to: COMtnbikers-subscribe@yahoo.com

Twitter account is @DenverBikeClub –

note many members do not tweet.

DBTC Meetup group,

www.meetup.com/Denver-Bicycle-Touring-Club/ can be used to post rides as well. Once you have posted your ride, we will review the information to be sure it complies with the club requirements then upload it to the MeetUp web site where you can edit your ride info. MeetUp is open to the public and can increase the number of riders on your rides and, hopefully, club members. Rides cannot conflict with the ride schedule. If you have registered with MeetUp, we will post your scheduled rides. We are also on Facebook if you want to share pictures or bike-related news.

You can join all four groups. After you send the e-mail requesting to join, you will be contacted via e-mail with a confirmation. If you'd like to post an event, simply go into the site. Remember that only club-related activities can be posted. We reserve the right to cancel any posting we don't think is appropriate.

Please Note;

- Joining either of these Yahoo Groups, Facebook or the MeetUp Group does not make you a valid member of the DBTC.
- If your e-mail address changes, you must send your new e-mail address to both the Yahoo Group and to the DBTC webmaster (webmaster@dbtc.org)
- **The DBTC Website operates independently from the Yahoo Groups.** The Yahoo Groups send only e-mail messages concerning some upcoming events. The DBTC monthly Newsletter, *The Colorado Bicyclist*, is sent to you from the DBTC Website via e-mail only if you have so requested.

Guidelines for Posting a Last-Minute Ride

Dale Trone

The purpose of the schedule is to allow us to provide a variety of rides throughout the metro area. Depending on last-minute rides does not meet that goal; however, there are times when no ride is scheduled within a reasonable driving distance so you might want to add an alternative.

The guidelines for posting last minute rides are:

1. The leader must be a member
2. There can't be a similar ride on the published schedule
 - a. Geography – a ride in Parker is NOT similar to one in Golden
 - b. AND start time – a 9 AM ride is NOT similar to a 3 PM ride
 - c. AND speed type – ROAD and FUN rides are NOT similar

- d. AND distance – a 35 mile ride is NOT similar to a 20 mile ride
3. When a last minute ride appears to fall into the gray area such as 20 vs 25 miles, FUN rides starting an hour apart with start locations both in Aurora, then contact the scheduled ride leader to see if s/he feels the ride would compete. It might be better to simply join the other ride.
4. While yahoo groups are still a media for last minute rides, MeetUp has additional features and more and more of our last minutes are published there.
5. Yahoo and MeetUp can be used when last minute changes are necessary. This allows a little more flexibility if you schedule a ride and then have to make a change later.

June Ride & Event Schedule

Spring/Summer Riding Guidelines

Weather: No thunder, lightning or rain
Clothing: wear layers and SUNSCREEN!!!!!!
Other: bring water, repair items and a snack

Saturday, June 1st FUN-H2-20-NW 9:00 AM Meet Jeff Krinsky at the Majestic View Nature Center north parking lot (north on Wadsworth to W 72nd Ave, west on 72nd, just west of Carr on the south side) for the 11th Annual "Arvada Trails Day" bike ride for National Trails Day. The ride will be west on Ridge Road and Van Bibber Creek Trail, north on the new Blunn Trail and then return on the Ralston Creek Trail. The ride is free, includes the map, snack stop, Kodak moment, sunshine, expert guide, porta-potties, celebrity riders, free lunch at the event site, great scenery, surprise gift, a sweep and a couple well placed changes in elevation. See the ride schedule at www.dbtc.org for the map and brochure.

FUN-H1-20-SW 9:00AM Meet Tom Hurja (303-903-4449) at Bear Valley McDonalds for a ride on paths and roads. Be sure to park in the white striped areas. Leader's choice. Meet at the New Happy Chinese restaurant after the ride.

Sunday, June 2nd FUN- H1-20-SW 9:00AM Meet Tom Hurja 303-903-4449 at the Stone House for a ride on paths and roads. Leader's choice. Choose a nearby restaurant after the ride.

INT-H1-20-SW 8:30 AM Meet Carol Bennet at C-470 at Lucent and turn left about 1 mile to Target entrance on your left for the Mansion Ride. Park in the Kaiser parking lot. The ride is about 15-25 miles. Mostly on green belts with few streets. We will pass by the Mansion on one of the loops towards the end of the ride and relax on the lawn to rest for a bit.

MTB P2, T2 10:30 AM Marshall Mesa. See the spring flowers at Marshall Mesa south of Boulder. Meet Jeff Baysinger (303-969-9241) at the SE corner of Hwy 93 and Marshall Drive (road 170). This is also known as the Eldorado Springs intersection. At this traffic light turn right (east) and take an immediate right into the parking lot. There is also an overflow lot on the NE corner. Lunch in Boulder at the Southern Sun Pub and Brewery (remember cash or checks only; no credit cards). Carpool at 9:45 am at Sofa Mart on the NW corner of Kipling and Hwy 6. Access Sofa Mart on frontage road. Park on east side of lot.

Monday, June 3rd FUN-H2-20-SW 9:00 AM Meet Wayne Tomasello (720-344-8932) at SW corner of Kipling and Jewell, Lakewood, at Safeway Shopping Center (the closed Performance Bike Shop) for a ride on the Bear Creek Trail to the Platte River Trail to the Sanderson Gulch Trail. An optional lunch is at Café Jordano.

Wednesday, June 5th "Roses" H2-20-SE 9:00 AM Meet Judy Deist, 303-841-4792, at Challenger Park (North side of Lincoln, between Jordan Rd. and Parker Rd.) for a ride along Cherry Creek and up Sulphur Gulch. Bring a snack and money for lunch at a favorite restaurant after the ride.

FUN/INT-MostlyH1-Long 49 Short 26-SW 9:30 AM Meet Dale Trone (303-981-9161 or trone_da@hotmail.com) at the Safeway parking lot at Jewell and Kipling for a training ride for those going on a tour needing a longer training ride. We'll head out Jewell to C470 trail to Golden and then catch the Clear Creek Trail to the Platte River Trail. We'll take a break at REI and then continue via the Bike trail paralleling the W light rail to Garrison and loop back. The riders wanting a shorter route can take 23rd/26th back to Crown Hill and return to the cars via Garrison. Riders taking the shorter version will not have an official leader for the return.(usually someone volunteers)

MTB P2.5 T2 Green Mountain, 6:00 PM. Meet at the Florida Trailhead, at the top of Alameda Blvd. at the intersection of West Florida Drive and Alameda in Lakewood.

INT/ROAD MeetUp 5:30 PM Parfet Park Parking Lot 10th & Washington in Golden.
Go to: <http://www.meetup.com/Denver-Bicycle-Touring-Club/events/119811792/>

Saturday, June 8th FUN-H-1-23-NW 9:30 AM Meet Cindy Ferry Olde Town Arvada Park-n-ride we will ride Clear Creek east to the Platte River Trail, then out to REI and back on 26th ave to Sloan Lake west following the street to Pierce then North to the Cherry Creek bike path and back to Olde town. That will be it. Stop at REI for snack, lunch for anyone afterward

MTB, P1.5, T1, 10:30 AM Dawson Butte. Meet Cathy Perkins (303-980-6738) for a sweet ride through the trees. Both beginner and intermediate riders love this park for the mellow trails and cruising. Travel south on I-25 to Plum Creek Parkway just south of Castle Rock, exit west and head south 5 miles on the frontage road (note: the frontage road is just a few feet past the southbound on ramp). Turn right (west) at Tomah Road, go 1.5 miles to the Dawson Butte Ranch entrance on the right. A picnic lunch afterward at the trailhead. Bring meats, cheeses, chips, caviar, beverages, desserts or whatever you like to share. Also, bring a folding chair if you have one.

- Sunday
June 9th** FUN-H1-60-NE 8:00 AM Meet Doug Schuler 303-829-5861 at Cake Crumbs Bakery & Coffee shop 2216 Kearney St in Park Hill for a training ride to prepare for the Metric Century portion of the Denver Century Ride. Bennett Out and Back.
- FUN-H1-20+/- SE 9:00 AM - DOZEN PARKS RIDE -SOUTH/CENTRAL - Meet Sandra Newton (phone or text 303-747-3751; or cell morning of ride only at 443-540-9414) in the rear parking lot of O Reilly Auto Parts 5301 E COLFAX. We will ride west then south then east then north and back on city streets going through or by many of central Denver's parks including City, Cheeseman, Wash, and Montclair. A prize will be awarded to the person that can remember them all. Lunch is two blocks down Colfax at Jett Asian Restaurant. O Reilly has graciously given us permission to park in the lot behind their store along the back fence which can be accessed from either Glencoe or Grape. Please be prepared to ride - the first pit stop will be in a nearby park.
- FUN-H1-20-NW 9:00 AM Meet Dave Grimes (303-986-7666) at Berkeley Park (Sheridan and 46th). We'll ride Clear Creek Trail to Platte River Trail, then south to Cuernavaca Park and return to start via quiet streets. Lunch is afterwards for those willing.
- INT-H4-32-NW 8:00 AM Meet Tom Hurja 303-903-4449 west of Lucero's Restaurant, 10151 W 26th Ave, west of Kipling St. for a nice ride through the neighborhoods, roads and paths, climbing to spectacular views from Lookout Mtn. Gather at Buffalo Bill's Grave and Museum for snack. Return with options/Mother Cabrini Shrine/roads/paths.
- Monday,
June 10th** FUN-H2-20-SW 9:00 AM Meet Wayne Tomasello (720-344-8932) at Sweet Tomatoes Parking lot. Directions to the starting point: From the corner of Bowles & Wadsworth go East on Bowles to Long Dr. near the public library. Go left (North) onto Long Dr. and look for Sweet Tomatoes on the left. We will park in the lot of Sweet Tomatoes for a ride through Clement Park to Kipling to C-470 trail to lake Chatfield to Platte Canyon back to Clement Park. Most of this ride in on paved bike trails with some paved and dirt street riding. Lunch after the ride at Sweet Tomatoes.
- Wednesday,
June 12th** FUN/INT-H1-25+/- -CENTRAL 9:00 AM Meet Sandra Newton (phone or text 303-747-3751; or cell morning of ride only at 443-540-9414) at NW corner of the Safeway parking lot at 14th Ave and Krameria. We'll head northwest to pick up the Platte River Trail, then head south on the trail to Dartmouth. From there we'll ride east and north on city streets. Lunch is at the Krameria Cafe.
- "Roses" H1-20 SE 9:00 AM Meet Julie and Clint Brown, 303-988-5941 in the Parking lot at Bible Park. (From Yale and Monaco, go east and turn south into the parking lot.) This is an out-and-back heading east on the Highline Canal. We will ride to Fairmount Cemetery to view some of the 59 varieties of heritage roses. Bring a snack and money for lunch after the ride. Please arrive early, as we will leave at the designated time.
- INT/ROAD MeetUp 5:30 PM Parfet Park Parking Lot 10th & Washington in Golden.
Go to: <http://www.meetup.com/Denver-Bicycle-Touring-Club/events/119811792/>
- MTB P2.5 T2 Green Mountain, 6:00 PM. Meet at the Florida Trailhead, at the top of Alameda Blvd. at the intersection of West Florida Drive and Alameda in Lakewood.
- Saturday,
June 15th** FUN-H2-22-NW 9:00 AM Meet Dave Noble 303-694-2008 to ride the Farmer's Highline and Big Dry Creek trails to Standley Lake and back. Meet at the Wagon Road Park & Ride (SW corner of 120th and I-25 behind Cracker Barrel). Lunch is afterwards.
- FUN-H1-16-SE 8:30 AM Meet Dala Giffen to Explore the Cherry Creek Trail South towards Franktown. Meet at the trailhead, 16400 East Broncos Parkway, West of South Parker Road, adjacent to (West of) Tagawa Gardens.
- INT-H3-40-W 8:15 AM Meet Mary Jenkins at the parking lot behind Beau Jo's for a ride to Bakerville (option to Loveland for those interested) and back.
- MTB P2.5, T2, 10:00 AM North Table Mountain. Since Jeffco Open Space built three fabulous new trails, this venue has turned into a real riding Mecca. Dick Plastino (303-988-5359) will lead us from the secret lower parking lot to a wonderful trip on North Table Loop, Brewery Canyon, Cottonwood and other great trails. There are a couple of bail out spots if you get worn out, but this is not a tough ride. Meet at the lower lot which is reached by travelling north on Hwy 93 to the north end of Golden. You will see a large sign that says, "Pine Ridge Road – Ford Street". Turn right and go a couple of blocks to Wyoming. Turn left and drive through the residential area until you see a parking lot on your left sandwiched between two single family houses. A meal afterward will be at either Woody's or the Table Mountain Inn during happy hour.
- Sunday,
June 16th
Father's Day** FUN-1-20-SE 7:30 AM JUNETEENTH 5 POINTS RIDE – Meet Gaar Potter (303-691-0938) at Congress Park Pool (enter off of Josephine 1 block north of 8th AV). We will meander north to the 5 points area and dodge the parade (if there is one). Lots of quiet, shady streets and beautiful old houses...but then we cut through Globeville, and go to Riverside Cemetery. Return through Elyria, Swansea, Clayton and Park Hill neighborhoods.

FUN-2-20-NW 9:00 AM Meet Bill Orchard (303-929-5788) at the Olde Town Arvada Park-N-Ride at 55th and Wadsworth for his 14th Annual Father's Day Ride. It will be a 20 mile fun ride on Van Bibber and Ralston Creek Trails as well as on the newer Interurban and Blunn Trails in Arvada. The ride is free and includes the map, expert guide, sunshine, snack stop, sweep, great scenery and an historic rendition. Come and enjoy, look for a few surprises. Lunch after the ride at Woodburn's in Olde Town. Fathers ride free!

INT-H2to3-25-SE 9:00 AM Meet Denny Martin 303-793-0395 for a new ride starting at the Arapahoe County Community Park at 7900 S. Potomac in Englewood south of Arapahoe Rd. and caddy corner to the Denver Broncos football facility. This route will take us south on Jordan and Chambers Rds. to Hess Rd. and by the new Reuter Hess Reservoir then over to Castle Pines for a rest stop. We'll return back on Charter Oaks Drive to Havana along side I-25, Ridge Gate and Peoria. There is consistent mild climbing getting to Castle Pines. Optional lunch is afterwards, crowd willing.

**Monday,
June 17th** FUN-H2-22-NW 9:00 AM Meet Wayne Tomasello (720-344-8932) at Cinzetti's Restaurant off 104th at I-25 for a ride along the Farmer's Highline canal to Standley Lake. The ride is on mostly paved bike path with some dirt path. There is some street riding. Lunch after the ride is at Cinzetti's.

**Wednesday,
June 19th** "Roses" H1-20-SW 9:00 AM Meet Dave Grimes, 303-986-7666 at the Stone House, E side of Estes So of Yale for a ride east along Bear Creek. Bring a snack and money for an optional restaurant lunch following the ride.

FUN/INT-H2-26-SE 10:00 AM. Twice delayed for snow in April, meet Gordon Valentine (303-333-8605) on S. Chambers Way which curves around the W and S sides of the Market Star Shopping Center in the SW corner of the E.Arapahoe Rd. and S. Parker Rd. intersection. Enter S. Chambers Way either from Arapahoe Rd., just W of Parker Rd., or from Parker Rd., just S. of Arapahoe Rd. Traffic signals at both entrances. Park in the small lot with the white roof picnic shelter between the two south side PED/BIKE Xing signs. No toilet here but there is at Mile 1. We'll cross S. Chambers Way onto a short access trail, turn L on the Cherry Creek Regional Trail (CCRT), and stop at the Broncos Pkwy Trailhead (toilet). From there, we'll go south about 12 miles to Scott Rd. and turn-around to return. Except for S. Chambers Way, there are no street crossings, but lots of curves, and one short steep hill each way. Optional rest/snack stops at East Bank Park (Mile 8.4 out and 17.4 return). Optional lunch at nearby Red Robin after the ride.

INT/ROAD MeetUp 5:30 PM Parfet Park Parking Lot 10th & Washington in Golden.
Go to: <http://www.meetup.com/Denver-Bicycle-Touring-Club/events/119811792/>

MTB P2.5 T2 Green Mountain, 6:00 PM. Meet at the Florida Trailhead, at the top of Alameda Blvd. at the intersection of West Florida Drive and Alameda in Lakewood.

**Saturday,
June 22nd** FUN-H2-30-SE 7:30 AM SOUTHEAST ODESSY Meet Gaar Potter (303-691-0938) at Eisenhower Park Rec Center (SE Corner of Dartmouth and Colorado Blvd) Cool, early start! We will visit Littleton Cemetery (visit Al Packer?) and Chapel Hill Cemetery (features Columbine Memorial). Learn some useful SE bike routes!

FUN-H3-35-NW 9:30 AM Meet Rick Clauder 303-709-5489 at Scott Carpenter Park Boulder just south on 30th from Arapahoe Rd. Ride east on Boulder Creek trail to Valmont Rd streets with bike lane over the hill through Niwot to Hygiene for coffee return same route. Those who want to eat will ride west on Boulder Creek Trail to the Pearl St Mall.

INT-H-3-40-W 9:00 AM Meet Lily Schumann 303 463 0117 at Idaho Springs second I-70 exit; parking lot behind Beau Jo's Pizza to Bakerville and back. Lunch is in Idaho Springs afterwards.

MTB P3, T2 10:30 AM Buffalo Creek. Ride leader Jeff Baysinger (303-969-9241) will take us on a ride in one of the premier mountain biking areas on the front range. From the Pine Junction traffic signal on Hwy 285, drive south to and through the hamlet of Pine on Rd. 126. Then continue about another 3.3 miles to Buffalo Creek Road (forest service road #543) on your right. This is just before where Rd. 126 crosses the actual Buffalo Creek. Drive a short distance up it and park in the lot on your left which has a porta-potty next to it. Donate a buck or two to help the local fire department keep the facility open. This is a good one to carpool at 9:45 am from the Fort Restaurant on Hwy 8 just north of Hwy 285. Lunch after at Zoka's in Pine.

**Sunday,
June 23rd** FUN-H2-20-NW 9:00 AM Meet Howard Bagdad just west of the Golden library parking lot at 1019 10th St. in Golden. The ride will go up north Golden, then Easley Road, through Quaker St making a loop and returning to Golden. The return leg will include a rest stop at the golf course club house on Quaker St. This ride has several short hills.

FUN-H2-20-SW 9:30 AM Meet Bob Shedd (720-290-6014) at the RTD Littleton Downtown Station, on the west edge of the parking lot located at Alamo Avenue & Prince Street. Easy, scenic route featuring the West Harvard Gulch and Sanderson Gulch trails, a few miles of the South Platte River trail, and some bike-friendly streets in Southwest Denver. Optional lunch afterward at Merle's Restaurant on Main Street, within 3 blocks of the starting location.

INT-H1-28-SE/Central 9:00 AM Meet Lise Neer 303-249-8621 at Lowry Sports Complex Park, 8200 Sports Blvd., just south of Wings Over the Rockies Air & Space Museum. Park in the lot on west side of the basketball courts or along the street. Join us for a scenic ride along the Highline Canal and Cherry Creek trails to downtown, with optional pitstop @ REI. We'll wind our way back to Lowry via City Park, Stapleton's Westerly Creek & points South. Bring a snack; ride concludes with option for lunch at Serioz pizza, 200 Quebec St. <http://www.mapmyride.com/routes/view/200442428>

**Monday,
June 24th** FUN-H1-30-SE 9:00 AM Meet Wayne Tomasello (720-344-8932) at Challenger Park on Lincoln Ave near Jordan Rd. for a ride on the Cherry Creek Trail South to Franktown and back. Most of this ride in on paved bike trails with some dirt bike path riding. Lunch after the ride at is at Wok n' Grill.

**Wednesday,
June 26th** "Roses" H1-20-SE 9:00 AM. Meet Gordon Valentine (303-333-8605, but 303-503-4733 after 8:30 AM on ride day) on S. Chambers Way. It curves around the W and S sides of the Market Star Shopping Center in SW corner of E. Arapahoe Rd. and S. Parker Rd. intersection. Enter S. Chambers Way from Arapahoe Rd just W of Parker Rd or from Parker Rd just S of Arapahoe Rd. Traffic signals at both entries. Park in the lot by the white-roof picnic shelter, between the two PED Xing signs, on the south side of Shopping Center. (No toilet here.) This will be an out & back ride south on the Cherry Creek and Sulphur Gulch trails. Except for S. Chambers Way, there are no street crossings on the Cherry Creek Trail, but a few on the Sulphur Gulch trail. Optional coffee stop at Starbucks in Parker and lunch at Red Robin after the ride.

FUN/INT-H2to3-25-SW 9:30 AM Meet Patty Gaspar at the Sheridan High School Parking lot near Federal and Oxford. We'll head toward the used-to-be upscale Bow Mar area and go to Bowles Lake, Grant Ranch to Wadsworth and back to Sheridan High School. Some hills and lots of ups and downs, some beautiful quiet streets and pleasant bike paths. Lunch is afterwards. This ride is borrowed from Lin.

INT/ROAD MeetUp 5:30 PM Parfet Park Parking Lot 10th & Washington in Golden.
Go to: <http://www.meetup.com/Denver-Bicycle-Touring-Club/events/119811792/>

MTB P2.5 T2 Green Mountain, 6:00 PM. Meet at the Florida Trailhead, at the top of Alameda Blvd. at the intersection of West Florida Drive and Alameda in Lakewood.

**Saturday
June 29th** FUN-H1-20-SE 9:00 AM Meet Linda Lewis at Treads On Illif (16701 E Illif Ave, Aurora, CO). We will ride to Cherry Creek Mall, featuring a stop at the Farmer's Market!

INT-H4-32-NW 8:00 AM Meet Tom Hurja 303-903-4449 west of Lucero's Restaurant, 10151 W 26th Ave, west of Kipling St. for a nice ride through the neighborhoods, roads and paths, climbing to spectacular views from Lookout Mtn. Gather at Buffalo Bill's Grave and Museum for snacks.

**Sunday,
June 30th** FUN/INT-H2-27-SW-9:00 AM Jeff Krinsky (720-373-9107) The adventure begins at the Lakewood Heritage Center at Belmar Park at Ohio Street on the west side of Wadsworth, north of Mississippi and South of Alameda. We will tour the park then head west to Dinasoar Ridge and Red Rocks where we will stop for a break. Then we will continue on down through Morrison and Bear Creek Trail and return north to Belmar Park. Lunch will be at the Belmar Farmers Market.

MTB P2.5, T2, 10:30 AM, Centennial Cone. Meet Alison Preble (720-854-9923) for a great ride on this classic tour .We park at the north lot since the south lot is too small and cars receive tickets from the sheriff. Take Colorado Hwy. 93 north from Golden approximately one mile to Golden Gate Canyon Rd. Travel west about 8 miles to Robinson Hill Rd. Turn left and continue to Camino Perdido, the north access road into the park. The trailhead is approximately one mile to the south. Carpool from Sofa Mart on the north frontage road at the NW corner of Kipling and Hwy 6 at 9:45 AM. Picnic lunch is afterward in the Centennial Cone parking lot. Bring meats, cheeses, more mushrooms, crackers, desserts and beverages or whatever you like for a parking lot lunch afterward. Remember your folding chair!