



# The Colorado Bicyclist

Newsletter of the Denver Bicycle Touring Club

July 2023

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**Register For The**

# DBTC Summer Picnic!

**Sunday, July 23rd 2023**  
**Prospect Park**  
**1600 W. 44th Ave, Wheat Ridge**

**Register Online July 3rd - July 19th**

**Email Blasts will go out announcing when registration is open.**

***The Summer Picnic is limited to the first 100 people to register!***

**Cost is \$12 / per person**

**Rides will take off between 7 and 9am.**  
**Rides will be announced in the Blasts that you'll receive!**

**Lunch at 11:15am**

**Coffee and socializing will start at 11am for the riders who return early. This is the only coffee – no coffee before the rides so fuel up before you start in the morning!**

**Program at 11:45am**

**Gear Swap – Details later in this newsletter**

If you have questions, if you want to contact an officer or have items to sale in the DBTC Marketplace, send an email to:

[DBTCinformation@gmail.com](mailto:DBTCinformation@gmail.com)

## DBTC's Officers

President  
Mark Shimoda 303-514-6248

Vice President  
Virginia Dudley 303-810-0233

Secretary  
Ron Vasquez 303-264-9684

Treasurer  
Cynthia Withers 720-480-4766

### Board Members at Large

Suzy Ward 720-355-3268

Maria Elena 720-364-0149

Ruby Frederick 303-522-3573

Riggs Osborne 720-428-2602

Tom Fitzgerald 303-424-1082

## Directors and Staff

Director of Ride Activities  
Patty Gaspar 303-989-8268  
[patty@gasparjones.com](mailto:patty@gasparjones.com)

Out of Town Tour Director  
Kathy Stommel 719-671-5579  
[cyclekats@gmail.com](mailto:cyclekats@gmail.com)

MTB Coordinator  
Steve Thomas 303-419-2531  
[steve.thomas001@yahoo.com](mailto:steve.thomas001@yahoo.com)

Fun Ride Coordinator  
Jeff Krinsky 720-373-9107  
[jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com)

Intermediate Ride Coordinator  
Jeff Krinsky 720-373-9107  
[jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com)

Weekday Fun/Int Ride Coordinator  
Patty Gaspar 303-989-8268  
[patty@gasparjones.com](mailto:patty@gasparjones.com)

Leisure Ride Coordinators  
Jill McMahon  
Marcy Rodney

Membership Database/Webmaster  
Jeff Krinsky 720-373-9107  
[jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com)

Communications Director  
Kathleen Shelton 303-264-9878

Guest Relations  
Open Position

# President's Message

Mark Shimoda



## Goals for 2023 Part I

Here it is, July 1, already, the year is half over. So I ask myself what have we, the Board and I, accomplished? After learning how this club and the Board functions, and knowing how I function, I am pleased with what we have accomplished in the first half of my term. I would like to list some accomplishments and identify some items that still need some work. Indeed, most goals need more work before we can say we are done and many will never be done.

**#1.** I wanted to bring more transparency to the work that the Board does. In the past, as a member, I often wondered how DBTC functioned, how decisions were made, how policies evolved, how our activities were organized, etc. To give all members a peak at how this club functions, how the Board works, I have asked our Secretary, Ron Vasquez, to write a Secretary's Report for the Newsletter, on a quarterly basis. This will give members insight into issues the Board is discussing and decisions it is making on behalf of all members. Cynthia Withers, our Treasurer, will continue to publish reports on the financial status of our club. This organization is a 501 c 4 and transparency on our finances is something we the Board want to share with all.

**#2.** Bring opinions of members to the Board. The Board members and I act on your behalf. We seek the opinions of members in our conversations and the "Letters to the Editor" in our newsletter gives everyone an opportunity to be heard. Please, if you have something you would like the Board to consider, please speak to a Board member or submit a "Letter to the Editor." We aim to please but we have to know what you, the members, want for our club.

**#3.** Finances are a consideration that I felt needed attention. (a) the Board has approved placing \$26,000.00 of our money into an IBond with the US Treasury and CD's with US Bank. These instruments are earning money at 4-7% and will return about \$1900/year in income. As mentioned in an earlier message, this is the equivalent of income from 76 new dues paying members. (b) simplify our bookkeeping and accounting by eliminating non-electronic payments. This has been done and has saved our Treasurer, Cynthia Withers, many hours of work and has saved many hours of calls and conversation for event coordinators.

**#4.** Train more members to be event coordinators. This is happening. Many of you saw Tom Fitzgerald's work coordinating the Spring Kickoff. Under his leadership it went very well. Members will see Ron Vasquez coordinate the Ride to Work event on June 28, Wednesday. Ruby Fredrick is coordinator for the Caramel Rides and the team of Cynthia Withers, Ron Vasques and Riggs Osborne are heading up the Volunteer Recognition Dinner event set for early November. Last year I coordinated three events and the club is better off with many people bringing their ideas to events. They all deserve a pat on the back. Please say "Thank You" when you have a chance because without their leadership, we will have no events.

More next month with Part II,

Mark Shimoda

## WELCOME NEW DBTC MEMBERS

Robert Bootman  
Scott Coogan  
Janet Durham  
Martin Harrison  
Greta Hilmarsdottir-Ericson  
Jill Hoylman  
Margaret Jacot  
Bonnie Miller  
Vicki Ottoson  
Christine Poplaskie  
David Rule  
Jana Wilkins

# A Big Thank You to Our 2023 Sponsor!

## Steel Horse Rescue - [SteelHorseRescue.com](https://www.steelhorserescue.com)

Steel Horse Rescue is your resource to help you ride longer & easier! Professional Bike Fitting at a fraction of the cost of some other fit systems. Take advantage of over 30 years' experience, including 7 years' experience at the dedicated fit studio at Bicycle Village. Training at New England Cycling Academy now Fit Kit, Trek bicycles 40 hr course, 16 hr course at Fit Kit, 4 hr course at BBI in Colo Springs.

Want to learn more about maintaining your own bike? Ongoing Maintenance Classes, both group and individual, are available, all tools supplied! Certificates held from BBI, Shimano T.E.C., Professional Bicycle Mechanic Assoc, Yamaguchi Bicycles Frame Building School.

Contact us now through our website Steel Horse Rescue FB page [Steel Horse Bike Rescue](https://www.facebook.com/SteelHorseRescue) or at [wrenchrandy@centurylink.net](mailto:wrenchrandy@centurylink.net)



## Secretary's Report

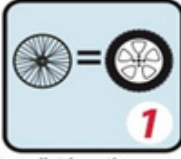
Happy summer riding to all DBTC members and guests. Your DBTC Board members were busy discussing and implementing improvements for the organization at the June 2023 board meeting. Listed here are a few of those items:

- A motion was made to participate in the **Wheat Ridge Adopt a Street Program**. Participation is contingent upon adequate and appropriate insurance for the club and volunteers. We will keep you informed and welcome your help with a group of friendly DBTC comrades.
- **Bike to Work Day** - DBTC plans to have a booth on Bannock Street near the Denver Civic Center Park on Wednesday June 28th from 6am to 9am. We welcome all of you to stop by and say hello. Bring a guest.
- Mark your calendars and get registered for the **DBTC SUMMER PICNIC** on Sunday, July 23 at Anderson Park in Wheat Ridge. See the Newsletter for registration and payment details along with the scheduled group bike rides. Be ready for a lot of fun with a bunch of cool people.
- Be sure to fill out the sign-up sheets before each group ride.
- Your guest can ride at no cost on their first ride. The person must join DBTC to ride with the group after that.
- We welcome your ideas for Out of Town Trips, **social events**, rides, activities.
- We always need more VOLUNTEERS for the social events. Volunteering is one of the best ways to feel closer to the group and meet new friends.


by Ron Vasquez

# Rules of the Road and Trail

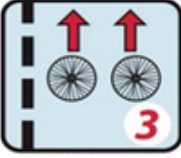
## Colorado Cyclists' Bill of Rights




**1**  
A cyclist has the same rights as a vehicle.  
C.R.S.A. § 42-4-1412




**2**  
A cyclist is not expected to ride over hazards or without a "reasonable safety margin" on the side of the road.  
C.R.S.A. § 42-4-1412




**3**  
Cyclists may ride two abreast so long as they do not impede the normal and reasonable movement of traffic.  
C.R.S.A. § 42-4-1412



**4**  
A motorist overtaking a cyclist shall allow at least 3 feet between the right side of the vehicle and the left side of the cyclist.  
C.R.S.A. § 42-4-1003




**5**  
A cyclist should not ride on sidewalks where it is prohibited to do so by local ordinance.  
C.R.S.A. § 42-4-1412



**6**  
X-ING  
A cyclist riding or walking their bike through a crosswalk has all the rights given to pedestrians.  
C.R.S.A. § 42-4-1412


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## In Colorado Cyclists May Take the Lane:



1. If the lane is too narrow to share (meaning the cyclist, the car, and 3 feet between them, can't fit)
2. If there is debris or glass on the shoulder or in the bike lane
3. To avoid being right-hooked by cars making right hand turns when the cyclist intends to proceed straight
4. To avoid the door zone of parked cars
5. Because riding on sidewalks is often illegal and usually unsafe (bikes are vehicles!)
6. To prepare for a left-hand turn, by moving over one lane at a time
7. To prevent being buzzed or side swiped (see #1)
8. To be more visible/to increase motorist awareness especially in congested/downtown areas
9. Because it is often the safest place to be/way to ride
10. To trigger lights or signals (by placing weight over the sensors)

---



www.TheCyclist-Lawyer.com  
1211 Avery Street, Suite 103  
Golden CO 80403  
(303) 273-5297  
#TheCyclistLawyer  
#rideMoreDriveLess

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Follow the link to Bicycle Colorado overview of the state of summarize Colorado's rules of the road and other bicycle-related laws. <https://www.bicyclecolorado.org/ride-colorado/rules-of-the-road/>

## Your 2023 Event Coordinators

Here are your event coordinators for 2023. They will be the primary person(s) responsible for the listed event but must depend on about 15 others to help roll out these events. Please offer **two hours of your time** and help make these events fun for all.

**Summer Picnic**  
Sunday, July 23rd  
Prospect Park  
Mark Shimoda

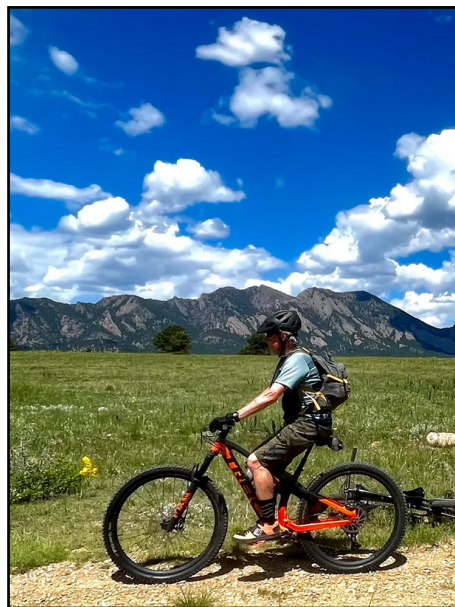
**Caramel Apple**  
Saturday, October 7th  
Broken Tee  
Ruby Frederick

**Volunteer Recognition Dinner**  
To be decided  
Ron Vasquez, Riggs Osborne,  
Cynthia Withers

# MTB Rides



***On Sunday, May 28th, the DBTC MTB group enjoyed their annual Memorial Day weekend ride around the Marshall Mesa / Vista Ridge / Doudy Draw / Community Ditch trails.***



Come One, Come All!

# Volunteers Needed for the Summer Picnic at Prospect Park

Sunday July 30, 2023

Prospect Park 11600 W 44th Ave. Wheat Ridge, CO 80033

**25 Volunteers needed for this event. Minimum!**

**If you have not volunteered in the past two years, it's your turn. Here's how you can help:**

**Volunteers 1-5 (or more) Ride Leaders**

You pick the start time and route.  
End at Prospect Park.

- Write out name tags
- Bring ice cooler
- Bring ice cooler

**Volunteers 6-10**

Needed from 10:00am-12:15pm to set up and serve food at the pavilion.

Mark Shimoda,

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Volunteers 19-22 To lead table talks**

Tom Casadevall,  
Ruby and Wes Frederick,  
Cynthia Withers,  
Row Helman and Leslie Porter

**Volunteer 23**

Set up table for jersey exchange.  
No volunteer, no table.

**Volunteers 11-18**

Needed for specific tasks:

- Pick up 80 lbs. of ice
- Pick up 6 trays of sandwiches from Costco
- Pick up 8 vegetarian sandwiches from Subway
- Pick up donated coffee and tea from Starbucks
- Return coffee urn from Starbucks

**Volunteers 24-25**

Clean up.

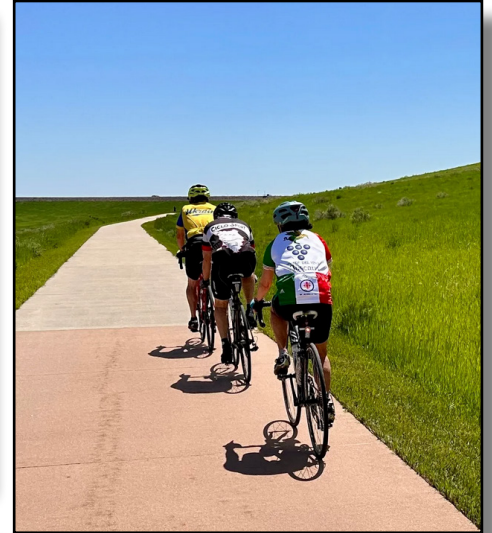
**Contact me if you are willing to help your club.**

**Mark Shimoda**

**Text to 303-514-6248**

**Email [dr.shimoda@comcast.net](mailto:dr.shimoda@comcast.net)**

# Bear Creek INT With Tom



*On Sunday, May 28th, Tom F. led riders around Fox Hollow Golf Course, Bear Creek Lake Park, Morrison, Dinosaur Ridge, and Red Rocks*



## Riding Around With Merri

*Merri leads her very popular rides every Monday and at least one Saturday a month. Check the ride schedule for when you may be able to join in and have some fun!*



# CDOT Retaining Wall Improvements in Jefferson County

Several construction projects are beginning to improve retaining walls at these locations:

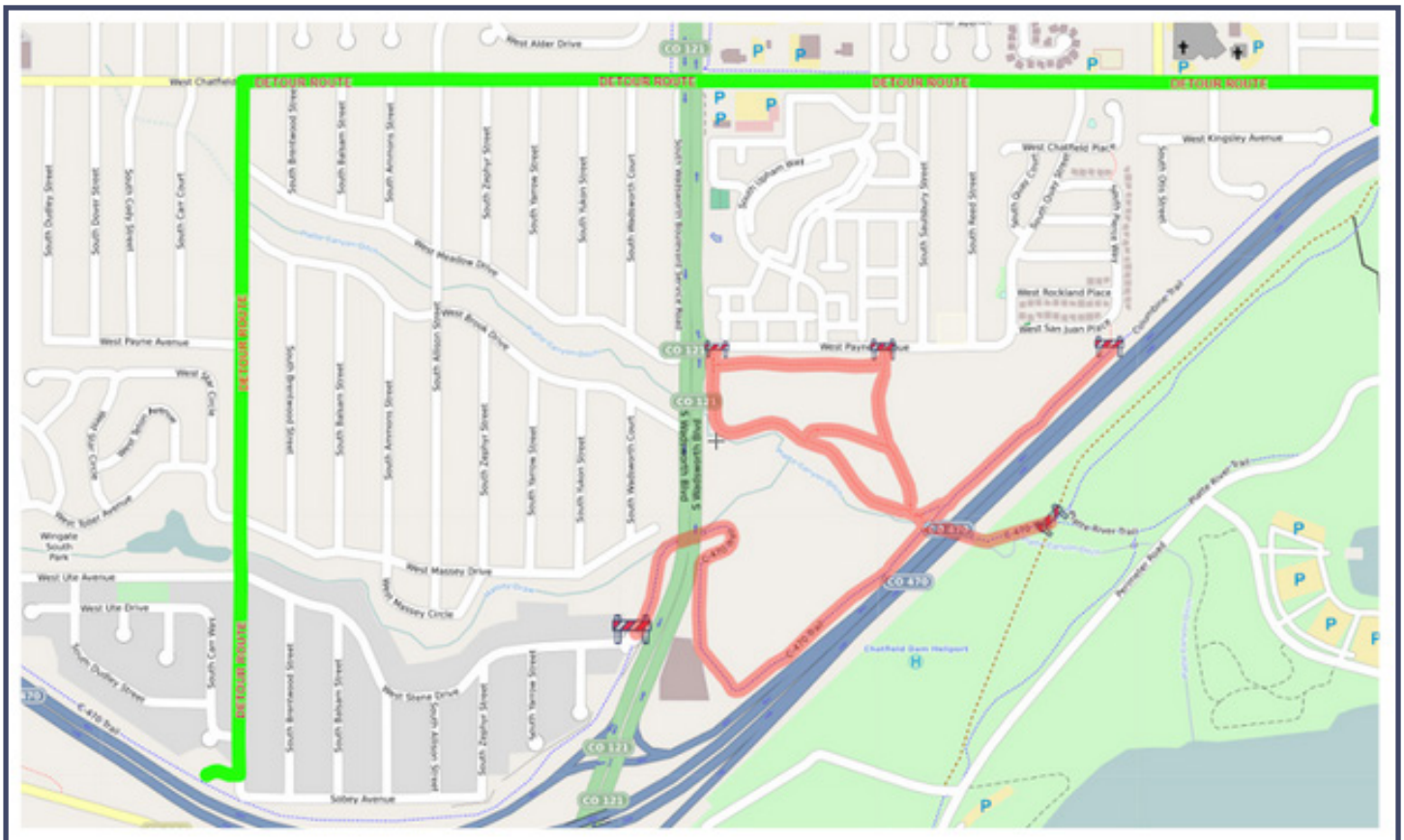
- C450 Westbound at MM 14.5 The adjacent C470 bike/pedestrian trail and the Columbine Trail will experience a 5 week closure near where they meet, just north of the C 470 roadway, near the roadway intersection of South Wadsworth Blvd and C-470. This will begin after the July 4th weekend.
- I-70 Westbound at Mile Marker 257
- Colorado Highway 74 Westbound at MM 14
- 285 Northbound at MM 247

## Project Contact Information

- Project Phone Line - 303-302-2980
- Project email - [cdotwallrepairs@harwest.com](mailto:cdotwallrepairs@harwest.com)
- Project web site - <https://www.codot.gov/projects/jeffcoretainingwalls>
- Sign up for weekly project updates - Please log onto the project web site and fill out the right-side form to "Subscribe to Project Updates."

For information on road work and travel conditions visit COTrip.org, sign up for travel alerts at Alerts, or call 511. Updates are also available via Twitter [@coloradodot](https://twitter.com/coloradodot) and CDOT's Facebook page at [Facebook.com/coloradodot](https://www.facebook.com/coloradodot).

## Detour for bicycle path at C470 and Wadsworth:





# Volunteer Needed!

We need someone who will make a few phone calls each month to the people who are Guest Riders on our rides. These calls would see how they liked the ride, if they had any questions and to let them know how they can join DBTC and join us on more rides.

This would help a lot! If you could do this, please contact [Virginia Dudley](#) and let her know.



**GEAR SWAP**

**Do you have some bicycling jerseys or other gear that you are ready to move on?**

**BRING THEM TO THE SUMMER PICNIC!**

**There will be a place for your jerseys and gear; however, it is up to you to manage your items. Please take home with you any of your items that are left.**



## 2023 ADVANCE Planning CALENDAR

### DBTC Events

**July 23**

Summer Picnic  
*Prospect Park, Wheat Ridge*

**Oct 7**

Caramel Apple Rides  
*River Run/Broken Tee*

**Nov – Date TBD**

Volunteer Recognition Dinner

### 2023 Colorado Upcoming Events

*Check the website for each event to get all of the latest information for it.*

**These are not DBTC sponsored so DBTC's insurance policies will not cover them. These rides are on paved roads unless Gravel or MTB is indicated.**

**July 15**

[Tour de Steamboat](#)

Gravel – 50, 100 mile routes

Road – 26, 44, 66, 100 mile routes.

**Steamboat, CO**

**July 22 – High Mountain Gravel – GRAVEL**

[Crooked Gravel – The Ride Collective](#)

25 and 67 mile courses.

**Winter Park, CO**

**Jul 22**

[Triple Bypass](#) 118 miles Evergreen to Aspen.

**Jul 29**

[Tarry-It-Up](#)

30, 50 and metric century routes.

**Tarryall, CO**

**Aug 5**

[Copper Triangle](#)

79 miles, 6500' elevation gain.

**Copper Mountain, CO**

# Where's Waldo in CO?

There are many interesting things we see as we cruise along the paths and byways on our bikes. If you see something interesting, take a picture of it without a biker in front of it. Forward it to [jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com) along with a description of what it is (if it's not obvious) and where it is located. Jeff will make a collage and at the VRL we will have a contest to see who can name the most places. There will be a fabulous prize (well maybe not so fabulous) for the person(s) who can name the most sites.



## RIDES AND RIDERS IN JUNE

We have had so many Ride Leaders leading rides in June. How many rides? How many riders enjoying these rides? The best we can estimate are:

RIDES 48

RIDERS ABOUT 390

There were rides somewhere every day in June except for one day; some days there were two or three rides! That adds up to a lot of people having a lot of fun.

**SEE YOU IN JULY!**

## ADVANCE Planning CALENDAR

**Aug 12**

[Enchanted Circle](#)

85 mile and 100 mile options.

**Red River, Questa, Taos, Red River  
Red River, NM**

**Aug 12**

[La Veta Century Ride](#)

102 miles, 7500' elevation gain.

**La Veta, CO**

**Aug 26**

[Venus de Miles](#) (women only)

33, 66 and 100 mile routes.

**Boulder County, CO**

**Sep 9** [Tour of the Moon](#)

41 and 64 mile routes.

**Grand Junction, CO**

**Sep 16** [Tour de Vineyard](#)

23 and 58 mile routes.

**Palisade, CO**

**Sep 23** [Denver Century Ride](#)

24, 50, 85 and 100 mile routes.

**Denver, CO**

## Letters to the Editor

Got something nice to say about our club that everyone should hear? How about a suggestion for a caterer for an event? How about an idea for our newsletter?

This is your club. Let's hear from you. Please send your written thoughts to [dr.shimoda@comcast.net](mailto:dr.shimoda@comcast.net). If your letter is appropriate, it will be printed in the next newsletter. Please limit your letter to 150 words.

# Colorado Freedom Memorial Ride



**Suzy Ward & Ruby Frederick led riders to the Colorado Freedom Memorial to enjoy the 10th anniversary Memorial celebration at the Colorado Freedom Memorial in Aurora starting with a free pancake breakfast followed by the ceremony.**



# Piney Creek High Plains



*On Saturday, June 17th, Wes and Ruby Frederick were the leaders of a ride through Piney Creek and the High Plains.*



## The Intrepid Ride Leader: Fred Tarbell

*The recent rains have definitely impacted some of our favorite bike trails. Fred Tarbell is one of our newer ride leaders. Most of his rides are in the northeast part of the city making him a very welcome addition to our ride leader group.*

*Here is a description of the trials on the trails that Fred and John Hensley encountered on June 22th.*

*The trail from Twin Lakes to Brighton couldn't be done. I had to change my ride west on Clear Creek because I knew it would be blocked and flooded somewhere before Wheatridge.*

*We rode today to the Sand Creek Trail, but it was flooded out also. We then went north on the Platte toward Brighton. It was flooded out badly past McKay Road and probably won't be fixed this year. We turned around and went to Margaret Carpenter Park, it was dry and we then returned to Rotella Park.*



# Leisure Riders Doing Leisurely Things

**On Thursday, June 8th, Dave Noble led a Leisure Ride to Brighton with a stop at Barr Lake.**



**On Saturday, June 17th, Jake Jacobi led on Big Dry Creek. (left)**

**On Sunday, June 18th, Eileen Hunt led from Central Park her first leisure ride. (lower left)**

**On Friday, June 23rd, Marcy Rodney led a ride to Niwot. (below)**



# DBTC Announcements

**TIME FOR MORE RIDE LEADERS** – now that many of you have joined rides led by others last year, we want you to consider becoming a ride leader yourself! Please contact your ride coordinator to explore the possibility, have them explain some of the basics and help you to draft a sample route description. I'm sure you have at least a couple of routes right in your neighborhood, and that's all it takes to try out leading a couple of rides this month. Give it a whirl!

**Here's how to contact one of the ride coordinators:**

**Fun & Intermediate:** Jeff Krinsky [jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com)

**Weekday:** Patty Gaspar [patty@gasparjones.com](mailto:patty@gasparjones.com)

**MTB:** Steve Thomas [steve.thomas001@yahoo.com](mailto:steve.thomas001@yahoo.com)

**Leisure:** Jill McMahan [jillmm7@gmail.com](mailto:jillmm7@gmail.com)

& Marcy Rodney, [mrodney@rsiresearch.com](mailto:mrodney@rsiresearch.com)

**MAP SALES:** We are down to only about 90 maps left from our 2019 map printing. At the June 2021 Board meeting, your Board voted to suspend further map printing at this time and not develop or publish a 2022 map. However, if you are one of those riders who thinks maps are still important, please contact any Board member if you want to help research the possibilities for 2023, we would need to find a new publisher, develop an on-line map system, and/or expand and update our route library. Contact any Board member to comment or volunteer to help. We could assign you to one or two discrete and non burdensome tasks!

## DBTC Mission Statement - 2020 and Beyond

The Denver Bicycle Touring Club (DBTC), a non-profit corporation run by volunteers, is the original bicycling club of the Denver Metro area.

**The Mission Statement of the Denver Bicycle Touring Club is to:**

*Organize and sponsor all levels of rides for bicycling enthusiasts. Promote recreational and commuter cycling, bicycle safety, and bicycling education to the general public. Advocate and support bicycling routes with local governments in the Denver Metro area.*

## Social Media for DBTC

Become a member of these social media sites for relevant cycling news, last-minute rides and social activities with fellow members, such as ski trips and movies.



**To follow us on Facebook:**

Go to [facebook.com](https://facebook.com) and join the DBTC page where you can find links to articles discussing the cycling community along the front range.



**To join Meetup:**

Go to [meetup.com](https://meetup.com) and join the DBTC Meetup by searching for "Denver Bicycle Touring Club" in Groups.

## Plan A Ride with the DBTC Bike Route Map!



Plan a Ride with the DBTC Bike Map! Special offer: Right now existing members who want a copy may, in exchange for a small donation, contact [mjchoske@gmail.com](mailto:mjchoske@gmail.com) for a copy to be mailed to them. This newly revised map adds new routes, paths, and trails for bicycling adventures. It also includes more identifiers for major streets, bike routes, and trails. New members receive a copy of the map after they sign up.

# DBTC *Summer* 2023 RIDES

Summer is Here!

If no rides are scheduled, you can post on MeetUp by contacting either Jeff Krinsky [jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com) or Patty Gaspar [patty@gasparjones.com](mailto:patty@gasparjones.com). If you have lead rides in the past we will post it for you. If you have never lead a ride we will work with you to get you up to speed.

You are welcome to post rides on MeetUp by contacting either Jeff Krinsky [jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com) or Patty Gaspar [patty@gasparjones.com](mailto:patty@gasparjones.com). If you have lead rides in the past we will post it for you. If you have never lead a ride we will work with you to get you up to speed.

Leisure: Jill McMahon [jillmm7@gmail.com](mailto:jillmm7@gmail.com)  
& Marcy Rodney, [mrodney@rslresearch.com](mailto:mrodney@rslresearch.com)

Weekday: Patty Gaspar [patty@gasparjones.com](mailto:patty@gasparjones.com)

Fun & Int: Jeff Krinsky [jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com)

MTB: Cathy Leibowitz [cathy.leibowitz@yahoo.com](mailto:cathy.leibowitz@yahoo.com)  
& Jim Black [jb@jamesblack.org](mailto:jb@jamesblack.org)

***If you'd like to include an activity in the newsletter for June, please email it to [patty@gasparjones.com](mailto:patty@gasparjones.com) by the 20th for the next newsletter or contact Patty at 303-618-5069. Nov/Dec and Jan/Feb are combined.***

Pace of Ride	Difficulty of Terrain	Distance	Quadrant of City	Departure Time
Leisure or Roses (Avg. 8-10 mph) No Drop Rides Fun – (Avg. 9-12 mph) No Drop Rides Fun Plus – (Avg. 11-15 mph) INT - 15+ pace shown (i.e.15-18 mph) ATB – Unpaved Roads MTB – Mountain Bikes	H1 – Flat H2 – Hilly H3 – Some Steep Climbs Alt gain shows 1800 ft. H4 – Serious Climbs T1 Beginner to T4 Highly skilled riders; P1 to P4 physical conditioning required	This is an estimate – options may be offered	NW NE SE SW W Central	Arrive early enough to unload your bike and be ready to leave at the time shown.

**Ride Locator:** There is a guide to the most frequent start locations on our website – [www.dbtc.org](http://www.dbtc.org). You can also go to Ride with GPS to map rides.

**Twitter account:** @DenverBikeClub – note many members do not tweet.

**DBTC Meetup group** at <http://www.meetup.com/Denver-Bicycle-Touring-Club/> can be used to post rides as well. Once you have posted your ride, we will review the ride information to be sure it complies with the club requirements, then upload it to the Meetup website, where you can edit your ride. Meetup is open to the public and can increase the number of riders on your rides and, hopefully, club members. Rides cannot conflict with the already-existent ride schedule. If you have registered with Meetup, we will post your scheduled rides.

**We are also on Facebook**, if you want to share pictures or bike-related news there.

**Please Note:**

- Joining either Facebook, or the Meetup Group does not make you a valid member of the DBTC.
- If your email address changes, you must send your new email address to [webmaster@dbtc.org](mailto:webmaster@dbtc.org) to continue receiving the monthly newsletter.

**Spring / Summer Riding Guidelines**

- Weather:** No rain or thunderstorms. If temperatures are expected to be over 100 check with leader
- Clothing:** Wear layers and bright colors
- Other:** Bring sunscreen, water, repair items and a snack

Leaders can cancel a scheduled ride if they think the weather is unpleasant, trails or roads may be icy, or no one has responded to MeetUp to register so they are not expecting any riders. If you signed up on MeetUp you will be notified if the ride is cancelled.

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## Saturday, July 1st:

**9:00 AM FUN-H2-25-NW** Meet Merri Bruntz (303-517-9781) at Anderson Park (44th & Field) for a ride west on the Clear Creek Trail to Easley Road, which we will take to the Ralston Creek Trail. We will ride the entire length of the Ralston Creek Trail returning via the Clear Creek Trail and back to the park. Bring a sack lunch for a picnic afterwards.

**9:00 AM FUN-H2-21 SE** Meet Ellen Fitzpatrick (720-209-2269) at Cook Park Rec Center, 7100 Cherry Creek North Drive, Denver) for a "triple by-park pass" loop ride to Eisenhower and Wash Parks via Denver local neighborhood bike friendly streets and Cherry Creek bike path. Bring a chair and lunch for after ride social.

## Sunday, July 2nd:

**9:00 AM FUN PLUS-H3-24-NW-(Elevation Gain = 1207 feet)** – Meet Jeff Krinsky (720-373-9107) for THE GREAT TOTEM POLE RIDE AKA THE HIDDEN GEMS OF INTERLOCKEN! This exciting ride full of twists and turns uses portions of the new Hwy. 36 Trail to take us on a loop that includes the hidden gems of Flatirons Mall, Interlocken, Standley Lake, and Rock Creek Village! We will meet at the Rock Creek Village Safeway, which is centrally located in Superior at the NW corner of Coalton and Rock Creek Parkway (Address is 1601 Coalton Rd., Superior). This ride is now 99.99% on paved trails.

## Monday, July 3rd:

**9:00 AM FUN-H2-27-NW** Meet Merri Bruntz (303-517-9781) at Crown Hill Park (26th & Garrison) for a ride south to the Stone House and then east on the Bear Creek Trail connecting to the South Platte Trail. We will then ride north to REI for a break and then back to the start via the Highlands and Wheat Ridge neighborhoods. Bring a sack lunch for a picnic afterwards.

## Tuesday, July 4th:

**8:00 AM FREEDOM FUN RIDE! FUN-H2-23-NW/SE-+725' elev gain.** Join Marilyn Choske (303-905-8510) at Crown Hill Park (26th & Garland). Ride south, east, north, and west, back to our start. Trails are Weir, Sanderson, Platte, and bike-friendly streets. Stop at Dunkin' at Sloans Lake for a beverage & donut (bring \$). Comfy 10-14 mph pace. Register via TEXT to the leader by Monday, July 3. Ride won't go if rainy or forecast is for morning rain; call the leader if in doubt.

## Wednesday, July 5th:

**8:30AM LEISURE-H1-17-SW** Fox Hollow to Platte River and back. Meet Dave Noble (home 303-694-2008, cell 303-906-3163) at Fox Hollow golf course (park on the east side) for a ride to the Platte River and back. Lunch after at the golf club.

**9:00 AM FUN -H2&3-20SW** Ride the Roller Coaster Construction change: Meet Patty Gaspar 303-618-5069 at Broken Tee Golf Course 2101 W Oxford Ave, Englewood to ride the Platte River Trail to Mineral to take the bridge over Santa Fe and ride the trail up Mineral to the Highline Canal and over to C470 trail, then a final climb to Clarkson for your reward - fun rollers followed a great downhill to Big Dry Creek to finish the loop. Bring lunch for a picnic.

## Thursday, July 6th:

**9:30 AM FUN PLUS-H3-24-Frisco (Elevation Gain = 1171')** Meet Jeff Krinsky (720-373-9107) for THE FREE ICE CREAM TOUR OF LAKE DILLON. We will meet at the Summit Middle School parking lot in Frisco and ride the multi-use trail around Lake Dillon toward Keystone. We will then climb the Swan Mountain bike path to the top and enjoy the incredible view after which we will enjoy the fabulous downhill toward Frisco, completing a circle back to Frisco where DBTC will purchase ice cream for all riders at the Foote Sweet Shoppe. Directions to Summit Middle School, 158 School Rd, Frisco: Drive westbound from Denver on I-70 to Exit 203, and take the roundabout exit that leads south onto the bridge crossing I-70. Continue south on Summit Blvd. (Hwy 9) for 0.8 miles to the stoplight intersection of School Rd. & CR 1040. Turn left onto School Rd., and look for DBTC members in the parking lot.

## Friday, July 7th:

**7:30 AM FUN-H2-21-W-1034' elev. gain.** 2023 Birthday Girl Ride! Meet 07:30 am. Register via TEXT to the leader by July 6. Join birthday-girl, Marilyn Choske, (303-905-8510) at Anderson Park, 44th & Field St., Wheat Ridge. Park at the back of the lot near the bike path. Nice, no-rush, casual pace for this westbound loop to Golden and the Peaks-to-Prairie trail & return. Some hills up, some down! Birthday cake & iced tea at the end of the ride. Limit 10 riders, including leader. Ride will not go if it is rainy or forecast for morning rain. Call the leader if in doubt.

**7:30 AM INT-H4-35-W-3300' Elev. Gain.** Meet Bill Luttrell (719 235-3868) at Rooney Trailhead Parking off Rooney road just North of Dinosaur Ridge at 7:15AM, wheels down at 7:30AM. We will head North up Rooney Road to the bike trail next to US 6, to 19th, then up Lookout mtn, regroup at Windy Saddle, then up to top of Lookout for snacks and water break, then West on Lookout mtn road, right onto Colorow, back onto Lookout mtn road, right up Mt Vernon road, then down to bike trail next to I70 to Evergreen, then to Keer Gulch road down to 74, down to Morrison and back up Rooney to the start. Figure on moving at a good pace. We will take stops along the way as required by the group.

## Saturday, July 8th:

**8:30 LEISURE H1-21-NW** Easley, Clear Creek, Ralston. Meet Jake Jacobi (720-808-2306) at Westwood Golf Course, 6655 Quaker St, Arvada. We will ride south on Easley Road, east on the Clear Creek Trail to Gold Strike Park, and then back on Ralston Creek Trail. Lunch afterwards at the course's clubhouse. Park in the west end of the parking lot.



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**8:45 AM FUN-H2-28-SE-700'** Meet Ellen Fitzpatrick (720-209-2269) at Mamie Eisenhower Park Rec Center, 4300 East Dartmouth Ave., Denver (Colorado Blvd and Dartmouth) to ride the Highline Canal through Cherry Hills and South to Prince Street in Littleton. We can make a quick stop in the cemetery if you'd like to see Alfred Packer's (read story via google) final resting place before heading to a nearby ice cream shop. Then back via bike path along the Platte to Big Dry creek and neighborhood streets to the start. The first 14 miles are on light gravel and the last half on pavement. The surface makes it a more difficult ride, so a hybrid or gravel bike is easier than a road bike. Bring money for ice cream, and stay after the ride for lunch/social at the park.

**9:00 AM FUN PLUS- H2 - 28 Miles West** Meet Tom Fitzgerald (303-424-1082) at Sloan's Lake (north side, near the restrooms). We'll ride north on some quiet streets in NW Denver to the Clear Creek Trail, east to the Platte River Trail, then south to REI for a break. Then back on the Platte River Trail south to the Lakewood Dry Gulch Trail, and west to Garrison Street. Finally, north on Garrison through the Glens to 26th Avenue, and east back to Sloan's Lake.

## Sunday, July 9th:

**9:00 AM FUN PLUS-H3-21 NW (1541 ft of elevation gain)** – HIDDEN GEMS OF GOLDEN JUGGLING RIDE!!! Meet Jeff Krinsky (720-373-9107) for this fairly new Hidden Gems adventure around beautiful Golden including a new trail into the foothills. We will meet at Lions Park at 10th and Maple in Golden and ride the Golden Circle and beyond to Heritage Park and other unexplored areas including, I promise you, a rose garden. Riders will be rewarded for their climbing around Golden with a high altitude juggling act at Heritage Dells Park before the descent begins.

## Monday July 10th:

**LEISURE-H2-15-SW 8:30 AM Ride to the State Capitol** Meet Lin Hark (303-507-3502) at Cook Park Recreation Center for an easy ride along Cherry Creek to the Colorado State Capitol for a tour of the capitol and the dome. Tours start at 10 AM and can take up to 30 people first come first serve so I hope we can get in on the 10AM Tour and hopefully can get a tour of the dome after or before the tour. They only do the 15 minute dome tour during June and July. Bring a lock and snacks. We can wander around Civic Center Park and get some lunch from the food trucks after the tour. For more about the Capitol Tours [leg.colorado.gov/content/tour-information](http://leg.colorado.gov/content/tour-information)

**10:00 AM FUN-H3-25-W** Meet Merri Bruntz (303-517-9781) at the ballpark in Idaho Springs for a ride to Georgetown. We will take the trail through Idaho Springs and ride the service road to Georgetown for an ice cream break (bring \$\$) before returning to Idaho Springs. DIRECTIONS: Take exit 241 off I-70 and take first right at the roundabout. Follow the road over I-70 and just past the green sign turn right (county road 314). Take a right at the stop sign and continue to the ballpark. Park on the north side of the park. Bring a sack lunch for a picnic afterwards.

## Tuesday, July 11th:

**9:00 AM Leisure-H1-20 NE** Meet Wayne Tomasello (720-854-8767) at Twin Lakes Park (226-318 W 70th Ave, Denver, CO 80221) for a ride on Clear Creek trail to the Platte River trail to 104th and return. Optional lunch at Micky's

**9:00 AM INT-H3-24-1800' elev gain.** "EMPIRE ICE CREAM RIDE" - MEET 09:00am, ROLL 09:15 am. Register via TEXT to the leader by July 10. Meet Marilyn Choske (303-905-8510) for this Idaho Springs-to-Empire ride. Drive/meet directions follow description. Pedal on bike path/trail thru Idaho Springs, onto Stanley Road and Hwy 40 to Empire Dairy King. NOTE--there is no good shoulder on Hwy 40 to climb up to Empire; use caution. Bring \$ to purchase and enjoy your ice cream treat. Return the same route. CASUAL pace to and ZIPPITY-DO-DAH from Empire (mostly downhill). Limit 8 riders, including leader. Ride won't go if rainy or forecast is for morning rain; call the leader if in doubt. DIRECTIONS: I-70 Exit 241. Take first RIGHT at the exit roundabout and follow the road up & over I-70. Just past the green sign, turn RIGHT towards County Road 314 (if you miss this turn, you're back on eastbound I-70!). Turn RIGHT at the stop sign & continue to the ballpark ahead and park on the north side of the park. Look for leader's red Kia Sportage w/bike rack.

## Wednesday, July 12th:

**9:00 AM FUN PLUS H-2-18 SW** Route may change due to trail closures. Meet Peter Woulfe (540-219-6674) at Clement Park. Meet behind the library near the skateboard park. We will ride some quiet streets in the Columbine neighborhood to South Platte Canyon Rd., to Chatfield State Park, up the dam, ride the paved portion then to the C-470 trail, to Garrison St., onto a few quiet, winding streets, to the Dutch Creek Trail, and return to Clement Park. Bring a lunch for a picnic after the ride.

**9:00 AM FUN-H2-20 SW** Meet Patty Gaspar (303-618-5069) at Clement Park behind the library near the skateboard park. We'll do a different route winding along various paths and quiet streets down to the Platte Trail and then back to the park.

**10:00 AM MTB P3, T2, 16 miles Gold Dust Trail** THE RIDE: Meet Steve Thomas and Jeff Basinger for a ride on the Gold Dust Trail outside of Como, just off Hwy 285 and Boreas Pass Road. The ride will be out and back for approx. 16 miles. There will be options for riding out or back on the Boreas Pass Road for those not wanting to ride the Gold Dust trail both ways. The high point of the ride is at about 11,400 feet so it may be cool. THE TIME: Meet in Como at 10:00 AM. Park in

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town as there is no parking along the road at the trailhead, which is approx. 1 mile out of town. THE DIRECTIONS: Go west on Hwy 285 to the Como/Boreas Road turnoff. Go west approx. 0.5 miles to the town of Como. Como is about 1.5 hr. drive from Denver (72 miles). THE FOOD: Bring snacks and lunch for on the trail and after the ride. QUESTIONS: Contact Steve Thomas at 303-419-2531.

## Thursday, July 13th:

**Members only 8:45 AM LEISURE-H1/H2-18-SE.** Duffy Rolls and Poolside Lunch Ride. Meet Janet Kritzer (303 883-2474 cell) for a ride through Cherry Hills, Greenwood Village and beyond. Enjoy Duffy Rolls to start and a gravel trail ride on the Highline Canal Trail to Big Dry Creek to Belleview Park. After riding thru Old Cherry Hills and Woody Hollow Park, we will then wind thru some pretty streets and the Highline to arrive back at 34 Sedgwick. Ride will be 2/3 on packed gravel with some dirt on the trails. Hybrid bike suggested. Meet at Janet Kritzer's home 34 Sedgwick Drive ( Devonshire Heights) Cherry Hills Village to park and start. After the Ride: Duffy's Sandwiches served at poolside tables and under covered umbrellas. Directions: 34 Sedgwick is just off of Hampden Ave on the south side halfway between University and Colorado Blvds. ( Wellshire Golf Fairways are across the street) Turn into Devonshire Heights and make an immediate left to go to 34 Sedgwick. Please park in a single file in the circular wide driveway or on the street in front of the house. DBTC Members only. MUST RSVP to Janet Kritzer 303-883-2474. Would love a lunch count!

**9:00 AM Fun Plus -H2 33 – NE** Rotella Park to Westminster Recreation Center Meet Fred Tarbell (630-888-5290) at Rotella Park, East end by shelter one, 1824 Coronado Pkwy S. Denver. We will use the Niver Creek trail to connect to the North Platte River trail. North on Platte River trail to Grange Hall River trail which takes us to The Margaret Carpenter Park. Continue West through Thornton and Northglenn on neighborhood greenway trails to Westminster. In Westminster we connect to Farmers Highline trail to follow it to the Westminster Rec center. Water and restrooms available during our break before we return on the same route. Bring snacks or lunch items if you want to socialize at Rotella Park after the ride.

**9:00 AM INT H3-40 miles 2600 gain** Please RSVP to Diane Short 303-271-9642 (landline only). At least 4 RSVP to have the ride go. Meet at the old Forest Service parking lot that is the entrance to the bike path at the south west end of Idaho Springs (exit 240). We'll take the bike path, then the frontage roads to Georgetown, then the Gtown bike path to Silver Plume, frontage road to Bakersville (40 miles, ~2600 ft gain). Option to take the bike path to Loveland Valley (50 miles ~ 3500 ft gain). Rest stop on the way up at Georgetown Visitors Center. Riders' choice for lunch on the way back. Weather dependent, so be sure to call the ride leader if there is a question.

## Friday, July 14th:

**8:00 AM INT-H4-36-S 3000' Elev. Gain.** Join me on this scenic ride with great views of Pikes Peak, Rampart Range and the Front Range. Meet Bill Luttrell (719 235-3868) at King Soopers in Highlands Ranch at 4000 Red Cedar Drive at 7:45am, wheels down at 8am. We will head up Monarch to Castle Pines, Lagae Road, across I25 to Mesa Dr., Sapphire Point Blvd., Crowfoot Valley Rd, Hess Rd, Castle Pines to Daniels Park, then mostly downhill back down Monarch to the start. There are several bathroom and water refill stops along the route. We will stop as necessary for breaks and to regroup.

## Saturday, July 15th:

**9:00 AM –Intermediate–H3– 25 Miles SW** Meet Tom Fitzgerald (303-424-1082) at the Stone House (Estes & Yale at the Bear Creek Trail). We'll pedal west to Fox Hollow Golf Course, through Bear Creek Lake Park to Morrison. Then north along the C470 Trail, over C470 to Rooney Road, and up & over Dinosaur Ridge, then up to the Trading Post at Red Rocks, and back to Morrison. From there we'll pedal back east through Bear Creek Lake Park, to Fox Hollow Golf Course, and on to the Stone House. NOTE: we'll be climbing over Mt. Carbon in at least one direction. Bring a sack lunch for a picnic afterwards.

## Sunday, July 16th:

**8:00AM FUN PLUS-H1-38-SE 900' Elev Gain.** Meet Bill Luttrell (719 235-3868) at Eisenhower Park. We will ride down Dartmouth to the Mary Carter Greenway trail to Chatfield Res. and turn around at Titan Road and head back the same way or another way as the group decides. There is plenty of water and bathroom stops on this ride and we will stop as required by the group and to regroup. Bring snacks, water and a lunch

**8:00 AM LEISURE-H1-25-NE** Ride From Stanley to Globeville Landing. Meet Eileen Hunt (720-841-9558) at Stanley Marketplace (in front of Logan Coffee), intersection Dallas and 25th in Aurora. Out and back on bike paths through Central Park to the Sand Creek bike path to the South Platte River trail. Lunch after if desired somewhere in Stanley Marketplace. Average 10mph although downhills will be faster.

## Monday July 17th:

**9:00 AM FUN-H2-22-NW** Meet Merri Bruntz (303-517-9781) at Crown Hill Park (26th & Garrison) for a ride to Wash Park. We will ride through neighborhoods to the Cherry Creek Trail, which we will take to Wash Park. After riding around the park and taking a break, we will return via the same route. Bring a sack lunch for a picnic afterwards.

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## Tuesday, July 18th:

**7:37 AM INT-H4-25-2470' elev gain.** "The Sweet Georgetown-to-Loveland-Valley & Return Ride" Register via TEXT to the leader by July 17. MEET 07:37am; ROLL on-time at 08:00 am. Join Marilyn Choske (303-905-8510) in Georgetown (location TBA) and pedal up—via bike paths and quiet roads—to Silver Plume and on to Bakerville's 5-mile bike path that spills us out onto Hwy 6 just below the Loveland Valley ski area lodge, where everyone will take a (longer) snack break. Return the same way for a dy-no-mite descent and stop en route at Georgetown Valley Candy Company for ice cream for your efforts, compliments of DBTC! If you've been riding and conditioning yourself for a real challenge, join us for this adventure. Because it's an out-and-back, you're welcome to turn around at any time, and we'll meet you back in G-town for ice cream. CASUAL uphill pace, meaning at YOUR comfortable pace. Limit 10 riders, including leader. Ride will not go if rainy or forecast is for morning rain; call the leader if in doubt. Remember that this is mountain riding – warm, waterproof wear!

**8:30 AM LEISURE-H1-18-SW** High Line Canal Trail (the beginning) Meet Karen Kelley (303-260-9029) @ 8:30am at the Waterton Canyon Trailhead parking lot (south on Wadsworth past Chatfield State Park, L on Waterton Rd 1/8 mile to parking lot on Left. Ride gravel trail out and back segments 1, 2 & 3 . Bring a snack and money for optional lunch after.

**9:00 AM FUN-H2-20 NW** Meet Wayne Tomasello (720-854-8767) at Original Brooklyn's (2644 W Colfax Ave, Denver, CO 80204) for a ride on Lakewood Gulch to Garrison to Sanderson Gulch to the Platte River to complete the Loop. Optional lunch at the Original Brooklyn's. Please park in the "Y" lot and see me for a parking rebate.

**11:00 AM MTB P2.5, T2.5 Staunton State Park.** Meet Dick Plastino (303-988-5359 land line) at the south parking lot in the Park. This is reached by making a sharp hairpin turn to the right about 200 feet past the entrance building (\$10 fee). The ride will be up Staunton Ranch Trail and then take Bugling Elk over to West Meadow and do an out and back for a total of about 15 miles and 2000 feet of vertical. Staunton State Park is reached by traveling on Hwy 285 about 6 miles past Conifer and as you travel on a long downhill grade, you will see a sign that says "Shaffers Xing/Elk Creek Road". Take that exit and at the stop sign turn right and drive 1.3 miles to the park entrance. Bring food and drink for a parking lot picnic after the ride.

## Wednesday, July 19th:

**9:00 AM FUN/ FUN PLUS H-1 20 SW** Meet Peter Woulfe (540-219-6674) cell at the west end of the parking lot for the Broken Tee Golf Course (2101 W. Oxford, Englewood 80110). We will ride the South Platte north to REI and return the same way. We have 2 detours along the way. Bring a lunch for a picnic after.

## Thursday, July 20th:

**9:00 AM FUN 24 mi NE** Sand Creek and Northfield Loop Meet Fred Tarbell (630-888-5290) at Twin Lakes Park. 226-328, 70th Ave (West of 53 and 224 intersection) Ride East on Clear Creek trail to South Platte trail junction. South over bridge to Denver to the Sand Creek trail junction. Follow Sand Creek to the Sand Creek Greenway and do a loop in an open urban park. A mid ride stop at Starbucks for bathroom and refreshment before continuing to the North Field Mall and another urban park loop. Return on Sand Creek to Twin Lakes for recovery, socializing, and lunch if you brought.

**5:30 PM MTB P1.5, T1.0, Waterton Canyon THE RIDE:** Meet Jennifer Saxhaug for an evening ride up Waterton Canyon. THE TIME & DIRECTIONS: Meet at the Audubon Nature Center parking lot on Waterton Road at 5:30PM for a 6:00 ride start. THE FOOD: Bring snacks, drinks and chairs for after the ride at the parking lot. QUESTIONS: Contact Jennifer at 720-260-8595.

## Friday, July 21st:

**8:00 AM INT-H4-48-W 3600' Elev. Gain.** Join Bill Luttrell (719 235-3868) at the Georgetown Visitor Center at 7:45am, wheels down at 8am on this mostly pretty trail from Georgetown to Loveland Valley and from there we will ride the 4 miles to the top of Loveland Pass. After Bakerville we will stop at a creek and use my water filter to refill water bottles with nice cold rocky mountain spring water. We will stop at the top for whatever lunch you brought. We will stop along the way for water and snack breaks as required by the group. Figure a pretty good pace as we need to get to the top before any thunderstorms.

## Saturday, July 22nd:

**9:00 AM FUN PLUS-H2-29 N (774 feet of elevation gain)** – THE HIDDEN GEMS OF THORNTON!!! Meet Jeff Krinsky (720-373-9107) for this brand new Hidden Gems adventure around Thornton and other nearby areas highlighted by Clear Creek, Platte River (including the infamous Thornton Ponds) backwards on the Highline Canal, HWY 36 Trail, and Little Dry Creek. To do this loop right we need to go 29 miles but it will be well worth the effort! We will meet at Twin Lakes Park (west of Broadway on 70th Ave). Bring food for a post-ride picnic lunch at beautiful Twin Lakes Park.

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## Sunday, July 23rd: Summer Picnic at Prospect Park

**8:30 AM LEISURE-H1-16-NW.** Leisurely Picnic Ride. Meet Jill McMahon (303 888-0314) at the DBTC Meeting place at Prospect Park. We will travel east on the Clear Creek Trail for an out and back ride. We will return to the Picnic hungry and ready to eat and chat with DBTC friends.

**8:30 AM LEISURE-H1-20-NW Anderson Park/Van Bibber Trail/Easley Road ride.** Meet Dave Noble (home 303-694-2008, cell day of picnic 303-906-3163) Prospect Park to Anderson Park to Van Bibber Trail to Easley Road to Clear Creek Trail and back to Prospect Park. Bring a snack for the break, but we will be back in time for lunch!

**7:45 AM FUN-H2-28-NW-1100' elev gain. "2023 Summer Picnic ARVADA ARROWHEAD Loop"** Register via TEXT to leader by July 22--\*LIMIT 10 riders\*. MEET 07:45 am, DEPART 08:00. Join Marilyn Choske (303-905-8510) at Prospect Park in Wheat Ridge. Ride an arrowhead-shaped loop around Arvada on bike paths and bike-friendly roads. Bring \$ for an optional beverage stop along the way. Pace 10-14mph. Picnic awaits our arrival for those who registered for the picnic!

**9:00 AM FUN-H3-20-NW** Meet Merri Bruntz (303-517-9781) at Prospect Park (44th & Robb) for a loop ride to Golden, through Arvada and back to the park. We will ride the Clear Creek Trail, Tucker Gulch, Mesa St Trail, Van Bibber Trail and Blunn Trail before taking 52nd Ave through western Arvada to return. Note: We will spend approximately one mile on a wide shoulder on Hwy 93 during this ride.

**9:00AM FUN-PLUS/INT-H2-23 -NW** Meet Peter Woulfe (540-219-6674) at Prospect Park We will ride west on Clear Creek Trail to McIntyre, then 64th around the reservoir to the Blunn and Van Bibber Trails, then a few streets to Easley and back to the Clear Creek Trail for our return.

**8:00 AM – Intermediate–H3– 25 Miles-NW** Meet Tom Fitzgerald (303-424-1082) at Prospect Park. We'll ride west on the Clear Creek Trail to Golden, then wind our way through downtown Golden and Colorado School of the Mines campus to 19th Street, and Lookout Mountain Road. We'll pedal up Lookout Mountain, regrouping at a few stops, including at the Trading Post. After a brief rest, we'll continue on Lookout Mountain Road to Colorow Road, where we'll loop around the Boettcher Mansion, and back down the face of Lookout Mountain. And from there, we'll work our way back to Prospect Park, again via the Clear Creek Trail.

## Monday July 24th:

**9:00 AM FUN-H1-19-SW** Meet Merri Bruntz (303-517-9781) at the Stone House (Estes & Yale along the Bear Creek Trail). We will ride east on the Bear Creek Trail to the South Platte Trail taking it south to Nixon's Coffee for a break. We will return via the same route. Bring a sack lunch for a picnic afterwards.

## Tuesday, July 25th:

**9:00 am LEISURE-H2-22-NE** Meet Wayne Tomasello (720-854-8767) at The Black-eyed Pea Restaurant off 104th at I-25 for a ride along the Farmers Highline Canal to Standley Lake. The ride is on a mostly paved bike path with some dirt areas. There is some street riding. Lunch after the ride is at The Black-eyed Pea.

**7:30 am FUN+-H4-30-SW-1800' elev gain.** "Green Gables Southwest Loop to Magill's Ice Cream" Register via TEXT to the leader by July 24. MEET 7:30, ROLL 7:40. Join Marilyn Choske (303-905-8510) at Green Gables Park, enter from the east side of Garrison, located between Wisconsin & Florida, for this ambitious leg-burner, heart-pumping LOOP ride. Pedal south and west thru Bear Creek Park & Mt. Carbon to C470 south. Ride onto Ken Caryl to South Valley Road and on to Deer Creek Canyon Road for a short way. Exit at Ute and access northbound Kipling Parkway bike path all the way to Girton (near US285). Continue north & east to Magill's on Jewell. Bring \$ and enjoy your ice cream. Finish the ride NW to Garrison & Florida and our awaiting cars. Here's your [RWGPS](#) link of the route.

## Wednesday, July 26th:

**9:00 AM FUN H1-21 SE Explore South High to Central Park (not in NYC)** Meet Patty Gaspar (303-618-5069) in the parking lot of South High School, corner of Louisiana and S. Franklin, near the SE corner of Washington Park, you may have to park on the street. The ride will include Westerly Creek, Central Park, City Park, and Cheesman Park. Let's hope the leader doesn't get lost again! Lunch at Duffy's.

**9:30 AM LEISURE-H2/3-24-WEST Idaho Springs to Georgetown.** Beat the heat! Meet Marlene Patacky 720-838-7338 at the Clear Creek Ranger Station, 11 Highway 103, Idaho Springs, CO 80452. (I-70 to Exit 240-103 to Mt. Evans. Bear L on 103 Chicago Lake Rd to Ranger Station) Gradual climb on paved frontage road 1000 feet to Georgetown where we will enjoy lunch at the Happy Cooker. Then all downhill back to cars!

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## Thursday, July 27th:

**9:00 AM FUN PLUS H1 32 NE Rotella Park to Brighton.** Meet Fred Tarbell (630-888-5290) at Rotella Park, 1824 S. Coronado Pkwy, Denver, (East end at shelter 1) Ride East on Niver Creek bikeway to South Platte trail. Turn left, North on South Platte trail, following the Platte River on the right, for 16 miles to Brighton. Bathroom and break in Brighton, or in route, before returning the same route to Rotella Park. Bring money for Berry Bleenz, Stone Cold Creamy, or Starbucks if desired. Entire route is flat and open, with only the last mile on streets. Socializing or snack/lunch after the ride if desired.

## Friday, July 28th:

**9:00 AM FUN-H2-25-NW NEW & IMPROVED WESTMINSTER CLASSIC.** Meet Jeff Krinsky (720-373-9107) for an exciting ride full of unexpected twists, turns, and surprises...and now with BRAND NEW TRAILS. We will meet at the parking lot WEST of the baseball diamonds in Westminster City Park. (Directions: From US 36 and Church Ranch Blvd/104th Ave. exit, east on 104th about 1/2 mile to the first left after the Westminster Blvd light, then go LEFT again into the parking lot. The address for the park is 10455 Sheridan Blvd but note again that we are meeting WEST of the buildings and baseball fields.) This ride takes us through the Westminster, Northglenn, and Thornton area, including the Farmer's Highline Canal, Lee Lateral, and Grange Hall Creek trails.

## Saturday, July 29th:

**8:30 AM FUN-H2-30-SE-850'** Meet Ellen Fitzpatrick (720-209-2269) at the Broken Tee Golf Course, 2101 West Oxford Ave., Englewood. Park at the west end of the parking lot closest to the river. We will ride south along the Platte out to the Chatfield marina and back using both road bike lanes and bike paths. Bring lunch or snacks for social time after.

## Sunday, July 30th:

**9:00 AM Intermediate – H3 -32 miles - North-White Ranch Ride** Meet Donald Schmertz (720-785-0616) at Gold's Marketplace. West parking lot located at 10151 W. 26th Street in Wheat Ridge. Email me at roadrider80226@yahoo.com any questions on the route or start location. Wet roads will cancel the ride. All rides are no drop rides.

## Monday, July 31st:

**9:00 AM FUN-H1-26-SW (Merri's Birthday Ride--a day late)** Meet Merri Bruntz (303-517-9781) at Reynolds Landing (6745 S. Santa Fe Dr.) for a ride north on the South Platte Trail to REI. After a break we will return via the same route. Bring a sack lunch for a picnic afterwards. DBTC will provide cupcakes (including one with no sugar).