



The Colorado Bicyclist

Newsletter of the Denver Bicycle Touring Club

April 2023

INSIDE...

Club News from the President	p. 2
New Members	p. 2
Club Sponsors	p. 3
MTB Give Back	p. 4
10 Things to do After a Crash	p. 4
Your 2023 Event Coordinators	p. 4
Rooney Red Rocks Photos	p. 5
Bear Creek Updates	p. 6
Arsenal Ride Photos	p. 7
Fred Tarbell Ride Photos	p. 7
Advance Planning Calendar	p. 8
MTB Ready	p. 8
Maps	p. 8
Letters to the Editor	p. 9
Email Addresses	p. 9
Upcoming MTB Rides	p. 9
More Ride Photos	p. 10
News From You	p. 11
Volunteers For Spring KO	p. 11
For Sale	p. 11
MTB Ride Photos	p. 12
Announcements	p. 13
Ride with GPS	p. 13
Club Mission Statement	p. 13
Social Media	p. 13
Ride Schedule	p. 14-18

Advance Registration Required

SPRING KICKOFF

We plan to have a rip-roaring bash!

WHEN: Saturday, May 6th, 2023

TIME: 8:30am – 1:30pm

WHERE: Clement Park, Littleton, Shelters P and Q

SCHEDULE: 8:30 – 10:00 Leisure, Fun & Fun+ Rides to be arranged by some of your favorite Ride Leaders. More details to be posted soon.

12:00pm Lunch will be served to those who have prepaid – see below.

HOW TO REGISTER AND PAY:

Register at dbtc.org. Payment is only accepted with Visa, MasterCard, Discover and AmEx. Checks and PayPal are no longer accepted.

You'll need to pay when registering, payments will not be accepted at the event. After all, we need to know how many are coming ahead of time so we have enough food for everyone.

***Come for the picnic only, come for a ride only, or come for both!
We'd love to see you there!***

DBTC's Officers

President
Mark Shimoda 303-514-6248
president@dbtc.org

Vice President
Virginia Dudley 303-810-0233
vicepresident@dbtc.org

Secretary
Ron Vasquez 303-264-9684
secretary@dbtc.org

Treasurer
Cynthia Withers 720-480-4766
treasurer@dbtc.org

Board Members at Large

Suzy Ward 720-355-3268
boardmember1@dbtc.org

Maria Elena 720-364-0149
boardmember2@dbtc.org

Ruby Frederick 303-522-3573
boardmember5@dbtc.org

Riggs Osborne 720-428-2602
boardmember3@dbtc.org

Tom Fitzgerald 303-424-1082
boardmember4@dbtc.org

Directors and Staff

Director of Ride Activities
Patty Gaspar 303-989-8268
ridecoordinator@dbtc.org

Out of Town Tour Director
Kathy Stommel 719-671-5579
OutOfTownTours@dbtc.org

MTB Coordinator
Steve Thomas
mtbridecoordinator@dbtc.org

Fun Ride Coordinator North
Jeff Krinsky 720-373-9107
intridecoordinator@dbtc.org

Fun Ride Coordinator South
Open Position
FunRideSouth@dbtc.org

Intermediate Ride Coordinator
Jeff Krinsky 720-373-9107
intridecoordinator@dbtc.org

Weekday Fun/Int Ride Coordinator
Patty Gaspar 303-989-8268
ridecoordinator@dbtc.org

Leisure Ride Coordinators
Jill McMahon
Marcy Rodney
leisure@dbtc.org

Information Coordinator
Cindy Klepinger
info@dbtc.org

Membership Database/Webmaster
Jeff Krinsky 720-373-9107
webmaster@dbtc.org

Communications Director
Kathleen Shelton 303-264-9878
communications@dbtc.org

Guest Relations
Open Position

President's Message

Mark Shimoda



Demographics can have an influence in an organization and DBTC is an example of that. Our membership has grown older over time and that means fewer members, fewer people riding, fewer people attending events, fewer people volunteering. And DBTC is a volunteer-led organization so this impact is significant.

Putting on the Spring Kickoff event May 6, 2023, Saturday, will take about 15 volunteers and about 40 hours of volunteer time. Of those 15 volunteers, some will put in as many as 10 hours organizing the event, soliciting volunteers, shopping, setting up the pavilions P and Q at Clement Park. With fewer members in our club, fewer members willing and able to help with events like the Spring Kickoff, the Board and I have had to find ways to accommodate a changing membership. For events, that means simplifying events. This year, we are eliminating breakfast and table talks. This will mean two fewer people to shop for breakfast food and drink items and to bring it to Clement Park, one fewer person to set the food and drinks up and one fewer to clean up after this portion of the event. This saves four volunteer slots.

For the club as a whole, I as President and the Board are looking for ways to make the operations of our club more efficient. We have to. One way is to eliminate cash and check as payment for events and membership dues.

How does this help with efficiency? Let's track a payment made with a check. If a member makes a dues payment with a check, Virginia Dudley, our Vice President, has to drive to the post office twice a month. This distance of 10 miles takes her about 11 minutes on a Sunday evening. Then she has to get out of her car, go into the post office, unlock the mailbox, collect the mail, return to her car and drive home. Once home, she has to scan each check and send it to our Treasurer, Cynthia Withers. Virginia will spend approximately 22 minutes driving to and from the post office and about 8 minutes collecting the mail and scanning the checks will take her about 15 minutes. Doing this 24 times/year will take her about 1080 minutes or 18 hours/year. This is all volunteer time, and she is also Editor of the newsletter!!

Our Treasurer, Cynthia Withers, has done a great job since taking over as Treasurer. Her background as a CPA and software consultant has given her the tools necessary to navigate through our data management system, Wild Apricot, and with the introduction of Quicken, now has a system that will operate very efficiently, especially with no checks.

Our website has a new payment page which was formatted by our technology master, Jeff Krinsky. The only payment option now is with credit cards. Once the credit card information is filled in and the enter payment key is hit, the information goes into Wild Apricot, and then directly into Quicken. No volunteer has to touch this transaction. Zero time!!!!

Virginia and Cynthia and our past Treasurers deserve a big "Thank You" for their efforts handling checks and cash in the past.

Jeff Krinsky says our new payment page is already up and running and will be ready for payments for the Spring Kickoff. Payments will be accepted after April 6, for the May 6th, Spring Kickoff at Clement Park.

A word about the DBTC Liability Waiver and the signatures needed. Our insurance policy requires that for our liability insurance to be effective, each member of our club must sign the waiver on a yearly basis. Then, for each and every bicycling activity, the member must again sign the liability waiver which is handed out by ride leaders before each ride. This sheet with signatures must then be maintained for three years. A Google Drive site is presently being set up for this purpose. (Biking is the only activity covered under our policy, not skiing, not hiking.)

Why the emphasis on this liability waiver when this was not done in the past? In this litigious society, we need to protect our ride leaders and members in the event that there is a lawsuit. Also, all members are granted secondary medical insurance

continued on page 3...

WELCOME
NEW DBTC MEMBERS

Jennifer Keen
Christiane Schmenk
Mike Schmenk

A Big Thank You to Our 2023 Sponsors!



Charnes Tours - www.charnestours.com

Looking for a great bike vacation in Europe? Charnes offers both self-guided and guided bike tours in Italy, Germany, Austria and Croatia with a new trip in Albania in 2023. David Charnes lived in Italy for 30 years and is experienced and eager to share the latest news about biking in Europe!



kw KELLERWILLIAMS.
REALTY, DTC LLC
Each Keller Williams brokerage business is independently owned and operated

Jim Holmes

Jim is both a cyclist and a seasoned realtor of over 40 years who merged his real estate practice with the Kiker Team, Keller Williams Realty, DTC in 2018. Jim and his brother Bill served on a DBTC committee in the mid 90's that helped create and market the official club Jerseys and Tee Shirts still seen around today! Jim is passionate about empowering seniors to live as independently as possible with the best quality of life.



Financially Speaking, Inc. – www.financiallyspeakinginc.com

Phil Luccock, founder and president of Financially Speaking, Inc., is an avid cyclist and long-time supporter of the DBTC. He and his diversely talented team strive to ensure that clients receive the personal service and professional recommendations needed to achieve their unique financial objectives. As a fee-only financial advisor, we do not sell anything or receive commissions, thereby avoiding potential conflicts of interest. At Financially Speaking, Inc., we want to do more than help our clients build wealth; we want to help them live a richer life. Initial consultations are always free of charge.

... *President's Message continued from page 2*

coverage by signing this waiver and are protected by a lawsuit against them if they are involved in an accident, e.g. a member accidentally overlaps wheels with another rider and they go down and the injured sues another member.

Ride leaders are DBTC's most important volunteers. If club activities are ranked by order of importance, bicycle rides are our most important activity and ride leaders make this happen. DBTC must protect our ride leaders. But, yes, ride leaders must follow protocol and have each rider fill out the liability waiver sheet and then submit it to the Google Drive site which is being set up. So "Thank You" ride leaders for your efforts and sorry you have to have riders sign these sheets and submit them to our Google Drive site.

I am in consultation with a lawyer, Brian Weiss, Bike Law, and we are having him review our liability waiver and its wording. We are also looking at possible ways to simplify this entire process of liability waivers and he has suggested that he talk with our insurance company to see if a simpler protocol can be worked out. I will keep you all updated if progress is made on this front.

For now, you, our loyal and treasured DBTC members, please accept these changes on **payments** and **liability waivers** as they are being initiated for the protection of everyone, members, ride leaders, board members, officers.

Mt Bikers Get Back on Single Track

Returning to the format of previous years after a Covid halt, the mountain bikers met on March 12, 2023, in the community meeting room of Jennifer Saxhaug's HOA. Steve Thomas is the 2023 ride coordinator for the mountain bike group and he publicized the meeting tempting the group with pizza and pop. So on this cold March afternoon, twelve mountain bikers met to set up a ride schedule for April through September. Thirty-three rides were offered by nine volunteers. They are Liz Cameron (7 rides), Jeff Baysinger (6 in two out of town trips), Steve Thomas (4 plus a 5 day out of town trip), Dick Plastino (4, 3 of which are basic mt biking clinics), Janet Martel (2), Alison Preble (2), Jennifer Saxhaug (2), Steve Farley (1), Val Mee (1) and Cathy Pimm (1). Thank you all!!

Over the past couple of years Liz Cameron and Dick Plastino have kept the mtb group riding with Liz offering "Show and Go" rides on Tuesdays throughout the summers and Dick Plastino leading rides almost every week. This year's rides includes Liz and Dick's offerings as a core and builds upon them with many more members chipping in. A big "Thank You" to Liz and Dick for their past years' service and "Thank You" to this year's leaders.

A special mention to Jennifer Saxhaug who offered to donate the \$50.00 for the facility in the name of long time member, Mary Stewart, who recently and suddenly passed away. Also, thanks to Steve Thomas who got the ball rolling for this event, paid for pizza and pop out of his own pocket, picked up the pizza and pop, and ran the meeting getting almost everyone there to volunteer to lead a ride.

A significant portion of the meeting was centered around the issue of mountain riders needing to sign the "Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement." It was stressed that this document is needed to protect not only ride leaders from liability issues but also riders who could face a law suit from another rider should an accident happen. Secondary medical coverage is also a benefit for a member who might incur medical expenses from a fall. Finally, mountain biking being inherently more dangerous than road riding, it is important to have phone numbers for all riders and for an emergency contact.

The afternoon was successful in meeting its goals and the mt bikers are ready to ride. A good time was had by all and it felt good meeting up again with great riding friends.

Mark Shimoda
Mt biker and President

Your 2023 Event Coordinators

Here are your event coordinators for 2023. They will be the primary person(s) responsible for the listed event but must depend on about 15 others to help roll out these events. Please offer **two hours of your time** and help make these events fun for all.

Spring Kickoff

Saturday, May 6th, Clement Park
Tom Fitzgerald

Summer Picnic

Sunday, July 23rd, Prospect Park
Mark Shimoda

Caramel Apple

Saturday October 7th, Broken Tee
Ruby Frederick

Volunteer Recognition Dinner

To be decided
Ron Vasquez, Riggs Osborne, Cynthia Withers

10 Things to do After a Crash

Crashes Are Not Accidents (Usually a Driver Is Not Paying Attention)

1. DO NOT MOVE YOUR CAR
2. ALWAYS CALL 911 AND REQUIRE A POLICE CRASH REPORT
3. IF HURT – GET MEDICAL ATTENTION RIGHT AWAY
4. GET DETAILS FROM POLICE
5. RECORD WITNESS CONTACT INFO
6. TAKE CRASH PHOTOS OR VIDEOE
7. GET ALL THE AUTO INSURANCE INFO
8. DEAL WITH DAMAGED PROPERTY
9. STAY OFF SOCIAL MEDIA
10. DO NOT GIVE A RECORDED STATEMENT TO AN INSURANCE COMPANY BEFORE TALKING TO US

Provided by Brian Weiss from Weiss Law. Brian Weiss is an active bicyclist.

Rooney Red Rocks with Bill



On July 29th, 2022, new intermediate ride leader Bill Lutrell led the pack of riders up the hills near Red Rocks. Beautiful views complemented the perfect riding weather.



DBTC Cycling Jerseys!

Do you need a DBTC Cycling Jersey? The order desk will be open at the Spring Kickoff on May 6 so you can get one! Sample jerseys will be there so you can try them on for size. Primal requires a minimum of 10 jerseys to be ordered so if there aren't enough ordered, the order will be canceled. Bring your credit card to pay for it when the order is placed. No payment, then no order. The payment goes to Primal; if the minimum of jerseys isn't met, then Primal will refund your money.



Bear Creek Trail Update

Phase 4: Bear Creek Trail construction occurring between S. Estes St. and S. Kipling Pkwy:

The long duration of the Phase 4 detour is due to the structural work at the Estes St. underpass and the replacement of the "Beaver Dam" or "90-degree" bridge between Estes and Kipling. The safety improvements under Estes include realignment of the trail approaches to improve trail slope, width and sightlines. This change requires new walls at the edge of the creek and storm drain extensions on both sides of Estes.

The new bridge in this reach will span the creek at a lesser angle to soften the approach curves to improve safety. The bridge will feature mid-span "outlookers" to allow users to get off the trail and enjoy the view or snap some Instagram pics.

A new, natural surface trail loop, south of the main trail, will provide access to a new addition to the greenbelt, providing an elevated view of the valley above the 90-degree bridge.

To view the Bear Creek Trail Site Plan: LakewoodTogether.org/BearCreekTrail for more information about this project.

Phase 6 of the Bear Creek Trail is now open from S. Kipling St. to Fox Hollow Lane. The only current closures are the Bear Creek Trail from S. Estes to S. Kipling Streets and the Stonehouse Bridge.



BEAR CREEK TRAIL IMPROVEMENTS: PHASE 4
(July 18-December 23, 2022)

Rocky Mountain Arsenal with Cyndy



On Sunday, March 5th, Cyndy led riders on a tour of the Rocky Mountain Arsenal and Wildlife Refuge. Fun ride complete with a tour through the Wildlife Center, finishing up at Cake Crumbs!

New Ride Leader Fred Tarbell



On August 5th and on August 12th, Fred Tarbell led riders on a Sand Creek and Northfield Loop and a North Platte Fun Ride.

Want to get MTB Ready?

In May, there will be 3 or 4 weekend lesson sessions for never-done-it-before mountain bikers and those who are very beginning novices. Although everyone starting off wants to ride right away, the beginning of each session will be talk, putting information into the class participants heads such as Types of Mountain Bikes, Gearing, Brakes, Pedals, Clothing, Maintenance and Techniques of Riding.

Each class will begin with a sit down session at a picnic table.

You can bring any type or age of gravel or mountain bike since when the group does ride, it will be on fairly smooth trails in Bear Creek Lake Park or Chatfield State Park.

The first class will be started at the basic level and no experience is needed except for knowing how to ride a bike of any type such as a road bike, a cruiser, a fat tire, etc. To make sure you feel comfortable starting off with basic instruction, the instructor, Dick Plastino, is not allowing experienced mountain bikers to attend the class. Class size will be limited to 10 and posted on the Denver Bicycle Touring Club MeetUp site.

Plan a Ride With the DBTC Bike Route Map!

Plan a Ride with the DBTC Bike Map! Special offer: Right now existing members who want a copy may, in exchange for a small donation, contact mjchoske@gmail.com for a copy to be mailed to them. This newly revised map adds new routes, paths, and trails for bicycling adventures. It also includes more identifiers for major streets, bike routes, and trails. New members receive a copy of the map after they sign up.



2023 ADVANCE Planning CALENDAR

DBTC Events

May 6

DBTC Spring Kick-Off
Clement Park, Littleton

June 28

Bike to Work Day
Denver

July 23

Summer Picnic
Prospect Park, Wheat Ridge

Oct 7

Caramel Apple Rides
River Run/Broken Tee

Nov – Date TBD

Volunteer Recognition Dinner

2023 Colorado Upcoming Events

Check the website for each event to get all of the latest information for it.

The following are not DBTC events, Club insurance will not be applicable.

May 12-14 – MTB

[Fruita Fat Tire Festival](#)

You can also demo mountain bikes with registration and a demo pass.

Fruita, CO

Jun – Month of June for Virtual Ride

[Pedaling 4 Parkinson's](#)

Jun 4 –Elephant Rock

[12, 45, 62, 100 mile routes](#)

Castle Rock CO

Jun 11 – 16

[Ride the Rockies](#)

6 days – 32 to 91 miles

Total of 308miles and 26,890 elevation gain
Fort Collins, Estes Park, Allenspark, Grand Lake, Winter Park, Gilpin County, Ft. Collins

continued next page...

Letters to the Editor

Got something nice to say about our club that everyone should hear?

How about a suggestion for a caterer for an event?

How about an idea for our newsletter?

This is your club. Let's hear from you. Please send your written thoughts to dr.shimoda@comcast.net. If your letter is appropriate, it will be printed in the next newsletter. Please limit your letter to 150 words.

Upcoming MTB Rides

MeetUp is being used to manage and coordinate these rides so see the details there and sign-up through Meetup.

April 19-21 Canon City MTB ride

May 8-11 Fruita MTB ride

May 28 Boulder MTB ride



DBTC Email Addresses

Why are email addresses missing from many of the Board and Officers' listings?

The Board is looking at continuing with the present system which has required considerable maintenance on the part of Jeff Krinsky, has been unreliable, and costs \$287.76/year. The system does offer security for each individual and has been in use for a number of years. The option being considered is to make use of free email addresses provided by for example, Google's gmail.com. This free option is reliable, can offer security for each person but will have to be set up by each individual each year. A decision will be made for one option or the other soon.

2023 ADVANCE Planning CALENDAR

Jun 24 - 25

[MS 150](#)

32, 60, 80, 100 mile options
Westminster, Fort Collins, Westminster

July 15

[Tour de Steamboat](#)

Gravel – 50, 100 mile routes
Road – 26, 44, 66, 100 mile routes
Steamboat, CO

Jul 22

[Triple Bypass](#)

118 miles Evergreen to Aspen

Jul 29

[Tarry-It-Up](#)

30, 50 and metric century routes
Tarryall, CO

Aug 5

[Copper Triangle](#)

79 miles, 6500' elevation gain
Copper Mountain, CO

Aug 12

[La Veta Century Ride](#)

102 miles, 7500' elevation gain
La Veta, CO

Aug 26

[Venus de Miles](#) (women only)

33, 66 and 100 mile routes
Boulder County, CO

Sep 9

[Tour of the Moon](#)

41 and 64 mile routes
Grand Junction, CO

Sep 16

[Tour de Vineyard](#)

23 and 58 mile routes
Palisade, CO

Sep 23

[Denver Century Ride](#)

24, 50, 85 and 100 mile routes
Denver, CO

Reservoir to Reservoir with Wes & Ruby



On August 7th, 2022 Wes & Ruby led a group of riders from Aurora Reservoir to Cherry Creek Reservoir.

MTB 3 Sisters



On August 2nd, 2022 these MTB riders gathered for a snack after their ride at Alderfer/3 Sisters.

Tom's Chatfield Ride



On September 3rd 2022, new ride leader Tom Fitzgerald led the way around Chatfield with a group of riders.



Volunteers for Spring Kick Off are Needed May 6th 2023

Please volunteer for one of the tasks so we can put on a really fun event for all our members.

GATHERERS, SET UP, SERVERS, CLEAN UP – We need someone to complete each of the following tasks:

- ___ Pick up 80 lb ice and deliver to Clement Park at 11a
- ___ Pick up coffee from Starbucks on Wadsworth near Clement Park and deliver to site at 11am
- ___ Pick up sandwiches from Costco at Wadsworth and Quincy and deliver to Clement Park at 11am
- ___ Pick up vegetarian sandwiches from Subway at Pierce and Coal Mine and deliver to Clement Park at 11am
- ___ Help set up food, drinks, service items and serve sandwiches, 11-12:30
- ___ Clean up, 2:00-2:30pm.

If you would like to help out by volunteering with one or more of these positions, please reach out to the event coordinator, Mark Shimoda. Help your club put on a nice event, meet new people, really be a part of our club.

Thank You,

Mark Shimoda
President
Event Coordinator

[Click Here to send Mark an email with what you would like to help with](#)

News From You!

We would love contributions for the newsletter from you.
Some ideas are:

- Bicycling jokes and cartoons
- Bicycling articles – how to, new gadgets and more
- History of local streets and bike paths that we ride on a lot

Send them to Virginia Dudley.

FOR SALE

PEARL IZUMI WOMEN'S SHOES

Pearl Izumi Women's size 8/39 EU ALL-Road v5 Bike Shoes with SPD cleat compatibility. Excellent condition, never worn outdoors, \$50.00 OBO. Call/text Ruby at: 303-522-3573.



MTB Bear Creek to Red Rocks



On Friday, February 3rd, Dick Palastino led the way on trek from Bear Creek to Red Rocks. After, they all headed to Moe's Barbeque for lunch!

MTB Waterton Canyon



On September 30th, Mountain Bikers made their way through Waterton Canyon.



DBTC Announcements

TIME FOR MORE RIDE LEADERS – now that many of you have joined rides led by others last year, we want you to consider becoming a ride leader yourself! Please contact your ride coordinator to explore the possibility, have them explain some of the basics and help you to draft a sample route description. I'm sure you have at least a couple of routes right in your neighborhood, and that's all it takes to try out leading a couple of rides this month. Give it a whirl!

Here's how to contact one of the ride coordinators:

South: Position Open

Weekday: Patty Gaspar patty@gasparjones.com

MTB: Cathy Leibowitz cathy.leibowitz@yahoo.com

North: Jeff Krinsky jkrinsky2003@yahoo.com

Leisure: Jill McMahon jillmm7@gmail.com

& Marcy Rodney, mrodney@rsiresearch.com

MAP SALES: We are down to only about 90 maps left from our 2019 map printing. At the June 2021 Board meeting, your Board voted to suspend further map printing at this time and not develop or publish a 2022 map. However, if you are one of those riders who thinks maps are still important, please contact any Board member if you want to help research the possibilities for 2023, we would need to find a new publisher, develop an on-line map system, and/or expand and update our route library. Contact any Board member to comment or volunteer to help. We could assign you to one or two discrete and non burdensome tasks!

DBTC Mission Statement - 2020 and Beyond

The Denver Bicycle Touring Club (DBTC), a non-profit corporation run by volunteers, is the original bicycling club of the Denver Metro area.

The Mission Statement of the Denver Bicycle Touring Club is to:
Organize and sponsor all levels of rides for bicycling enthusiasts. Promote recreational and commuter cycling, bicycle safety, and bicycling education to the general public. Advocate and support bicycling routes with local governments in the Denver Metro area.

Social Media for DBTC

Become a member of these social media sites for relevant cycling news, last-minute rides and social activities with fellow members, such as ski trips and movies.



To follow us on Facebook:

Go to [facebook.com](https://www.facebook.com) and join the DBTC page where you can find links to articles discussing the cycling community along the front range.



To join Meetup:

Go to [meetup.com](https://www.meetup.com) and join the DBTC Meetup by searching for "Denver Bicycle Touring Club" in Groups.

Plan A Ride with the DBTC Bike Route Map!

Plan a Ride with the DBTC Bike Map! Special offer: Right now existing members who want a copy may, in exchange for a small donation, contact mjchoske@gmail.com for a copy to be mailed to them. This newly revised map adds new routes, paths, and trails for bicycling adventures. It also includes more identifiers for major streets, bike routes, and trails. New members receive a copy of the map after they sign up.



DBTC *Spring* 2023 RIDES

Spring has Sprung! Time to lube the bike and pump up the tires and join us. There are scheduled rides almost every day and sometimes two!

If you'd like to include an activity in the newsletter for May, please email it to patty@gasparjones.com by the 20th for the next newsletter or contact Patty at 303-618-5069. Nov/Dec and Jan/Feb are combined.

You are welcome to post rides on MeetUp by contacting either Jeff Krinsky jkrinsky2003@yahoo.com or Patty Gaspar patty@gasparjones.com. If you have lead rides in the past we will post it for you. If you have never lead a ride we will work with you to get you up to speed.

South: Position Open
 Leisure: Jill McMahon jillmm7@gmail.com
 & Marcy Rodney, mrodney@rslresearch.com
 North Fun & Int: Jeff Krinsky jkrinsky2003@yahoo.com

Weekday: Patty Gaspar patty@gasparjones.com
 MTB: Cathy Leibowitz cathy.leibowitz@yahoo.com
 & Jim Black jb@jamesblack.org

If you'd like to include an activity in the newsletter for March, please email it to patty@gasparjones.com by the 20th for the next newsletter or contact Patty at 303-618-5069. Nov/Dec and Jan/Feb are combined.

Pace of Ride	Difficulty of Terrain	Distance	Quadrant of City	Departure Time
Leisure or Roses (Avg. 8-10 mph) No Drop Rides Fun – (Avg. 9-12 mph) No Drop Rides Fun Plus – (Avg. 11-15 mph) INT - 15+ pace shown (i.e.15-18 mph) ATB – Unpaved Roads MTB – Mountain Bikes	H1 – Flat H2 – Hilly H3 – Some Steep Climbs Alt gain shows 1800 ft. H4 – Serious Climbs T1 Beginner to T4 Highly skilled riders; P1 to P4 physical conditioning required	This is an estimate – options may be offered	NW NE SE SW W	Arrive early enough to unload your bike and be ready to leave at the time shown.

Assume rides are canceled if the temperature is below 40 degrees at start time or it is raining or snowing, but the ride leader can specify a minimum temperature or cancel because they do not like the conditions. Be ready to start at the time listed – tires pumped up and bike ready. The ride leader is not a mechanic so if your bike needs repair, please take it to the shop.

Ride Locator: There is a guide to the most frequent start locations on our website – www.dbtc.org. You can also go to Ride with GPS to map rides.

Twitter account: @DenverBikeClub – note many members do not tweet.

DBTC Meetup group at <http://www.meetup.com/Denver-Bicycle-Touring-Club/> can be used to post rides as well. Once you have posted your ride, we will review the ride information to be sure it complies with the club requirements, then upload it to the Meetup website, where you can edit your ride. Meetup is open to the public and can increase the number of riders on your rides and, hopefully, club members. Rides cannot conflict with the already-existent ride schedule. If you have registered with Meetup, we will post your scheduled rides.

We are also on Facebook, if you want to share pictures or bike-related news there.

Please Note:

- Joining either Facebook, or the Meetup Group does not make you a valid member of the DBTC.
- If your email address changes, you must send your new email address to webmaster@dbtc.org to continue receiving the monthly newsletter.

Fall/Winter Riding Guidelines

- Weather:** No snow or rain and above 40
- Clothing:** wear layers and bright colors over dark jackets
- Other:** bring water, repair items and a snack

Leaders can cancel a scheduled ride if they think the weather is unpleasant, trails or roads may be icy, or no one has responded to MeetUp to register so they are not expecting any riders. If you signed up on MeetUp you will be notified if the ride is cancelled.

DBTC April 2023

Weekday Skiing with DBTC

Love to ski or would love to learn? Hate the crowds, the long lift lines, the I-70 traffic and the inflated ticket prices? Loveland is the place for you! This great classic ski area is the closest area to Denver at 57 miles from downtown Denver. DBTC has an active group of skiers who go to Loveland almost every week during the ski season. Discount Loveland tickets, Be ready for a great ski season with DBTC! Watch MeetUp to get weekly reminders of upcoming ski days. Skiing is not a DBTC sponsored activity.

Stay in touch with your new DBTC friends this winter!

DBTC members are free to invite others for their winter outings. You are welcome to post rides or other activities throughout the winter on MeetUp by contacting either Jeff Krinsky jkrinsky2003@yahoo.com or Patty Gaspar patty@gasparjones.com. Skiing is not a DBTC sponsored activity. Please post at least 3 to 5 days in advance.

Saturday, April 1st:

10:00AM FUN/FUN PLUS-H1-19-SW Meet Merri Bruntz (303-517-9781) at the Stone House (Estes & Yale along the Bear Creek Trail). We will ride east on the Bear Creek Trail to the South Platte Trail taking it south to Nixon's Coffee for a break. We will return via the same route. Bring a sack lunch for a picnic afterwards.

Sunday, April 2nd:

11:00 AM FUN PLUS-H1 -24mi NE Twin Lakes to Sand Creek and Northfield Meet Fred Tarbell (630-888-5290) at 226-318 W 70th Ave, Denver (¼ mile west of Broadway and 70th Ave). We bike East on Clear Creek to South Platte trail, then South to intersection of Sand Creek trail. Then East and South to Sand Creek Greenway. We will do loops around Central Park urban area before stopping at 12 miles for a Starbucks and bathroom break. We return along North Park Blvd past Northfield's shopping to another loop around Prairie Basin and Meadow Basin urban parks. We then connect back to Sand Creek to Twin Lakes. Bring money for your Starbucks break.

Monday, April 3rd:

10:00AM FUN/FUN PLUS-H1-22-NW Meet Merri Bruntz (303-517-9781) at Prospect Park (44th & Robb) for a ride on the Clear Creek Trail to Twin Lakes Park. After a break we will return via the same route. Bring a sack lunch for a picnic afterwards.

Tuesday, April 4th:

10:00 AM Leisure Ride H2-15 SE Ride to Chatfield Dog Park Meet Lin Hark (303-507-3502) at Bike Source 2690 E County Line Rd. We will ride the trails toward Chatfield. Anyone who would like to join Lin for a slow ride up to the top of the dam can get a workout while others take a break at the picnic area near the dog park.

Wednesday, April 5th: Forecast is iffy - watch MeetUp or contact leader.

10:00 AM FUN - H2to3-25 SW Beautiful Spring Ride Meet Patty Gaspar (303-618-5069) at the Sheridan Library Parking lot west of Federal and Oxford. We'll head toward the rebuilt Bow Mar area and go to Bowles Lake, Grant Ranch to Wadsworth and back to Sheridan High School. We'll ride some hills and lots of ups and downs, some beautiful quiet streets and pleasant bike paths. Lunch is at Monaghan's Bar and Grill 3889 S King St. There used to be a tunnel from there to Fort Logan so the soldiers could sneak out. Weather permitting - watch MeetUp.

11:00 AM MTB T1-P2 12-16 mile loop Meet Janet Martel 303-929-5950 jmartel98@gmail.com & Steve Thomas steve.thomas001@yahoo.com at Ridgeline Open Space Trailhead. Coachline Road Trailhead in Castle Rock. Restrooms at TH. This trailhead sits between two Castle Rock open space parks. We will combine the two parks to approximate a 12-16 mile loop. Please see trail maps and description on MTB Project. Bring snacks and plenty of water, there is no water at trail head. Standard mountain bikes as well as e- mtb welcome.

Thursday, April 6th:

10:00AM Leisure H1-18-NE - Visit the bison. Meet Marlene Patacky 730-838-7338 at Central Park Recreation Center (9651 E Martin Luther King Blvd Denver, CO) for an all paved ride to see the Bison and Bippity Ferret at the RM Arsenal visitor center for a stop. All trails except a few miles on quiet roads at Arsenal. Bring water and a snack.

10:00 AM FUN PLUS -1300 ft gain-20-SW Red Rocks Loop From Lakewood Meet Janet Martel 303-929-5950 at Stone House Park on Estes and Yale; Ride quiet neighborhood roads through Lakewood to Dinosaur Ridge. Over to Red Rocks. Break at the Trading Post. Ride back through Bear Creek Lake Park to the starting point at Stone House.

Saturday, April 8th:

10:00 AM FUN-H2-20-NW MAJESTIC PREMIERE EASTER RIDE Meet Jeff Krinsky (720-373-9107) at the Majestic View Park north parking lot (north on Wadsworth to W 72nd Ave, west on 72nd, just west of Carr on the south side. THIS IS NOT THE ENTRANCE at GARRISON ST. not 71st ST!) This recently enhanced ride will go west on Ridge Road and van Bibber Creek Trail, north on the new Blunn Trail and then return on most of the length of Ralston Creek Trail. The theme of this ride is an "Easter Hello to spring" so a surprise to ring in the 2021 biking season will be provided to all participants during the Ralston Creek Golf Course break!

DBTC April 2023

11:00AM FUN/FUN PLUS-H1-28 mi approx-SE Meet Ellen Fitzpatrick (720-209-2269) at the Arapahoe Road Trailhead in Centennial (approximately 4 ½ miles east of I-25, just past Jordan Road on the south side of Arapahoe. Get in the right turn lane as soon as you go through Jordan intersection). We'll ride the South Cherry Creek paved trail south toward Franktown and back. Pace will be 12-13 mph as it's a pretty flat ride. Bring plenty of water and a snack for the ride, Bring some lunch and we'll gather after ride at the trailhead tables.

Sunday, April 9th: Easter

10:00 AM FUN PLUS-H2-30 miles - West - Meet Tom Fitzgerald (303-424-1082) at Anderson Park (44th & Field in Wheat Ridge). We'll ride east on the Clear Creek Trail to the Platte River Trail, then south to REI for a break. Then back on the Platte River Trail south to the Lakewood Dry Gulch Trail, and west to Garrison Street. Finally, north on Garrison through the Glens, around Crown Hill Park, and back to Clear Creek Trail and Anderson Park. Of course, weather permitting (watch MeetUp). Bring a sack lunch for a picnic afterwards.

Monday April 10th:

10:00AM FUN/FUN PLUS-H1-26-NW Meet Merri Bruntz (303-517-9781) at Twin Lakes Park (west of Broadway on 70th, 300 W. 70th) for a ride east on the Clear Creek Trail to the South Platte Trail, which we will ride to Riverdale Park for a break. We will return via the same route. Bring a sack lunch for a picnic afterwards.

Tuesday, April 11th:

10:00 AM LEISURE -H1-17 SW Leisure ride to a Mexican Bakery. Meet Lin Hark (303-507-3502) at Overland Pond Park (S Platte River Trail and Florida Ave) We will ride the South Platte Trail north then a few streets to a Mexican Bakery. Bring a lock and money for snacks at Emanuel's Bakery.

10:00AM FUN-H2-15-NW/E-+536' elev. "Bunny Hop" After-Easter ride! Meet ride leader, Marilyn Choske (Text to REGISTER by April 10 - 303-905-8510) at Crown Hill Park (26th & Garland) near the restrooms. Hop on our bikes to enjoy an early spring, get-the-legs-moving-again, early-season loop ride on bike paths and bike-friendly streets, accessing Clear Creek Trail, Tennyson, Perry, with a beverage (bring \$\$) stop near Sloans Lake and a nibble on some leader-provided Easter treats. Leave the floppy ears and cottontails at home. Limit 10 rider-rabbits. Ride will not go if rainy/snowy or forecast is for rain or snow in morning; call the leader if in doubt.

11:00 AM MTB P2 T2 Genesee Mountain Park. Meet Steve Farley at the top parking lot of Denver Parks and Recreation, Genesee Mountain Park. Take exit 254 on I-70 to get to the park. Go across the I-70 highway bridge and make a right turn to ascend to the top parking area. We will do a loop from the top, counter clockwise, downhill and then come back up along the Buffalo pasture near, The Patrick House is an old stage stop. We will go up to the summit, 8284 feet, for 360-degree views. A good early season MTB ride. Hopefully we will see the buffalo and I have seen bear in the park. All riders must sign-in at the start to officially be on the ride.
Post ride Bring a chair and lunch/snacks for after ride socializing in the parking lot.

Wednesday, April 12th:

10:00 AM FUN -H2&3-25 SW Ride the Roller Coaster Meet Patty Gaspar 303-618-5069 at Broken Tee Golf Course 2101 W Oxford Ave, Englewood to ride the Platte River Trail to Chatfield, over the dam then east C-470 Trail. A steep climb at Santa Fe then a gentle ride on the Highline with a final climb to Clarkson for your reward - fun rollers followed a great downhill to Big Dry Creek to finish the loop. Bring lunch for a picnic. Weather permitting - watch MeetUp.

Thursday, April 13th:

10:30am Fun Plus H1 32 NE Rotella Park to Brighton Meet Fred Tarbell (630-888-5290) at Rotella Park, 1824 S. Coronado Pkwy, Denver, (East end at shelter 1) Ride East on Niver Creek bikeway to South Platte trail. Turn left, North on South Platte trail, following the Platte River on the right, for 16 miles to Brighton. Bathroom and break in Brighton, or in route, before returning the same route to Rotella Park. Bring money for Berry Bleenz, Stone Cold Creamy, or Starbucks if desired. Entire route is flat and open, with only the last mile on streets. Socializing or snack/lunch after the ride if desired.

11 AM FUN-H1-19-SW Lee Gulch Loop. Meet Bill Luttrell at Reynolds Landing near the Mary Carter Greenway Trail. Start on Mary Carter Trail, head south and turn left onto Chatfield Dam Trail, then left onto Highline Canal Trail, then left onto Lee Gulch Trail and back to start. We will do 10-12 mph pace with stops to regroup and fuel along the way. Ride is all on trails with 44% paved and 56% unpaved. Call leader Bill Luttrell at 719 235-3868 to register, the ride limit is 10 people.

Friday, April 14th:

11:00 AM MTB P2-T2 Join Jennifer Saxhaug (720-260-8595)/ Cathy Pimm: Enjoy a ride up Waterton Canyon to the dam or Lenny's Bench. 11AM at the Audubon parking lot. Afterwards we can enjoy lunch, bring a chair and food - a dessert will be provided.

DBTC April 2023

Saturday, April 15th:

11:00AM FUN-H2-25ish -SE. Meet Ellen Fitzpatrick (720-209-2269) at the Village Green parking lot east of Cherry Creek High School where E. Union Ave., Dam Road and Dayton Streets meet outside Cherry Creek State Park. We will ride into CC park and catch the Piney Creek paved trail out to Redtail Hawk Park and back. Pace will be comfortable 12-13 mph. Bring water and snack for the ride, and a chair for social after the ride .

Sunday, April 16th:

10:00 AM FUN-H2-21-NW - THE REALLY RADICAL RAT RACE RODENT RIDE. Meet Jeff Krinsky (720-373-9107) for this new ride that takes us around the trails of Rock Creek, Interlocken and Broomfield highlighted by the new bike overpass between Interlocken and Broomfield leading to never before seen trails!! Come find out how this ride got it's name. Meet at the SE corner of the Safeway parking lot at the Rock Creek Village Shopping Center in Superior. Rock Creek Village is centrally located in Superior at the NW corner of Coalton and Rock Creek Parkway (Address: 1601 Coalton Road, Superior, CO 80027)

Monday April 17th:

10:00AM FUN/FUN PLUS-H1-26-SW Meet Merri Bruntz (303-517-9781) at Reynolds Landing (6745 S. Santa Fe Dr) for a ride north on the South Platte Trail to REI. After a break we will return via the same route. Bring a sack lunch for a picnic afterwards.

Tuesday, April 18:

10:00AM FUN-H2-17-NW-+742' Meet ride leader, Marilyn Choske (Text to REGISTER by April 17 - 303-905-8510), at Wheat Ridge Rec Center in Wheat Ridge, 41st & Kipling., far north end parking lot nearest Kipling Street. Ride west on Clear Creek Trail (CCT) to Golden, connect to Tucker Gulch west to Hwy 93, south on bike path to Washington St with Starbucks stop for beverage/snack -- bring \$\$\$. Loop back to CCT and east to WR Rec Center. Some short hill climbs. Early-season ride = comfy 10-13 mph pace. Ride will not go if rainy/snowy or forecast is for rain or snow in morning; call the leader if in doubt.

10:30 AM Leisure H1-17-SW. LEE GULCH LOOP Meet Karen Kelley 303 260-9029 at the Aspen Grove Shopping Center parking lot in the very southeast corner (south of the Alamo Drafthouse which is 7301 S Santa Fe Dr Unit #850, Littleton.) This is a loop ride on the Platte River Trail, the Big Dry Creek Trail, the Highline Trail and the Lee Gulch Trail. It winds around some creeks and wooded areas - mostly on paved trails but some gravel and a short distance on residential streets. There will be an optional lunch afterwards at a local restaurant. Bring a snack, and money for lunch if you plan to join us.

Wednesday, April 19th:

10:00 AM FUN-H2-25 SW Latte Ride Meet Patty Gaspar (303-618-5069) behind the McDonald's at Sheridan and Dartmouth. My old commute - we'll head to the Tech Center on various trails. We must climb some hills and there are sections on the Highline Canal (pea gravel), and then we'll have our morning latte COMPLEMENTS OF DBTC and loop back to Bear Valley. It is a beautiful ride, and we have a wonderful downhill back to Bear Valley. Weather permitting, watch MeetUp.

1:00 PM MTB South Canon Trails. Answer the question: Will you be doing Hard Times, are you a Smooth Criminal, are you looking for Redemption, or will you make the Great Escape. Organizer: Jeff Baysinger dbtc80228@yahoo.com.

Thursday, April 20th:

10:15 AM MTB Oil Well Flats A caravan to the area will be arranged from a central motel. This will be decided on Wednesday, after the South Canon Trails are ridden. Oil Well Flats is about 7 miles or so north of town and a bit higher elevation. Trails are on more rugged and steeper terrain. Make way for Tectonic Shift, work to Unconformity, Island in the Sky, skip Path of Least Resistance. The challenge is amazing. Spend a few hours there, then in the afternoon check out the latest dinosaur bone discovery at the Canon City museum. Organizer: Jeff Baysinger dbtc80228@yahoo.com

11AM FUN-H1-17.5-S. Lin's Fun Loop by Bill. Meet at Bill Luttrell at W Florida Avenue and S Platte trail. Head south on S Platte Trail and turn left onto Little Dry Creek Trail, then left onto Elati and way though south Denver to Cherry Creek Trail. Head left down to REI for a break and bathroom stop. Then head south on S Platte Trail back to start. We will do a 10-12 mph pace with stops to regroup and snack along the way. Call the leader Bill Luttrell at 719 235-3868 to register, the ride limit is 10 people.

Friday, April 21st:

10:15 AM MTB Royal Gorge Spend this last day on Dream Weaver Again, a caravan will be coordinated from the town motel. These are relatively new trails. After Dark Side of the Moon, a person can catch glimpses into the Royal Gorge. Once again, riders can choose from some easy trails, like Twisted Cistern, to some challenging blue trails, Made in the Shade. After riding, join for lunch at the delicious Pizza Madness. The typical meeting time is 1:00 here. Return home full of adventure. Organizer Jeff Baysinger dbtc80228@yahoo.com.

DBTC April 2023

Saturday, April 22nd:

10:00 AM FUN PLUS-H2-18/23-NW - Meet Jeff Krinsky (720-373-9107) for THE SPACE, TIME, 9/11 RIDE or THE HIDDEN GEMS OF BROOMFIELD! This adventure begins near the SE corner of Sheridan and 120th at the new Whole Foods in Westminster (1/2 mile east of Sheridan at Vrain and 120th.) (4451 Main Street 303-439-7000) We will take secret trails around Broomfield where we will experience three incredible hidden displays including THE SOLAR SYSTEM, a brief history of GEOLOGIC COLORADO TIME, and a 9/11 MONUMENT. (This ride has an escape option at the 18 mile marker for riders who run out of time and/or steam.) Possible lunch afterwards at Whole Foods. This adventure has received rave reviews with 4 and a half stars from the ride critics!

11:00 AM FUN-H2-20 SE Meet Ellen Fitzpatrick (720-209-2269) at Cook Park Rec Center, 7100 Cherry Creek North Drive, Denver) for a "triple park pass" loop ride to Eisenhower and Wash Parks via Denver local neighborhood bike friendly streets and Cherry Creek bike path. Bring chair and lunch for after ride social.

Sunday, April 23rd:

10:00 am LEISURE - H1-9-NE Ride Around Central Park. Meet Eileen Hunt (720-841-9558) at Stanley Marketplace (in front of Logan Coffee), intersection Dallas and 25th in Aurora. This ride is all on bike paths in and around Central Park. This is a nice starter ride for 2023! Lunch after if desired somewhere in Stanley Marketplace.

10:00 AM FUN PLUS-H3- 27 Miles -West - Meet Tom Fitzgerald (303-424-1082) at Anderson Park (44th & Field in Wheat Ridge). We'll ride west on the Clear Creek Trail to circumnavigate North Table Mountain, via Easley Road, 60th/58th Avenue, Hwy 93 (for 2 blocks), and some quiet (but kinda hilly) roads west of Hwy 93. We'll stop for a break at Starbucks or the Golden Creamery (think ice cream & chocolate). Then we'll return to Anderson Park via Clear Creek Trail. Again, weather permitting (watch MeetUp). And bring a sack lunch for a picnic afterwards.

Monday April 24th:

10:00AM FUN/FUN PLUS-H2-25-NW Meet Merri Bruntz (303-517-9781) at Anderson Park (44th & Field) for a ride west on the Clear Creek Trail to Easley Rd, which we will take to the Ralston Creek Trail. After a break, we will ride the entire length of the Ralston Creek Trail returning via the Clear Creek Trail back to the park. Bring a sack lunch for a picnic afterwards.

Wednesday, April 26th:

10:00 AM FUN-H2-25 SW Look for the Eagles Meet Patty Gaspar 303-618-5069 Meet at Reynolds Landing, 6745 S Santa Fe Dr. (From Santa go west on Brewery Lane, toward the South Platte River, go past Breckenridge Brewery to the parking lot at the end of the road). We'll ride the Platte River Trail to Chatfield, over the dam then west to check out the new roads and the marina – and see if the bald eagles returned to their nest this year. Bring your lunch for a picnic. Weather permitting - watch MeetUp.

9:00AM Leisure-H1-18-NW Meet Jake Jacobi (720.808.2306) at Gold Strike Park, on 56th Ave, just west of Sheridan and south of Ralston Road, Arvada. The ride will mostly be on Clear Creek, Little Dry Creek and Ralston Creek. The second half of the ride will be downhill.

Friday, April 28th:

10:00 AM MTB T2, P2, approx. 14 miles, Highlands Ranch Backcountry Trails. Meet Steve Thomas (303-419-2531) at 10:00 am on Friday, April 28 to explore the numerous trail options available at the far south end of Highlands Ranch, including a portion of the Douglas County East-West Trail. All of the trails are smooth single track with no rocky areas, just lots of twists and turns and a few short climbs. We will meet at Pronghorn Park in Highlands Ranch. Go south on Broadway to Wildcat Reserve Pkwy. Go right on Wildcat Reserve and take the first left, Wethersfield Way. Go south on Wethersfield a short distance to Pronghorn Park, which will be on the right. Bring a snack to share after the ride.

Saturday, April 29th:

10:00AM FUN-PLUS/INT-H2-25 -NW Meet Peter Woulfe (540-219-6674) at the Wheat Ridge Rec Center in Wheat Ridge, 41st & Kipling, far north end parking lot nearest Kipling Street. We will ride west on Clear Creek Trail to McIntyre, then 64th around the reservoir to the Blunn and Van Bibber Trails, then a few streets to Easley and back to the Clear Creek Trail for our return.

Sunday, April 30th:

9:30 AM FUN PLUS-H3-21-NW THE HIDDEN GEMS OF LOUISVILLE!!! Meet Jeff Krinsky (720-373-9107) (Elevation Gain = 1225 feet) This exciting ride full of twists and turns uses the newest portion of the HWY 36 trail that goes west from Interlocken into Boulder then loops back through Louisville and Superior using some interesting secret trails including the Double Lombard Street Experience and the famous Black Hole of Louisville! See you at the Safeway at the Rock Creek village Shopping Center in Superior for this tour of the trails of Superior, Louisville, and South Boulder (with a few roads mixed in as required). Rock Creek village is centrally located in Superior at the NW corner of Coalton and Rock Creek Parkway (Address: 1601 Coalton Road Superior, CO 80027)