



# The Colorado Bicyclist

Newsletter of the Denver Bicycle Touring Club

July 2022

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## Get ready for the annual DBTC Summer Picnic!

Our mid-summer bash is the place to be for socializing with your fellow DBTC members! Join us for cycling, food, fun, and friendship.

**REGISTER at our website: [WWW.DBTC.ORG](http://WWW.DBTC.ORG)**

### Schedule:

- Pre-Ride Breakfast 7:30-8:30 am
- Rides: 2 Leisure rides, 2 Fun rides, 2 Fun+ rides!  
See the Ride Schedule below.
- Lunch: 11:30 am with talks about bike maintenance, bike trips in Italy, beginning mountain biking, and a special new talk about downsizing your home (for us seniors...!)

### Miscellaneous:

Yes, we'll have a "used jerseys" spot on the lawn where you can swap your old jerseys or those that don't fit or those you can't wear anymore for whatever reason!

And DBTC grocery bags for all members - free or we'll accept a \$1 donation if you wish to donate.

## DBTC's Officers

President Helen Berkman <a href="mailto:president@dbtc.org">president@dbtc.org</a>	720-355-5687
Vice President Karen Betstadt <a href="mailto:vicepresident@dbtc.org">vicepresident@dbtc.org</a>	720-331-5057
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Treasurer Maria Elena Romo <a href="mailto:mariaelenaromo95@gmail.com">mariaelenaromo95@gmail.com</a>	720-364-0149
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Mark Shimoda <a href="mailto:drshimoda@hotmail.com">drshimoda@hotmail.com</a>	
Marilyn Choske <a href="mailto:mjchoske@gmail.com">mjchoske@gmail.com</a>	303-905-8510
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Virginia Dudley <a href="mailto:vdudley@hotmail.com">vdudley@hotmail.com</a>	303-810-0233

## Directors and Staff

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Fun Ride Coordinator South Ellen Fitzpatrick <a href="mailto:FunRideSouth@dbtc.org">FunRideSouth@dbtc.org</a>	303-756-2517
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Weekday Fun/Int Ride Coordinator Patty Gaspar <a href="mailto:Patty@gasparjones.com">Patty@gasparjones.com</a>	303-989-8268
Leisure Ride Coordinator Jill McMahon <a href="mailto:jillmm7@gmail.com">jillmm7@gmail.com</a> Marcy Rodney <a href="mailto:mrodney@rsresearch.com">mrodney@rsresearch.com</a>	
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Guest Relations Mary Stewart <a href="mailto:guestrelations@dbtc.org">guestrelations@dbtc.org</a>	

## WELCOME NEW DBTC MEMBERS

Nanci Goldberg	Jerry Patton
Mary Jenkins	Steve Regnier
Susan Karl	Julie Rinaldi
Ted Karl	Jim Thompson
Melissa Madden	

# The President's Page

Helen Berkman

Earthdate: July 1, 2022

I'm still basking in the warm memories of a fantastic trip to France! Fellow DBTC member Marilee Boe and I joined 14 other riders on the "Caprice" barge, sailing and biking up the Rhone from the Mediterranean Sea to Avignon in Provence. The weather - hot and sunny; the biking - glorious: the company - convivial; the scenery - breathtaking; and of course the food: delectable. We were in France after all. A few pictures of the trip are featured below.

Back here in Colorado, I hope you are all out on your bicycles often, and joining some of the rides led by our great ride leaders. Please register for our Summer Picnic at Anderson Park on Sunday, July 24, 2022. See page 1 of this newsletter for details.

Thanks so much to those of you who volunteered to help out at Bike to Work Day on June 22nd (Virginia, Ellen, Phil, Patty, Karen), and to those of you who rode to work or to the event and stopped by our booth! We had a very successful booth with around 25 people who stopped to chat, asked about our rides and map, and took a brochure.



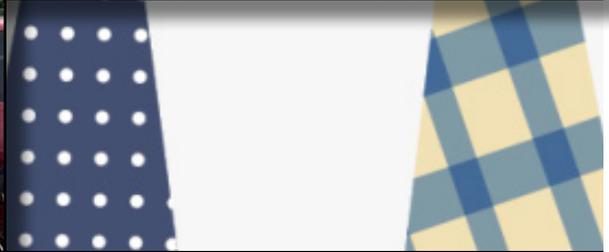
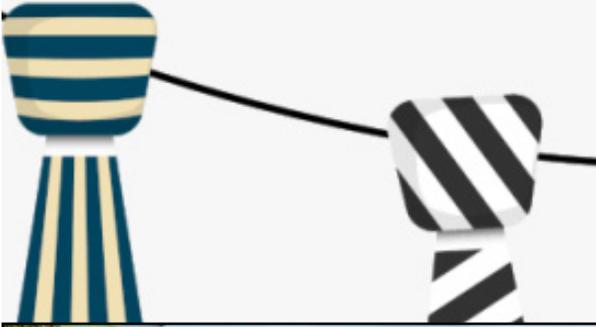
# Ice Cream Tour of Lake Dillon



*On Saturday, June 25th, club members embarked on a ride around Lake Dillon, topped off with yummy ice cream!*



# Father's Day Ride



***On Sunday, June 19th, dads, as well as those who admire dads, went on the Father's Day Appreciation Ride to Hudson Gardens.***

# Anderson Loop Ride with Peter



***On Saturday, May 7th, Peter led a wonderful spring ride from Anderson Park.***

## Reminder: That Email Is NOT From the DBTC President

The phishing emails still arrive occasionally, and the bots are getting more clever – PLEASE note that if you get an email with Helen’s name in it, it is NOT from the president unless it has her personalized signature line and usually a personal quote underneath the signature. If it looks odd, it is! Lately, some new phishing emails (and texts) are vaguely asking for a meeting or a “favor”. If you hover your mouse over the “from” line you will see it is NOT the email of the president. My name is being lifted off our website, but the email address is a fake address, not the official dbtc.org address or the correct personal email of the president. Please delete - do not hit “reply” to these emails or ever make any purchases for anyone based on an email or text alone.

## Plan a Ride with the DBTC Bike Route Map!

Plan a Ride with the DBTC Bike Map! Special offer: Right now existing members who want a copy may, in exchange for a small donation, contact [president@dbtc.org](mailto:president@dbtc.org) for a copy to be mailed to them. This newly revised map adds new routes, paths, and trails for bicycling adventures. It also includes more identifiers for major streets, bike routes, and trails. New members receive a copy of the map after they sign up.



## A Big Thank You to Our Summer Picnic 2022 Sponsors!



### Charnes Tours - [www.charnestours.com](http://www.charnestours.com)

Looking for a great bike vacation in Europe? Charnes offers both self-guided and guided bike tours in Italy, Germany, Austria and Croatia with a new trip in Albania in 2023. David Charnes will be at our Summer Picnic to tell you about his tours. He lived in Italy for 30 years and is experienced and eager to share the latest news about biking in Europe!

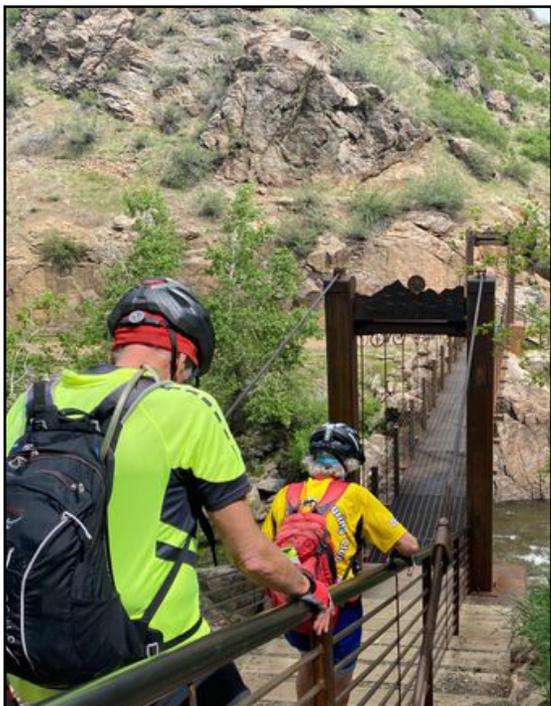


**kw** KELLERWILLIAMS.  
REALTY, DTC LLC  
Each Keller Williams brokerage business is independently owned and operated

### Keller Williams

Meet Jim Holmes of Keller Williams at the July 24th Picnic, where he'll give a table talk about downsizing your home. Jim is both a cyclist and a seasoned realtor of over 40 years who merged his real estate practice with the Kiker Team, Keller Williams Realty, DTC in 2018. Jim and his brother Bill served on a DBTC committee in the mid 90's that helped create and market the official club Jerseys and Tee Shirts still seen around today! Jim is passionate about empowering seniors to live as independently as possible with the best quality of life.

# Hidden Gems of Golden



***On Saturday, May 28th, Jeff K led the Hidden Gems of Golden Ride.***



# Golden Loop with Merri



*On Monday, June 20th Merri led the Golden Loop Ride and enjoyed a picnic afterwards.*



# Ride to Riverdale with Peter



*On Saturday, June 11th, Peter led riders to Riverdale!*



# Thank You Volunteers for July 24 Summer Picnic!

Events like our July 24th picnic do not just happen. They are the result of the input, observations and decisions and hard work of many DBTC members and board members. So who is working to put on our upcoming event?

## **Event Coordinator -**

Mark Shimoda

## **Publicity -**

Mark Shimoda  
Helen Berkman  
Kathleen Shelton  
Jeff Krinsky  
Virginia Dudley

## **Finance -**

Maria Elena Romo  
Helen Berkman  
Mark Shimoda

## **Shoppers and Gatherers -**

Riggs Osborne (breakfast host)  
Aruna Clark (breakfast hostess)  
Marilyn Choske (coffee and tea)  
Tom Casadevall  
Mark Shimoda

## **Food Preparation -**

Nancy Devitt  
Cynthia Coleman  
Tom Fitzgerald  
Julia Batten  
Trekker Smith (Marilyn Choske's grandson)  
Mark Shimoda  
Tom Casadevall

## **Clean up -**

Karen Betstadt  
& many of the above personnel

## **Ride Organizer -**

Patty Gaspar

## **Ride Leaders -**

Merri Bruntz  
Peter Woulfe  
Marilyn Choske  
David Noble  
Marcy Rodney  
Ellen Fitzpatrick

## **Sponsors -**

David Charnes, Charnes Italy  
Bicycle Tours: "Bike tours in Italy"  
Jim Holmes - Keller Williams:  
"Downsizing your home."

Yes, it takes a team to put on an event like this. Interested in joining the team and helping next time? Want to change something with the program or food? Want to get to know fellow DBTC'ers better? Want to have a great time too? Join the team. Contact Helen Berkman (h.berkman1@gmail.com) or Mark Shimoda, the event coordinators for our next events: the Caramel Rides at Ruby Hill Park and the Volunteer Recognition Dinner at Raccoon Creek.

## **Riding with Covid!**

You may be done with it, but It may not be done with us!

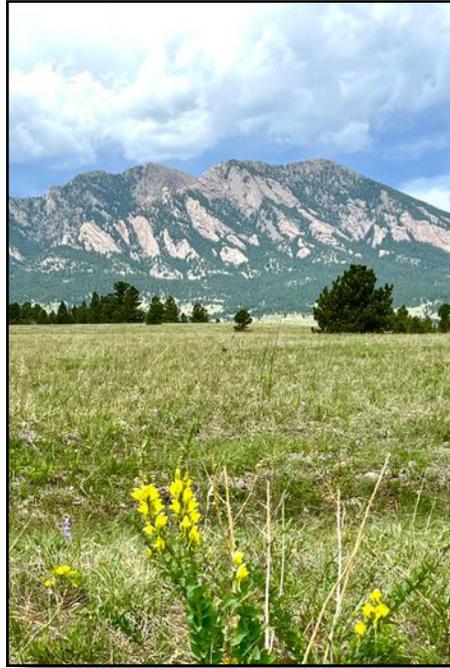
**To All DBTC Members, Ride Leaders, and Guests:** for your health and safety and for those of persons around you--

**Member Riders:** If you are notified before a ride that a person with whom you've been in contact very recently tested Positive for COVID, please remove yourself from riding with the group. Contact the Ride Leader of your status if you have pre-registered for the ride.

**Ride Leaders:** If you can find--in a pinch--a substitute leader for your group, please do so, or cancel your ride.

**All:** Consider quarantining for an appropriate timeframe and do an at-home or PCR test offered in your area to determine your COVID status (positive/negative). Positivity rates have risen (again) so let's all do our part!

# MTB Marshall Mesa Adventure



*On Sunday, May 29th, MTB riders went on an adventure across the Marshall Mesa and Doudy Draw.*

# Scenic Foxfield and Piney Creek



*On Friday, June 3rd, Wes & Ruby led riders through scenic Foxfield and Piney Creek, ending with a picnic!*

## Leisure Riding!

## Golden with Merri



*On Thursday, June 16th, Leisure riders stopped for a bit at the Standley Lake Library in Arvada.*



*On Monday, June 6th, Merri led riders on a Golden adventure.*

# Denver's Original Bicycling Club

*article by Kate Agathon reprinted with permission from Campus Cycles newsletter of May 2022*

For nearly 130 years, bicycling clubs have helped to shape Denver's bike-centric culture.

From the long-defunct Denver Wheel Club established in 1893, to the Highlands Cruiser Club founded in 2009, Denverites have always demonstrated a passion for socializing and sharing their love of riding on two wheels.

While bicycle clubs in Denver have come and gone, one club in particular has established itself as a pillar in the local bike scene for the past several decades- The Denver Bicycle Touring Club (DBTC).

With over four hundred members (many of whom are over the age of 50), the DBTC offers rides for all ability levels and interests.

For example, some club members have never ridden a bike before, while others look forward to challenging rides such as Vail Pass.

Additionally, many other DBTC members are just seeking fellow bicyclists for leisurely (aka "smell the roses") social rides around the city. With DBTC, there's a ride for everyone.

## More Than a Bicycling Club

Touted as THE original bicycling club still active in the Mile High City, the DBTC is far more than its name implies: it is a recreational non-profit organization run entirely by volunteers.

"Realistically, we are a recreational club. We do non-cycling events such as picnics, out-of-town cycling trips, mountain bike rides, and more. Many of our rides are just fun; I led rides last summer where the goal was to ride to different ice cream shops in the area," said Suzy Ward, DBTC board member.

In addition to sponsoring weekend and weekday rides, DBTC promotes recreational and commuter cycling, bike safety, and education. They also work with local governments to advocate for cyclists, and have also created a route map of Denver's more than 150 miles of bike paths.

"Sometimes I think having the word 'touring' in the name prevents people from joining. I know it initially kept me away - I wasn't looking for a 'touring club'- even though I have done several tours," Ward continued.

To her knowledge, there are not any other recreational clubs in the Denver area. While there are plenty of social meetup groups, they do not require membership dues, issue club jerseys, or provide insurance, she pointed out. And they certainly don't have the tenure of DBTC.

DBTC's unique, fun, and detail-oriented culture is evident in its newsletter and website.

From publishing a meticulous list of organized rides in the region, providing trail condition updates, to announcing planned club rides, and making introductions to ride leaders, the DBTC newsletter serves as a considerable monthly resource for its members.

## The Club for Everyone Else

One of DBTC's hallmarks is that it makes bicycling accessible and enjoyable for all in a non-intimidating environment.

Interested in a leisure ride around the city to just see the sights? How about a ride where ice cream is the sole objective?

DBTC not only aspires to be a source of information to all of its diverse club members, it also actively practices a culture of encouragement.

Each club ride is broken down by pace, terrain, distance, and quadrant of the city- making it easy for club members to determine which ride is a best fit.

Perhaps most notable is the club's own introduction to Lookout Mountain ride, called "Progressive Lookout Challenge" in which the demanding hill climb is broken up into segments and riding is done at one's own pace.

Another unique aspect of DBTC is that club members ride a variety of bikes on sponsored rides: fitness bikes, road bikes, mountain bikes, e-bikes, etc. In the DBTC, there's no pressure to ride fast, or have a certain type of bike to fit in.

"It (DBTC) is really a true recreation club! Some of the bikes are quite vintage with old school shifting and rim brakes. It's a club for everybody!" Ward enthused.

## Meet Stan McCullom

One of DBTC's most recent members is Stan McCullom, who is fairly new to cycling.

At 61, he embraced cycling as a way to potentially meet new people, support causes, and stay in shape (he recently had knee replacement surgery).

"I enjoy cycling very much! A lot of what compelled me to take up cycling was being able to ride for different charities like Stop Soldier Suicide, and the Great Cycle Challenge to raise money for kids with cancer," said McCullom.

He found DBTC on Facebook, and realized it was just the bicycling club that he was looking for.

"For me, it (joining DBTC) is more about the camaraderie of riding with a group, and a way for me to meet new people and be social. Previously, I rode on my own because I couldn't keep up with others while riding in a group," he explained.



# DBTC 2022 Upcoming Events

Your DBTC Board has already scheduled most events, so save the dates and get these on your calendar now!

## Summer Picnic and Rides



**Sunday, July 24th, 2022 8am-2pm**  
**Anderson Park, Wheatridge**



## Caramel Apple Rides



**Saturday, October 1st, 2022**  
**Ruby Hill Park, Denver**



## Volunteer Recognition Dinner

**Thursday, November 10th, 2022**  
**The Barn at Raccoon Creek, Littleton**

## Hidden Gems of Aurora

Wait, did I get that right? Aurora. Yes indeed, Aurora. So let me tell you about a ride I did with Ruby and Wes Fredericks in Aurora. The ride was listed in MeetUp and I decided to try riding in Aurora since I have not ridden in Aurora in about two years and have never ridden with Ruby and Wes. Well, what a surprise. The ride was about 24 miles with 1100 feet of elevation gain. Imagine, a climb of 2.0 miles and another of 1.0 mile. That is how we got to 1100 total feet of gain. And Aurora Reservoir, what a gem. The bike path is close to the water with mature trees and vegetation around the reservoir and the cleanest bathroom of any reservoir. There was a gentleman who was responsible for keeping the bathrooms clean and even the women were pleased with the

facilities. And the leaders, Ruby and Wes, were great. They were very organized with knowledge of the route, always prepping us for the next segment of the ride, warning riders of any tricky areas in the road or trail, keeping us on trails and safe bike lanes and sidewalks for the entire trip and offering bathroom stops on a regular basis. And they were very hospitable and friendly. I suggest you give Aurora and Wes and Ruby a try sometime. You will not regret it.

– Mark Shimoda

# 2022 Colorado Upcoming Events

Check the websites for each event to get all of the latest information for it.

## July 16 Tour de Steamboat

MTB – 50, 100 mile routes

Road – 26, 46, 66 mile routes

**Steamboat Springs, CO**

<https://www.tourdesteamboat.com/>

## July 24 DBTC Summer Picnic

**Anderson Park, Wheat Ridge**

## Jul 30 Tarry-It-Up

30, 50 and metric century routes

**Lake George, CO**

<https://www.bicyclecolorado.org/featured-event/tarry-it-up/>

## Aug 6 Copper Triangle

79 miles, 6500' elevation gain

**Copper Mountain, CO**

<https://www.bikereg.com/coppertriangle2022>

## Aug 13 Starlight Spectacular – Night Time Ride

Costumes encouraged, lights required

**Registration is now open!**

**Garden of the Gods**

**Colorado Springs, CO**

<https://www.trailsandopenspaces.org/starlight-spectacular/>

## Aug 13 La Veta Century Ride

**19th Annual Stonewall Century Ride**

**Registration is now open!**

102 miles, 7500' elevation gain

**La Veta, CO**

<https://spcycling.org/stonewall-century/>

## Aug 20 Triple Bypass

65 miles Georgetown to Vail 6,066' elevation gain

110 miles Evergreen to Vail 10,600' elevation gain

**Evergreen, Georgetown, Vail**

<https://www.triplebypass.org/>

## Aug 27 Venus de Miles (women only)

33, 66 and 100 mile routes

**Boulder County, CO**

**Venus de Miles is Colorado's original and largest all-women's bike ride, registration is open.**

<https://www.venusdemiles.com/>

## Sep 10 Tour of the Moon

41 and 64 mile routes

**Grand Junction, CO**

<https://www.bikereg.com/tourofthemoon>

## Sep 17 Pedal for Possible (Craig Hospital)

10K, 30K, 50K, 100K and 100 Mile

**Louisville, CO**

<https://craighospital.org/events/2022-pedal-4-possible>

## Sep 17 Tour de Vineyards

23 and 58 mile routes

**Palisade, CO**

<https://www.bikereg.com/tourdevineyards2022>

## Sep 24 Denver Century Ride

24, 50, 85 and 100 mile routes

**Denver, CO**

<http://denvercenturyride.com/>

## Oct 1 DBTC Caramel Apple Rides

**Ruby Hill, Denver**

## Nov 10 DBTC Volunteer Recognition Dinner

**Racoon Creek, Littleton**

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**THIS JUST IN!** **Denver Century Ride Has Extended Their Discount Offering!**

To encourage your cycling plans, the Coldwell Banker Denver Century Ride presented by Bank of America is offering **20% Off** registration to "Cycle the City" on September 24, 2022. Go to [www.DenverCenturyRide.com/registration](http://www.DenverCenturyRide.com/registration) and use the code **GETRIDING2022** at checkout.

# Bike To Work Day!

On Wednesday, June 22th, DBTC Members were welcome visitors at our booth downtown.

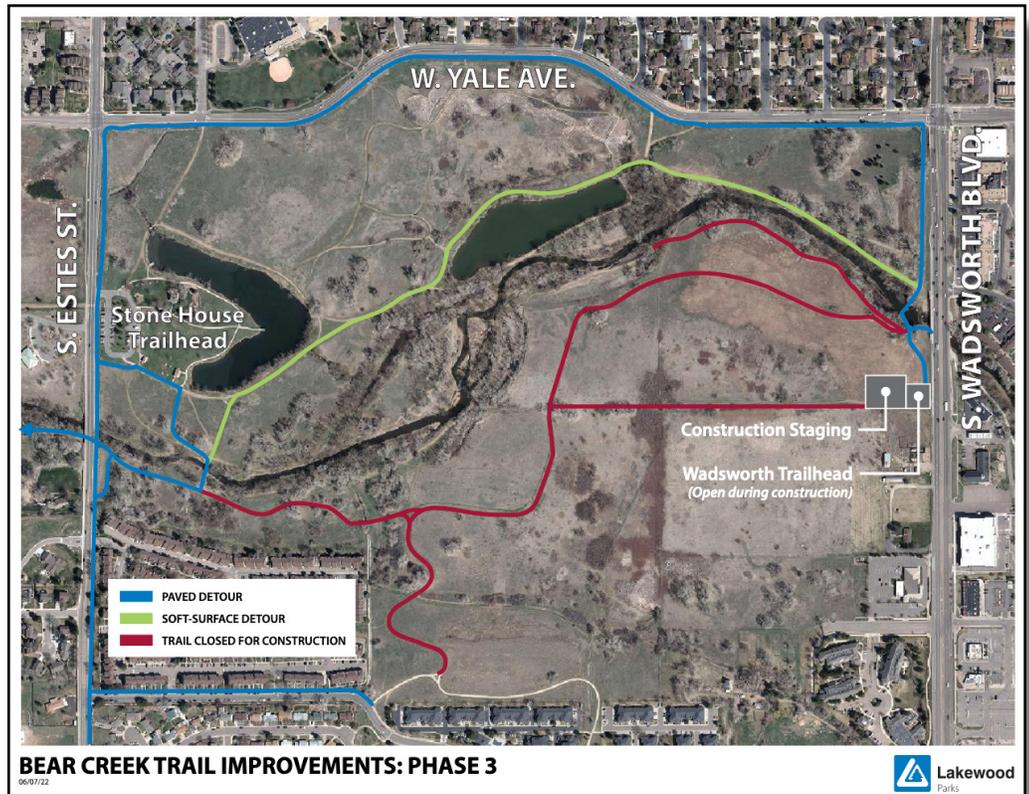


## Bear Creek Trail Improvements Phase 3 Begins June 8th

Thanks to Janet Martel for the update from Lakewood Together

Phase 3 construction of the Bear Creek Trail Improvement project began on Wednesday, June 8 and will continue through approximately August 5. This phase will require closure of the Bear Creek Trail from the Stone House bridge east of S. Estes St. to the Wadsworth Blvd. creek crossing. The Sister City Trail connection south of the trail will remain closed until the Bear Creek Trail is reopened. Heavy construction traffic will occur, it is important to avoid this area, including the soft surface trails south of the creek. For your safety, please respect the trail closures.

[View the Bear Creek Trail Phase 3 Plan.](#)



# How To Read the Ride Schedule

Each leader determines the rating and mileage for the ride. They try to be accurate, but their idea of hills might differ from yours! Some leaders are more supportive than others. Some leaders are way out front; others lead from the middle of the pack. Please be flexible. Much of the fun of riding with the club is exploring new trails with different people. Ride leaders and/or the riders reserve the right to modify the route selection due to rider attendance, skill levels, weather conditions or the whining of other riders. Keep the leader informed if you decide not to ride with the group.

Pace of Ride	Difficulty of Terrain	Mileage	Quadrant of City	Departure Time
Leisure	H1 - Flat	This is an estimate – options may be offered	NW	Arrive early enough to unload your bike and be ready to leave.
Fun – Comfortable	H2 – Some Hills		NE	
Fun Plus - Faster	H3 - Hilly		SE	
Int – advanced riders	H4 – Serious climbs		SW	
ATB- Unpaved Roads	Two ratings: Technical skill T1 to T4 and Physical exertion P1 to P4		W	
MTB – Mountain Bikes				

## Pace of Ride:

This is an average pace, not a maximum speed. Pace will vary with terrain. Color coded to help.

**LEISURE 8-10 mph. Leisurely pace, frequent stops, good place to start**

**FUN 9-12 mph. Moderate pace, frequent stops, focuses on group ride.**

**FUN PLUS 12-15 mph. Intermediate, steady pace with fewer stops for more advanced riders.**

**INT (Intermediate) 15+ mph. Vigorous pace with only occasional stops for advanced riders.**

**MTB or ATB** Mountain bike ride – terrain determines pace.

## Difficulty of Terrain

**H1** Mostly flat to rolling with an occasional hill

**H2** Mostly flat or rolling with moderate hills

**H3** Quite hilly or some long and/or steep hills

**H4** Serious climbs – remember we are in the Rocky Mountains

Some leaders include the altitude in addition to the rating. If it is 1,000 gain expect some serious climbing.

## ATB Terrain Rating - Mountain or Hybrid Bikes

**H1** Non-technical trails, gentle climbs, gravel or dirt roads/trails, few obstacles.

## MTB Technical Rating and Physical Exertion Rating - Mountain Bikes Only

**T1** Easy technical ride. Flat, moderate single track or trails - suitable for beginners.

**T2** Moderate technical ride. Single track, some bumps, maybe a sharp turn or two - expect to break a sweat.

**T3** Very technical, single track, ruts, rocks and obstacles. Might fall off bike - expect your legs to burn.

**T4** Extremely technical with tight, difficult single track, large obstacles, ruts, logs, rocks. You'll wonder why you picked up this crazy sport!

**P1** Not too difficult to P4 Demands excellent physical condition – a trail might not be technically difficult, but it might be physically challenging.

## Estimated Distance

This is the estimated distance in miles (MTB rides may not have a mileage designation) but actual ride distance can vary.

# How To Read the Ride Schedule

## Quadrant of City - SW, NW, NE, SE, W

Note the quadrant of the metro area for the meeting place. The North/South dividing line is Colfax. The East/West is Broadway. W indicates in the foothills or mountains. This is simply to help you locate the starting point on your DBTC map. We try to spread the rides throughout the metro area. You can go to [www.DBTC.org](http://www.DBTC.org) for the most common starting locations and print a map from your home to the starting point.

## Examples

**FUN-H2-25-NW** Fun ride from Olde Town Arvada out the Ralston Creek Trail and back.

Expect to ride about 10-12 miles per hour with some climbing. A pleasant ride and they will probably have lunch afterwards.

**INT-H1-55-NE** Road ride from Denver to Fort Lupton and back.

Expect to ride 20 MPH or more on flat road. No beginners on this ride.

**FUN PLUS-H3-10-W**-1370'gain Ride from the pillars up Lookout Mountain.

Expect to do some serious climbing. Lookout Mountain is a steep, narrow road. This is a short ride at only 10 (miles). Another leader might have a different starting location with longer mileage.

- If this ride is rated **INT-H4-20-NW** expect fewer stops on the ride up and the group may meet you on the way down if you fall too far behind.

- If this is rated **FUN-H4-20-NW** expect the riders to make many stops to regroup.

**MTB-T3-P3-NW** MTB ride at White Ranch.

Expect to climb up a trail. This is not a ride for your first outing. Mountain bikes only.

**FUN PLUS-H2-35-SE** Ride from South High School to Cherry Creek Reservoir.

Expect to ride at a steady pace without a lot of breaks. There are some climbs on this route, but nothing like Lookout Mountain.

The rating system is just to give you an idea of what to expect. LEISURE and FUN rides are very supportive with frequent breaks to re-group. A **FUN-H1** ride would be at a leisurely pace along one of the flat bike trails. A **FUN-H3** would be much more challenging. Please read the ride description, because one person might label a ride a FUN ride that someone else would consider an **INT** ride. For a **FUN** ride you can use a road bike, a hybrid or even a mountain bike.

**FUN PLUS** or **INT** rides are intended to be at a faster pace or on more difficult terrain than FUN rides. You are expected to be able to keep up with the group.

Some rides will have a dual designation **FUN/FUN PLUS** or **FUN PLUS/INT**. There might even be mileage options. When you read the text you'll find that there might be two leaders for this ride and they expect the group to split between faster and slower riders. If in doubt, contact the ride leader and ask.

Weather is a factor. You can assume that the ride is cancelled if it is under 40 degrees, or it is raining or snowing – or forecast to start during the ride. Leaders have the option to cancel if they feel the weather is unacceptable for them. Check with the leader if it is iffy. Leaders will notify those signed up through MeetUp if the ride is canceled.

How to know what's happening:

- During the summer you will receive weekly blasts with the rides for the coming weeks. It will be more accurate than the newsletter since a leader may have had to make a change or cancel a ride.
- All rides are posted on MeetUp after the blast for the next week goes out
  - It is not required, but if you sign up for the ride, you will receive a notice if anything changes, or the leader needs to cancel the ride.
  - It lets the leader know how many riders to expect.
  - There are occasionally additional rides that were not included in either the newsletter or weekly blast.
  - Some leaders may ask you to reserve a spot by texting them instead – it is at the leader's discretion.

**Most of all - HAPPY PEDALING!!**

# DBTC Announcements

**TIME FOR MORE RIDE LEADERS** – now that many of you have joined rides led by others last year, we want you to consider becoming a ride leader yourself! Please contact your ride coordinator to explore the possibility, have them explain some of the basics and help you to draft a sample route description. I'm sure you have at least a couple of routes right in your neighborhood, and that's all it takes to try out leading a couple of rides this month. Give it a whirl!

## Here's how to contact one of the ride coordinators:

**South:** Ellen Fitzpatrick [ellenfitz4@comcast.net](mailto:ellenfitz4@comcast.net)

**Weekday:** Patty Gaspar [patty@gasparjones.com](mailto:patty@gasparjones.com)

**MTB:** Cathy Leibowitz [cathy.leibowitz@yahoo.com](mailto:cathy.leibowitz@yahoo.com)

**North:** Jeff Krinsky [jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com)

**Leisure:** Jill McMahon [jillmm7@gmail.com](mailto:jillmm7@gmail.com)

& Marcy Rodney, [mrodney@rsresearch.com](mailto:mrodney@rsresearch.com)

**MAP SALES:** We are down to only about 90 maps left from our 2019 map printing. At the June 2021 Board meeting, your Board voted to suspend further map printing at this time and not develop or publish a 2022 map. However, if you are one of those riders who thinks maps are still important, please contact any Board member if you want to help research the possibilities for 2023, we would need to find a new publisher, develop an on-line map system, and/or expand and update our route library. Contact any Board member to comment or volunteer to help. We could assign you to one or two discrete and non burdensome tasks!

**Online  
Construction  
Detours from  
Denver Parks &  
Rec:**



<https://www.denvergov.org/content/denvergov/en/denver-parks-and-recreation/parks/trails/trail-detours.html>

## Bike Bag Available

In cleaning out our Storage Unit, we found a nice canvas bike bag (42 x 32 x 8) that is not being used or borrowed. Well used but in good condition. Available to any member for a small donation to DBTC (\$15 suggested). First come, first served. Contact Helen Berkman, President, [h.berkman@comcast.net](mailto:h.berkman@comcast.net) to arrange for pick up.

## ATTENTION ALL DBTC MEMBERS! Check out the free DBTC Member benefit Ride With GPS

All Active DBTC members can access the Ride With GPS (RWGPS) Club account. You'll get access to the Route Library to view route maps, to print off cue sheets, and to download routes to your mobile device. Ride With GPS has two interfaces: one is an Internet browser and the other is an Android/iPhone app. Easy instructions on how to access, create, and use the RWGPS Club Account can be found on the DBTC website: [www.dbtc.org](http://www.dbtc.org) and click on "Ride With GPS" tab.

QUESTIONS / COMMENTS? Please contact Marilyn at [mjchoske@gmail.com](mailto:mjchoske@gmail.com) or John at [johnklever@msn.com](mailto:johnklever@msn.com). We're here to help!



# DBTC *Summer* 2022 RIDES

Spring has sprung and summer is on the way! We are looking forward to getting out and about.

How to get onto the June schedule - contact one of these people:

South: Ellen Fitzpatrick [ellenfitz4@comcast.net](mailto:ellenfitz4@comcast.net)  
 Leisure: Jill McMahon [jillmm7@gmail.com](mailto:jillmm7@gmail.com)  
 & Marcy Rodney, [mrodney@rslresearch.com](mailto:mrodney@rslresearch.com)  
 North Fun & Int: Jeff Krinsky [jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com)

Weekday: Patty Gaspar [patty@gasparjones.com](mailto:patty@gasparjones.com)  
 MTB: Cathy Leibowitz [cathy.leibowitz@yahoo.com](mailto:cathy.leibowitz@yahoo.com)  
 & Jim Black [jb@jamesblack.org](mailto:jb@jamesblack.org)

**The deadline for adding a ride activity in the newsletter is the 22nd of the month. Please send an email to [ridecoordinator@dbtc.org](mailto:ridecoordinator@dbtc.org) or contact Patty by phone at 303-989-8268.**

Pace of Ride	Difficulty of Terrain	Distance	Quadrant of City	Departure Time
Leisure or Roses (Avg. 8-10 mph) No Drop Rides Fun – (Avg. 9-12 mph) No Drop Rides Fun Plus – (Avg. 11-15 mph) INT - 15+ pace shown (i.e.15-18 mph) ATB – Unpaved Roads MTB – Mountain Bikes	H1 – Flat H2 – Hilly H3 – Some Steep Climbs Alt gain shows 1800 ft. H4 – Serious Climbs T1 Beginner to T4 Highly skilled riders; P1 to P4 physical conditioning required	This is an estimate – options may be offered	NW NE SE SW W	Arrive early enough to unload your bike and be ready to leave at the time shown.

Rides are canceled if the temperature is below 40 degrees at start time, or if it is raining or snowing. Be ready to start at the time listed – tires pumped up and bike ready. The ride leader is not a mechanic, so if your bike needs repair, please take it to the shop.

**Ride Locator:** There is a guide to the most frequent start locations on our website – [www.dbtc.org](http://www.dbtc.org). It provides the information you need to use MapQuest or Google Maps to make a map to the starting location.

**DBTC's Emailing Lists:** Get late breaking news, last-minute ride updates, and short notice of weekday rides, all emailed directly to you as soon as the information is posted on MeetUp. If the weather is "iffy", a ride leader can post a notice to let you know if the ride will go or be canceled. A weekly blast goes out through email as well.

Twitter account is @DenverBikeClub – note many members do not tweet.

DBTC Meetup group at <http://www.meetup.com/Denver-Bicycle-Touring-Club/> can be used to post rides as well. Once you have posted your ride, we will review the ride information to be sure it complies with the club requirements, then upload it to the Meetup website, where you can edit your ride. Meetup is open to the public and can increase the number of riders on your rides and, hopefully, club members. Rides cannot conflict with the already-existent ride schedule. If you have registered with Meetup, we will post your scheduled rides.

We are also on Facebook, if you want to share pictures or bike-related news there.

You can join both groups. After you send the email requesting to join, you will be contacted via email with a confirmation. If you'd like to post an event, simply go into the site. Remember that only club-related activities can be posted. We reserve the right to cancel any posting we don't think is appropriate. See the website for posting rules.

**Please Note:**

- Joining either of these Facebook, or the Meetup Group does not make you a valid member of the DBTC.
- If your email address changes, you must send your new email address to the DBTC webmaster ([webmaster@dbtc.org](mailto:webmaster@dbtc.org))

**Summer Riding Guidelines**

- Weather: Thunderstorms or rain (rides can be cancelled for extreme heat)
- Clothing: Wear layers and bright colors
- Other: Bring sunscreen, water, repair items, and a snack

# DBTC July 2022 Ride Schedule

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## Friday, July 1st:

**8:30 AM Leisure H1-18-SW.** LEE GULCH LOOP Meet Jill McMahon (303 888-0314 cell) at the Aspen Grove Shopping Center parking lot in the very southeast corner (south of the Alamo Drafthouse.) This is a loop ride on the Platte River Trail, the Big Dry Creek Trail, the Highline Trail and the Lee Gulch Trail. It winds around some very pretty areas - mostly on paved trails but some hard gravel and a short distance on residential streets. There will be an optional lunch afterwards at Panera. Bring a snack, and money for lunch if you plan to join us.

## Saturday, July 2nd:

Want to post a ride on MeetUp? Contact Jeff jkrinsky2003@yahoo.com or Patty patty@gasparjones.com. If you have led rides in the past we will post it for you. If not, we will help you become a ride leader.

## Sunday, July 3rd:

Want to post a ride on MeetUp? Contact Jeff jkrinsky2003@yahoo.com or Patty patty@gasparjones.com. If you have led rides in the past we will post it for you. If not, we will help you become a ride leader.

## Monday, July 4th:

**9:00AM FUN/FUN PLUS-H1-26-SW** Meet Merri Bruntz (303-517-9781) at Reynolds Landing (6745 S. Santa Fe Dr) for a ride north on the South Platte Trail to REI. After a break we will return via the same route. Bring a sack lunch for a picnic afterwards.

## Tuesday, July 5th:

**8:00 AM FUN+-H2/3-26.6 miles-W-+1325' elev.** "The INFINITY-to-INFINITUS Loop \*Event\*!" MEET 08:00am, ROLL 08:15am. Leader needs a head count pre-ride and it's important that riders TEXT RSVP to 303-905-8510. Register by July 4, 3pm. Join Marilyn Choske at the Infinitus Pizza Pie rear parking lot, 5807 W. 38th Ave, Wheat Ridge. From the Pie lot, we'll maneuver our way to Clear Creek Trail west to Golden and do a couple of climbs out there (Tucker, Hwy 6). After we salute and pass the Taj Mahal structure, we'll enjoy a somewhat downhill spree back to Wheat Ridge. Then it's another climb up to Crown Hill Park and tool around the lake over to 32nd Ave. Pedal thru neighborhoods and back to Infinitus for a well-deserved artisan pizza and beverage. (Bicyclists get a free soft drink. Our group riders can opt for a stronger brew at Happy Hour prices. Thank You Matt, the Manager!) This ride may feel infinite but there IS an Infinitus pizza pie awaiting you at the end! Bring \$ to enjoy lunch. If you have a DBTC jersey, wear it.

**10:00 AM MTB Show-n-GoELK MEADOW, Buchanan Park Rec Center.** These are Show'nGo Rides: The folks who show up decide which trails to ride. Meet in Evergreen's Buchanan Park Recreation Center parking lot THE DIRECTIONS: Buchanan Park Rec Center is located at the intersection of Colo Hwy 74 (Evergreen Parkway) and Squaw Pass (Colo Hwy 103). From I-70: Take exit 252 for Evergreen Parkway. Continue for roughly 3 miles to the intersection of 74 and 103. Turn left at traffic light; Buchanan Park rec center and Tuscany Tavern are located in this complex adjacent to the softball fields. From downtown Evergreen, follow Hwy 74 up to the intersection of 74 and 103. Or load directions to 32003 Ellingwood Trail, Evergreen 80439. POSTRIDE: Bring a chair and food for a post ride picnic in the parking lot. If the group wishes, we can dine on the patio at nearby Tuscany Tavern.

## Wednesday, July 6th:

**10:00 AM MTB Show-n-Go, STAUNTON STATE PARK, Lower Parking.** These are Show'nGo Rides: The folks who show up decide which trails to go to. There are many trails from P2, T2 all the way to P3.5, T3.5. DIRECTIONS: Take US Highway 285 south to Shaffers Crossing, about 6 miles west of Conifer. The actual off ramp sign from Hwy 285 says, "Shaffers Crossing/ Elk Creek Road. It's 30 minutes from the intersection of Hwy 285 and Kipling to the parking lot. Turn north on Elk Creek Road and follow the signs 1.5 miles to the park entrance. A couple of hundred feet past the park fee station (\$11 per vehicle), make a sharp right and go down to the smaller parking lot. FOOD: Bring snacks and a chair for a parking lot picnic. MAP INFO: Go to Staunton State Park website, click on the blue horizontal bar, scroll down to maps. Entry fee of about \$11, perhaps Or annual Pass.

## Thursday, July 7th:

**FUN-H2-21-W-1034' elev. gain.** "2022 Birthday-Girl Ride" Meet 07:15am. Register via TEXT to the leader by July 6. Join birthday-girl Marilyn Choske (303-905-8510) at Anderson Park, 44th & Field St, Wheat Ridge. Park in the lot at the end of the drive near the bike path. Nice, no-rush, casual pace for this westbound loop to Golden and the Peaks-to-Prairie trail & return. Some hills up, some down! Birthday cake & iced tea at the end of ride. Limit 10 riders, including leader. Ride will not go if it is rainy or forecast for morning rain. Call the leader if in doubt.

**9:00 AM FUN PLUS. H2 - 30 miles - West.** Welcome a new ride leader! Meet Tom Fitzgerald (303-424-1082) at Anderson Park (44th & Field) for a ride east on the Clear Creek Trail to the Platte River Trail. Then south to the Lakewood Dry Gulch Trail (~13th Avenue), where we'll head west to Garrison Street, then north through the Glens to Crown Hill Park, and back to the Clear Creek Trail and Anderson Park. We'll take a break at REI along the way. Bring a sack lunch for a picnic afterwards.

# DBTC July 2022 Ride Schedule

**8:30 LEISURE H1-17-NW.** The Because I Haven't Yet Ridden Hwy 36 Trail To The Trail's Southern End ride. Meet Jake Jacobi (720.808.2306) behind McDonalds on the south-west corner of 100th and Wadsworth Pkwy. The ride will be on Big Dry Creek, the Hwy 36 Trail south, Bradburn Blvd, Little Dry Creek to Kipling; then on streets back to the start. Optional lunch afterwards.

**10:00 AM MTB P2 5 T2.5** Maryland Mountain Meet Janet Martel (jmartel98@gmail.com) at 10:00 at the parking lot. Hidden Treasure Trailhead on CO HWY 119 about 1 mile north of Black Hawk. Restrooms available. Mileage approximately 12 miles. Singletrack.

## Saturday, July 9th:

**8:00 AM FUN PLUS-H2-28-SE** Meet Ellen Fitzpatrick (720-209-2269) at the Broken Tee Golf course (2101 W. Oxford street, Englewood, which is just west of Santa Fe Dr.). CALL or Text me to confirm as I'm limiting riders to maximum 9 riders. Park far west end of parking lot, up against the bike path and Platte River, and meet there at the pavilion and bathroom area. We will ride out to and around Chatfield State Park via bike paths along the Platte, up to top of dam, and continue across the dam clockwise toward the marina and back around. There's a mile+ stretch of dirt/gravel road on the dam to negotiate which can be done on a road bike. Planning a 12-13 mph average pace. About 550' elevation. Bring water,snacks and lunch and we'll gather after for social time.

## Sunday, July 10th:

**9:30 AM FUN PLUS-H3-24-NW-(Elevation Gain = 1207 feet)** – Meet Jeff Krinsky (720-373-9107) for THE GREAT TOTEM POLE RIDE AKA THE HIDDEN GEMS OF INTERLOCKEN! This exciting ride full of twists and turns uses portions of the new Hwy. 36 Trail to take us on a loop that includes the hidden gems of Flatirons Mall, Interlocken, Standley Lake, and Rock Creek Village! We will meet at the Rock Creek Village Safeway, which is centrally located in Superior at the NW corner of Coalton and Rock Creek Parkway (Address is 1601 Coalton Rd., Superior). This ride is now 99.99% on paved trails.

## Monday July 11th:

**9:00 am FUN-H2-22 NE** Meet Wayne Tomasello (720-854-8767) at The Black-eyed Pea Restaurant off 104th at I-25 for a ride along the Farmers Highline Canal to Standley Lake. The ride is on mostly paved bike path with some dirt path. There is some street riding. Lunch after the ride is at The Black-eyed Pea.

**9:00AM FUN/FUN PLUS-H2-27-NW** Meet Merri Bruntz (303-517-9781) at Crown Hill Park (26th & Garrison) for a ride south to the Stone House and then east along the Bear Creek Trail connecting to the South Platte Trail. We will then ride north to REI and then back to the start via the Highlands and Wheat Ridge neighborhoods. Bring a sack lunch for a picnic afterwards.

**10:00 AM MTB P2.5, T2.5, Buffalo Creek THE RIDE:** Meet Steve Thomas for a ride on the Buffalo Creek Trails. The ride will be approx. 15 miles with some extended climbing and a few technical downhill areas. THE TIME: Meet at the Buffalo Creek parking lot at 10:00AM. THE DIRECTIONS: Go west on Hwy 285 past Conifer to Pine Junction. Go left on Pine Valley Road, highway 126, to Pine. The parking lot for Buffalo Creek will be on the right about 3.3 miles south of Pine. THE FOOD: Bring snacks, drinks and chairs for after the ride at the park. QUESTIONS: Contact Steve Thomas at 303-419-2531. Entry fee of about \$11, perhaps Or annual Pass.

## Tuesday, July 12th:

**9:15 AM FUN+-H3-29 miles-W-+1453' elev.** "Idaho Springs to G-Town Ice Cream & Return" MEET 09:00am, Roll 09:15am Register only via TEXT to leader by July 10. Meet Marilyn Choske (303-905-8510) for this Idaho Springs-to-Georgetown ice cream ride. Drive/meet directions follow description. Pedal on bikepath/trail thru Idaho Springs, onto Stanley Road to Georgetown. DBTC will treat you for your ride efforts with an ice cream treat. Return the same route. CASUAL climbing pace to and ZIPPITY-DO-DAH descent pace from Georgetown. Limit 10 riders, including leader. Ride will not go if it is rainy or the forecast is for rain in the morning. Call the leader if in doubt. DIRECTIONS: I-70 Exit 241. Take first RIGHT at the exit roundabout and follow the road up & over I-70. Just past the green sign, turn RIGHT towards County Road 314 (if you miss this turn, you're back on eastbound I-70!). Turn RIGHT at the stop sign & continue to the ballpark ahead and park on the north side of the park.

**8:30 LEISURE H1-15-SE Cherry Creek Reservoir** Meet Dave Noble (home 303-694-2008, cell 303-906-3163) at the Arapahoe Road trailhead for the Cherry Creek trail (just east of Jordan Road on the south side of Arapahoe Road) to ride around Cherry Creek Reservoir (near the lake) and return after visiting Tagawa Gardens. Lunch will follow at Pho Vy restaurant.

**10:00 AM, MTB P2,T2 Show'nGo Aldefers Three Sisters,** West Parking Show and Go ride; there is no leader, however riders may group up by ability, and choose trails they wish to ride, THE DIRECTIONS: Go to the signalized "T" intersection in downtown Evergreen, then south on Hwy 73 for ½ mile to another signal at Buffalo Park Road. Turn right (west) for 2.2 miles and enter the upper Alderfer parking lot just beyond the bright yellow house in the meadow. POSTRIDE: Bring a chair and snacks for a post ride picnic in the parking lot.Or diners could eat on the patio of the nearby Keys On The Green MAP INFO: Go to Jefferson County Open Space, click on Parks, click on Aldefer Three Sisters, click on map.

## Wednesday, July 13th:

# DBTC July 2022 Ride Schedule

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**9:00 AM FUN-H2-23 SW New Tunnel New Route** Meet Patty Gaspar (303-618-5069) at Broken Tee Golf Course (2101 W. Oxford, Englewood 80110) for a ride up Big Dry Creek to the Highline Canal. The canal is hard packed along this beautiful section of the trail that will have you humming Country Roads. I will be on my road bike, but a hybrid is better. We will go UNDER Hampden and Colorado Blvd. using the two new tunnels then 4 miles of downhill on Dartmouth and back. Picnic lunch after.

## Saturday, July 16th:

**8:30 AM FUN-H2-23 SE** Meet Ellen Fitzpatrick (720-209-2269) at the Broken Tee Golf course (2101 W. Oxford street, Englewood, which is just west of Santa Fe Dr.). Park far west end of parking lot, up against the bike path and Platte River, and meet there at the pavilion and bathroom area. We will leave at 8:45 latest, riding south toward the Chatfield dam and heading east on the C470 trail. We will continue east to the Ferrari place and turn left (north) on Clarkson bike lane for 3 miles. Then some neighborhood streets over to Big Dry Creek trail, to Platte River, and back to cars. Bring chairs and your lunch and we'll gather for an early lunch/social after. Call or text leader to reserve your spot as I'm limiting riders to 10 max.

**10:30 AM MTB P2, T2, Trails near Breckenridge** THE RIDE: Meet Steve Thomas for a ride on the trails near Breckenridge. The ride will be 12-15 miles with some extended climbing and a few somewhat technical downhill areas. The exact route will be decided at the ride start. THE TIME: Meet at the parking lot by the pond on Revett Dr. at 10:30AM. THE DIRECTIONS: From Frisco go south on Hwy 9 towards Breckenridge. After the stop light at the turnoff to the High School and Swan Mtn. Rd., go 2.1 miles to the turnoff for Revett Dr, which will be to the left. Go left on Revett approx. 0.5 miles to the parking lot adjacent to a small pond. We will start and end the ride at this lot. THE FOOD: We will get together at the parking lot for after ride snacks. QUESTIONS: Contact Steve Thomas at 303-419-2531.

## Sunday, July 17th:

**8:30 AM FUN-H2-21-NW - THE REALLY RADICAL RAT RACE RODENT RIDE RETURNS.** Meet Jeff Krinsky (720-373-9107) for this new ride that takes us around the trails of Rock Creek, Interlocken and Broomfield highlighted by the new bike overpass between Interlocken and Broomfield leading to never before seen trails!!! Come find out how this ride got it's name. Meet at the SE corner of the Safeway parking lot at the Rock Creek Village Shopping Center in Superior. Rock Creek Village is centrally located in Superior at the NW corner of Coalton and Rock Creek Parkway (Address is 1601 Coalton Road Superior, CO. 80027.)

## Monday, July 18th:

**9:00AM FUN/FUN PLUS-H2-23-SW** Meet Merri Bruntz (303-517-9781) at Reynolds Landing (6745 S. Santa Fe Dr) for a ride south on the South Platte Trail to Chatfield State Park where we will ride to the marina via trails and road. After a break we will return via the same route. Bring a sack lunch for a picnic afterwards.

**9:00 AM FUN-H1-20 NE** Meet Wayne Tomasello (720-854-8767) at Twin Lakes Park (226-318 W 70th Ave, Denver, CO 80221) for a ride on Clear Creek trail to the Platte River trail to 104th and return. Optional lunch at Micky's.

## Tuesday, July 19th:

**7:00 AM FUN PLUS+-H3-38 miles -1550' elev gain.** "Ride, Lunch, & Train" Register via TEXT to leader by July 18--Rider Limit of \*8\*. BEAT the HEAT-- MEET at 07:00am. Join Marilyn Choske (303-905-8510), at Crown Hill Park (26th & Garland) in Wheat Ridge. We'll pedal a large loop SW, E, and N, climbing W Colfax, Dinosaur, Mt. Carbon, and smaller hills east and north to the Platte. Bring \$ for lunch stop at Brooklyn's near Mile High. After lunch, hop on the air-conditioned W Line light rail and disembark at Garrison station. Leader will provide train tickets, compliments of DBTC. Ride the 2 miles back to Crown Hill. Bring masks for RTD, just in case. Ride won't go if it's rainy or the forecast is for morning rain. Call the leader if in doubt.

**10:00 AM MTB P2, T2, Staunton State Park** THE RIDE: Meet Steve Thomas for a ride on the Staunton State Park trails. The ride will be approx. 13 miles with some extended climbing and a few technical downhill areas. THE TIME: Meet at the lower parking lot (go right immediately after going through the entrance booth) at 10:00AM. THE DIRECTIONS: Go west on Hwy 285 past Conifer to S. Elk Creek. Exit S. Elk Creek and go right approx. 1.3 miles to the turnoff, on the right, to the park. THE FOOD: Bring snacks, drinks and chairs for after the ride at the park. QUESTIONS: Contact Steve Thomas at 303-419-2531.

## Wednesday, July 20th

**8:30 AM FUN-H2-25-S. CLEMENT PARK LOOP.** Meet Patty Gaspar (303-618-5069) in the West Parking Lot behind the library. The Clement Park Loop is west along Lily Gulch Trail out to C-470, then on C-470 Trail south and east to the Platte River Greenway, returning to Clement Park via the Columbine Valley neighborhood.

## Thursday, July 21st:

# DBTC July 2022 Ride Schedule

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**8:30 LEISURE H2-23-SE Cherry Creek Res + Highline Canal** Welcome new ride leader Bill Luttrell Lrwillutt@aol.com 719 235-3868 at Eisenhower Park 4300 E. Dartmouth Ave next to the pool. A Moderate loop ride on paved roads and bike trails, bike lanes for the first 5 miles then around Cherry Creek Reservoir on Cherry Creek Trail and finally back on the Highline Canal Trail. Bring snacks for a stop at the Reservoir. We will also stop to look at chain saw mamas animal wood carving on the highland canal. There are some hills and most of the climbing is within the first 5 miles and total elevation gain is 764 ft.

## Saturday, July 23rd:

**9:00 AM FUN PLUS-H3-25-Frisco (Elevation Gain = 1646')** Meet Jeff Krinsky (720-373-9107) for THE FREE ICE CREAM TOUR OF VAIL PASS. We will meet at the Summit Middle School parking lot in Frisco and ride the multi-use trail through Frisco and Copper Mountain, culminating at Vail Pass. We will enjoy the view and then return to Frisco where DBTC will purchase ice cream for all riders at the Foote's Rest Sweet Shop in Frisco. Directions to Summit Middle School, 158 School Rd, Frisco: Drive westbound from Denver on I-70 to Exit 203, and take the roundabout exit that leads south onto the bridge crossing I-70. Continue south on Summit Blvd. (Hwy 9) for .8 miles to the stoplight intersection of School Rd. & CR 1040. Turn left onto School Rd., and look for DBTC members in the parking lot.

## Sunday, July 24th: Summer Picnic at Anderson Park

**7:30 AM FUN PLUS-H3-32 miles-1700' elev gain.** "2022 Summer Picnic NW Loop" Register via TEXT to leader by July 22--\*LIMIT 10 riders\*. BEAT THE HEAT--meet 07:30am, depart 07:45am. Join Marilyn Choske (303-905-8510), at Anderson Park, back parking lot, for this ambitious counter-clockwise loop route. Ride north to access Arvada hills, then west to go over Blunn (aka Arvada) Reservoir from the east. Short dirt trail to, then thru, Golden neighborhood, then a short ride around the east entrance area of White Ranch. If too early to return to Anderson, we'll take group consensus to stop for a cool coffee or tea refresher beverage; bring \$ for your purchase. Then easy riding back to the picnic!

**8:00 FUN-H2-27 -NW** Meet Ellen Fitzpatrick (720-209-2269 at Anderson Park (44th & Field) for a ride on the Clear Creek Trail to Sloans Lake. Register via TEXT to leader by July 22--\*LIMIT 10 riders\*. We will take neighborhood bike designated streets (Tennyson has a long hill, Perry Streets) to Sloans lake (brief stop), and continue to Lakewood gulch to the Platte. We can stop at Confluence Park for a short beverage/rest stop break before continuing on the Platte trail to Clear Creek and return in time for the picnic. Average speed 11-12, elevation +/- 400'.

**8:30 AM LEISURE H1-21-NW** meet Dave Noble (home 303-694-2008 cell 303-906-3163) for a loop ride from Anderson Park on some roads and trails (Ralston Creek, Blunn, and Von Bibber) and back for the club lunch.

**8:45 AM LEISURE H1-18-NW** Clear Creek Trail to Twin Lakes and back meet Marcy Rodney (phone 720-985-3403, no voicemail, text fine) for a ride on the Clear Creek trail from Anderson Park to Twin Lakes Park and back for the club lunch.

**9:00 AM FUN-PLUS/INT-H2-23 miles-NW** Meet Peter Woulfe (540-219-6674), at Anderson Park (44th & Field) . We will ride west on Clear Creek Trail to McIntyre, then on to the Ralston Creek, Blunn, and Van Bibber Trails, a few streets to Easley and then back to the Clear Creek Trail and return.

**9:00AM FUN-H2-21 miles-NW** Meet Merri Bruntz (303-517-9781) at Anderson Park (44th & Field) for a ride on the Clear Creek Trail to the Peak to Plains Trail which we will take to the current construction point. We will then return to Parfet Park in Golden for a break returning to the start on the Clear Creek Trail.

**Don't want to ride? Join us for lunch!**

## Monday, July 25th:

**9:00 am FUN-H2-20 NW** Meet Wayne Tomasello (720-854-8767) at Original Brooklyn's (2644 W Colfax Ave, Denver, CO 80204) for a ride on Lakewood Gulch to Garrison to Sanderson Gulch to the Platte River to complete the Loop. Optional lunch at the Original Brooklyn's.

**9:00AM FUN/FUN PLUS-H1-20-NW** Meet Merri Bruntz (303-517-9781) at Twin Lakes Park (west of Broadway on 70th, 300 W 70th) for a ride east on the Clear Creek Trail to the South Platte Trail and south to REI. After a break we will return via the same route. Bring a sack lunch for a picnic afterwards.

## Tuesday, July 26th:

**INT-H4-25-2470' elev. gain. West** "The Sweet Georgetown-to-Loveland-Valley-&-Return Ride" Register via TEXT the leader by JULY 24. Meet 07:37am; ROLL on-time at 08:00am. Join Marilyn Choske (303-905-8510) in Georgetown (location TBA) and pedal up--via bike paths and quiet roads--to Silver Plume and on to Bakerville's 5-mile bike path that spills out onto Hwy 6 just below the Loveland Valley ski area lodge, where everyone will take a (longer) snack break. Return the

# DBTC July 2022 Ride Schedule

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same way for a dy-no-mite descent and stop en route at Georgetown Valley Candy Company for ice cream--bring \$ for your purchase. If you've been riding and conditioning yourself for a real challenge, join us for this adventure. Because it's an out-and-back, you're welcome to turn around at any time, and we'll meet you back in G-town for ice cream. CASUAL uphill pace, meaning at YOUR comfortable pace. Limit 8 riders, including leader. Ride will not go if it is rainy or forecast for morning rain. Call the leader if in doubt. Remember that this is mountain riding -- warm, waterproof wear!

**10:00 AM, MTB Show'nGo P1, T1.5**, Easy Cooler Lunch Ride - Flying J Ranch Park. These are Show'nGo Rides: there is no official leader. Riders can group according to ability. Flying J Ranch is near Conifer. Meet at the main trailhead (north lot). DIRECTIONS: From C-470 go south on US 285 approximately 12.5 miles to Aspen Park. Exit at Barkley Road and go left onto Barkley for a half-mile to County Road 73. Go right on County Road 73 for about three-fourths of a mile to the Flying J Ranch Park sign. Turn left into the park and travel a half-mile to the trailhead parking lot. ((You can also arrive there via Evergreen if I 70 is more convenient for you than highway 285. )) Map and info: <https://www.jeffco.us/1220/Flying-J-Ranch-Park>. POSTRIDE: Bring a chair and snacks for a post ride picnic in the parking lot.

## Wednesday, July 27th:

**8:00 AM FUN-H1-26 miles-SW** Join Linda Wheeler (419-973-8282) at Hollow Golf Course 13410 Morrison Road, Lakewood. We'll ride the Bear Creek Trail to the South Platte to Nixon's Coffee and back. We'll enjoy breakfast/lunch afterwards at The Den, Fox Hollow's Restaurant with a beautiful view of the course.

## Friday July 29th:

**9:30 AM LEISURE H2-10-W** MAYHEM GULCH Meet Richard Gieseler and Suzanne Gruba (303-946-8996) at the Mayhem Gulch Trailhead in Clear Creek Canyon on Hwy 6 west of Golden for a ride on the scenic Peaks to Plains paved trail along Clear Creek. Some longish hills with a bit of a grade. Mountain bike gears are good. Bring a snack for a picnic after or during the ride.

## Saturday, July 30th:

**9:00AM FUN/FUN PLUS-H2-25-SW** DBTC will provide cupcakes to celebrate Merri's birthday! Meet Merri Bruntz (303-517-9781) at Broken Tee Golf Course (west end of parking lot at 2101 W. Oxford in Englewood). We will ride the South Platte Trail north and then ride west along the Bear Creek Trail over the Bear Creek Dam to Morrison. After a break we will return via Morrison Road to Fox Hollow Golf Course, where we will meet up with the trail and ride back to the start. Bring a sack lunch for a picnic afterwards.

## Sunday, July 31st:

**8:00 AM FUN PLUS H2-33-SE** Meet Ellen Fitzpatrick (720-209-2269) at Arapahoe Trailhead (15200 East Arapaho Road, Centennial), on the south side of Arapahoe Rd, just east of Jordan Road. We will ride out to and around Aurora Reservoir (and take a break at the Marina) going north on the South Cherry Creek Trail into the Cherry Creek State Park, then connecting to the Piney Creek Trail east. Bring snacks and water as the marina store may not be open early. Bring lunch and we'll gather after the ride. Call or text me to sign up for the ride as limiting to 10 riders max.

## Monday, August 1st:

**9:00AM FUN/FUN PLUS-H2-19-SW** Meet Merri Bruntz (303-517-9781) at the Stone House (Estes & Yale along the Bear Creek Trail). We will ride east on the Bear Creek Trail to the South Platte Trail taking it south to Nixon's Coffee at Hudson Gardens for a break. We will return via the same route. Bring a sack lunch for a picnic afterwards.