



The Colorado Bicyclist

Newsletter of the Denver Bicycle Touring Club

June 2023

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Get ready for the annual

DBTC Summer Picnic!

Sunday, July 23rd 2023
Prospect Park

Details will be provided in upcoming newsletters as well as emails.

If you have questions, if you want to contact an officer or have items to sale in the DBTC Marketplace, send an email to:

DBTCinformation@gmail.com

DBTC's Officers

President
Mark Shimoda 303-514-6248

Vice President
Virginia Dudley 303-810-0233

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Ruby Frederick 303-522-3573

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Kathleen Shelton 303-264-9878

Guest Relations
Open Position

President's Message

Mark Shimoda



I write this message from sunny Lake Como in Italy having finished a week of real bicycle touring. A group of us started in Augsburg, Germany and finished in Merano, Italy, all on bicycles, e-bikes and manual bikes. This trip took a week and we were supported, a van carried our luggage with most of us packing between 30-40lbs/person.

Touring on a bicycle is a wonderful way to travel. It is a great way to meet people. Bicycle clothing identifies us as bicyclists and that is a conversation starter. We are often asked where are we cycling, where did we start and where are we going not only that day but for the whole tour. Seems like getting a croissant at breakfast is a great opportunity to chat with a stranger.

Touring on a bicycle gives us increased sensitivity to the weather. This trip was unusual in the cold temperatures we experienced, often starting our ride at 9am with 40-45 degree temperatures. These temperatures are tough to ride in at home with our Colorado sun, but the German, Austrian and Italian cloudy skies made the temperatures even more of a challenge. Our tour was organized so that we started on May 14, in Augsburg, Germany and ended on May 21, in Merano, Italy, so we had to ride through this cold cloudy weather to stay on schedule. But, the weather now becomes just part of the experience and the memories.

The tour we did in concept followed the Via Claudia Augusta which is a route the Romans traveled centuries ago. This route is an established route through the three countries. It consists mostly of dedicated bicycle paths, sometimes shared with farmers, some dirt roads and paths and our guide decided to take an optional route that included about 1/3 mile of single track. There were two segments of busses that took us over mountain passes that separate Germany and Austria and again Austria and Italy. The Via Claudia passed through many small towns so staying in hotels was easy to arrange.

This experience has me looking forward to doing some bike touring in Colorado this year. The Denver to Glenwood Springs and returning by train sounds like a fun starter. I know several who have done it already so I know it can be done.

Time spent in Berlin, Germany has me also wanting to use my bicycle as more than a means of entertainment and a tool for physical conditioning. Jerry Baer and I sat for about 1.25 hours on a corner and watched hundreds of bicyclists go by on all different types of bikes, skinny tires, fat tires, straight handle bars, dropped bars, panniers, front-load cargo-like bikes, you name it and it went by. Auto traffic was busy but since the bicycle lanes were separated by about a 4" barrier and were about 5' wide, bicyclists and autos worked together well!

The one outstanding observation, out of the hundreds of bicyclists, the number maybe approaching 1000+, only two people in Lycra. Everyone else was dressed in their usual clothes, including lots of jeans. And, checking out bike saddles, they were skinny or only slightly wider than what we ride on. Biking was just part of their daily life, not a special activity. When I return home, I'm going to try riding to the grocery store in my usual clothes and see how it works.

So this trip has inspired me to do more biking, incorporating my bike more into my life, and to put more touring into my biking. Care to join me?

Mark Shimoda

WELCOME NEW DBTC MEMBERS

Sears Barrett	Kenneth Lieb
Stephen Booth-Nadav	Jim McDonough
Susan Brashear	Anthony Mercer
Sally Coates	Cheryl Webster
John Fitzpatrick	Shari Weissman
Tricia Lee	

A Big Thank You to Our 2023 Sponsors!



Charnes Tours - www.charnestours.com

Looking for a great bike vacation in Europe? Charnes offers both self-guided and guided bike tours in Italy, Germany, Austria and Croatia with a new trip in Albania in 2023. David Charnes lived in Italy for 30 years and is experienced and eager to share the latest news about biking in Europe!



Jim Holmes

Jim is both a cyclist and a seasoned realtor of over 40 years who merged his real estate practice with the Kiker Team, Keller Williams Realty, DTC in 2018. Jim and his brother Bill served on a DBTC committee in the mid 90's that helped create and market the official club Jerseys and Tee Shirts still seen around today! Jim is passionate about empowering seniors to live as independently as possible with the best quality of life.



Financially Speaking, Inc. - www.financiallyspeakinginc.com

Phil Luccock, founder and president of Financially Speaking, Inc., is an avid cyclist and long-time supporter of the DBTC. He and his diversely talented team strive to ensure that clients receive the personal service and professional recommendations needed to achieve their unique financial objectives. As a fee-only financial advisor, we do not sell anything or receive commissions, thereby avoiding potential conflicts of interest. At Financially Speaking, Inc., we want to do more than help our clients build wealth; we want to help them live a richer life. Initial consultations are always free of charge.

Steel Horse Rescue - SteelHorseRescue.com

Steel Horse Rescue is your resource to help you ride longer & easier! Professional Bike Fitting at a fraction of the cost of some other fit systems. Take advantage of over 30 years' experience, including 7 years' experience at the dedicated fit studio at Bicycle Village. Training at New England Cycling Academy now Fit Kit, Trek bicycles 40 hr course, 16 hr course at Fit Kit, 4 hr course at BBI in Colo Springs. Want to learn more about maintaining your own bike? Ongoing Maintenance Classes, both group and individual, are available, all tools supplied! Certificates held from BBI, Shimano T.E.C., Professional Bicycle Mechanic Assoc, Yamaguchi Bicycles Frame Building School. Contact us now through our website Steel Horse Rescue FB page [Steel Horse Bike Rescue](#) or at wrenchrandy@gmail.com



How to Read the Ride Description

Expected Pace of Ride – this is the expected average on flat roads or trails. It will vary by terrain. Ride leaders are encouraged to include the expected pace of their ride in the description. Remember 15 mph is the speed limit on most trails. We also use a color code.

Green: Leisure or Roses rides average 8 to 10 mph and are no drop.

Blue: FUN rides average 9 to 12 mph and are no drop; but, if you are not sure you can ride at that pace, talk to the leader.

Purple: FUN PLUS rides will average 11 to 15 mph. They will be at a brisker pace but one that many riders can maintain.

Black: INT rides are 15+ and we ask leaders to include an expected pace (i.e. 15-18 mph or 20-22 mph). These rides have few rest stops, and they expect you to keep pace. Some rides might be INT because of a lot of climbing, so the pace will be slower than usual.

MTB: Mountain biking uses its own system.

Sometimes you will see **FUN/FUN PLUS** or **FUN PLUS/INT** that indicates the ride will be at the top of the lower category so if you are a strong **FUN** rider, for instance, you can probably keep the pace of a **FUN/FUN PLUS**.

The Hill categories help you determine how much climbing to expect:

H1 – is relatively flat - Such as along the Platte River.

H2 – is hilly – Be prepared to climb. There may be short, steep climbs; long, slow climbs; or rolling hills. Read the description.

H3 – is steep – There will be at least one or two steep or very long climbs. Read the description. Leaders may include Alt Gain instead.

H4 – Serious Climbs.

Altitude Gain or Alt gain – we encourage leaders, especially INT, to include altitude gain in their ride descriptions. Many of the mapping apps will provide that gain in their ride descriptions. If they are not gaining much altitude, they can simply use the Hs.

Mileage is estimated. Please try to be within 5 miles of the actual mileage.

Part of the City – Colfax is the north-south dividing line. Broadway is east-west dividing line. West is the mountains and Central is downtown. This is just to help you find the starting point. MeetUp will usually have a map of the starting point.

We hope these explanations will help you determine which ride will be best for you. We have tried to align the categories with other clubs and take advantage of software. INT rides are for strong riders, the FUN PLUS category is a ride for strong FUN riders and not beginners. FUN riders will make frequent stops to let slower riders catch up. LEISURE is the place to start.

It is important the leaders describe their rides clearly and that riders read the description to decide if it is a ride for them. You can always contact the leader with questions.

We need more leaders and especially on the weekends. We like to have a FUN or FUN PLUS in both the north and south areas and at least one INT ride. To do that, we need YOU.

Your 2023 Event Coordinators

Here are your event coordinators for 2023. They will be the primary person(s) responsible for the listed event but must depend on about 15 others to help roll out these events. Please offer **two hours of your time** and help make these events fun for all.

Summer Picnic
Sunday, July 23rd
Prospect Park
Mark Shimoda

Caramel Apple
Saturday October 7th
Broken Tee
Ruby Frederick

Volunteer Recognition Dinner
To be decided
Ron Vasquez, Riggs Osborne,
Cynthia Withers

Spring Kick Off



On Saturday May 6th, 2023 many DBTC riders gathered at Clement Park for 4 rides (2 LEISURE, FUN, AND FUN+/INT) followed by a picnic. Primal was there to give members a chance to try on jerseys and shorts towards ordering the right sized DBTC versions.



C-470 Trail Bridge Over Acres Green

About the Project:

This project is a partnership between CDOT, the City of Lone Tree and Douglas County. It consists of building a Trail Bridge adjacent to westbound C-470 over Acres Green Drive and adding traffic signals to the Acres Green Drive and Parkway Drive intersection.

This is a multimodal infrastructure and safety improvement project.

Work Schedule:

- Work is expected to begin in early February and last for one calendar year
- Working hours are 7 a.m. to 7 p.m. Monday to Friday
- Some weekend work is expected
- All construction schedules are weather dependent and subject to change

Traffic Impacts:

- No impacts are expected on mainline westbound C-470 during the project's duration
- Intermittent lane closures and/or full closures will be in place on Acres Green Drive during safety critical work
- Detour signage with short delays can be expected during these closures
- Access to the C-470 Trail will be closed during certain times, with trail detours in place
- Construction signs, cones and devices will be present 24/7 alerting motorists, pedestrians and cyclists to the closures and restrictions

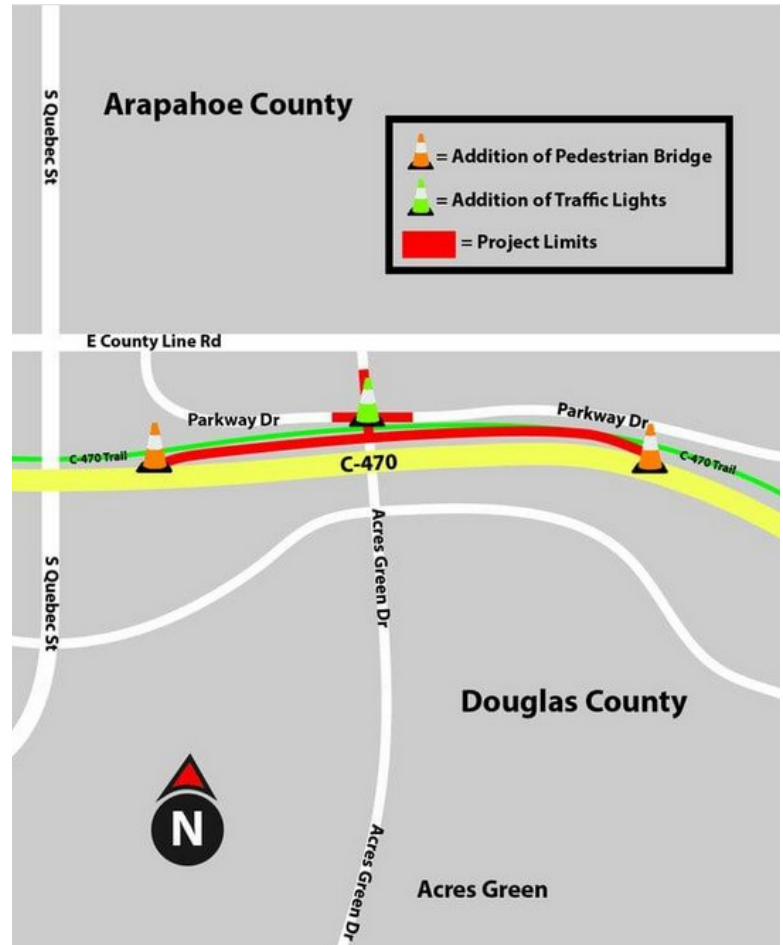
Project Facts

Cost: Pending

Contractor: HEI Civil

Timeline: January 2023 - January 2024

Location: Adjacent to westbound C-470 over Acres Green Drive, between Yosemite and Quebec



Where's Waldo in Colorado?

There are many interesting things we see as we cruise along the paths and byways on our bikes. If you see something interesting, take a picture of it without a biker in front of it. Forward it to jkriksy2003@yahoo.com along with a description of what it is (if it's not obvious) and where it is located. Jeff will make a collage and at the VRL we will have a contest to see who can name the most places. There will be a fabulous prize (well maybe not so fabulous) for the person(s) who can name the most sites.



Bike Path Detour Alert: **Alameda at the South Platte Trail**

CDOT will spend almost two years replacing the car bridge.

The South Platte River Trail underpass beneath Alameda Avenue is closed until further notice for a bridge replacement. April 8, 2023.

Starting Saturday, South Platte Trail cyclists, walkers, boarders, and jaunters will have to take a detour to get past Alameda Avenue.

Colorado's Department of Transportation is spending \$22 million to replace the Alameda bridge over the river. The bridge was originally constructed in 1911 and, according to CDOT, is the oldest bridge in the state's highway system. The project to replace it is supposed to include an "on-street two-way cycle track" between Lipan and Kalamath streets, help with flood capacity and renovate the trail beneath it.

Trail users will have to hike up the riverbank and cross Alameda. CDOT says the project will last until Dec. 2024, though we haven't confirmed with Denver Parks and Rec that the trail will be closed quite that long. (We'll update this when we find out!)



Denver Bike to Work Day **June 28, 2023**

DBTC Needs An Event Coordinator!

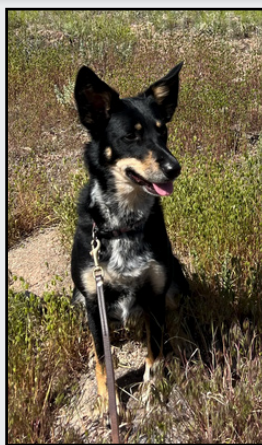
DBTC hopes to have a few volunteers representing our club at this year's BIKE TO WORK DAY EVENT. We need someone to be the event coordinator. This job would involve recruiting a volunteer or two to hand out shopping bags and other items our club will donate for this event and to talk with anyone interested in our club.



The City and County of Denver will supply two chairs, a table, two free parking spots near the event if we want to set up our tent, and free breakfast burritos (vegetarian and regular), and the Denver Regional Council of Governments (DRCOG) will be serving coffee. Set up time is 5:30am with the event from 6:00 to 9:30 am.

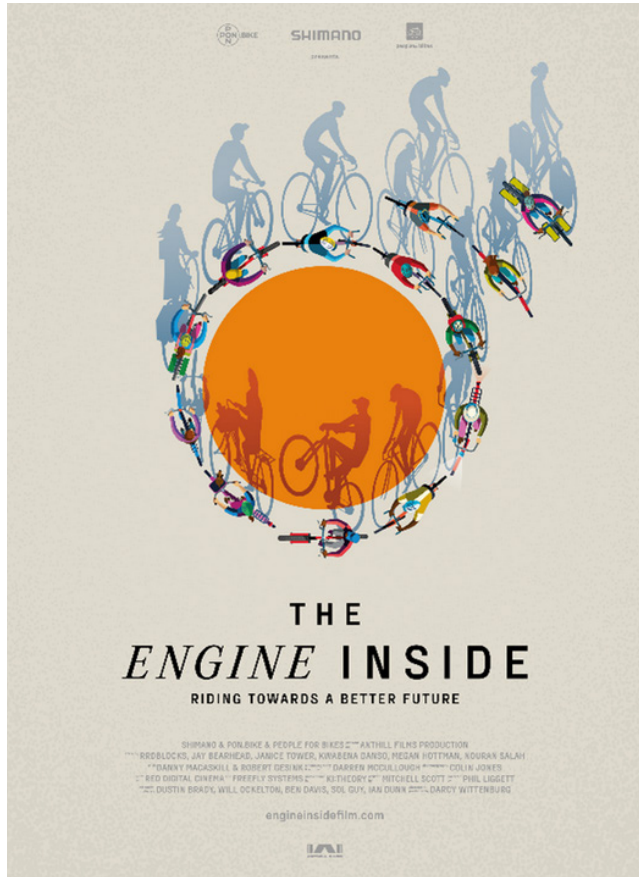
So how about it? Willing to represent our club at Bike to Work Day? If interested, please contact Mark Shimoda at dr.shimoda@comcast.net

MTB Rides



DBTC MTB Riders enjoy Canon City, Fruita, and South Valley.

Movie Premiere!



The Engine Inside—a new feature-length documentary from Anthill Films tells the stories of six everyday people from all over the globe who reveal the unique power of the bicycle to change lives and build a better world.

Through their stories, the film uncovers the often-overlooked potential of this 200-year-old machine, exploring its impact on a wide range of global issues such as physical and mental health, socioeconomic inequality and climate change.

By shining a light on people who have embraced cycling as a way to overcome daunting personal and systemic challenges, The Engine Inside ultimately asks viewers to reconsider their own perspective. Is there a transformative power within us all that can be unlocked through the simple act of riding a bike?

Shimano, Pon.Bike and PeopleForBikes present an Anthill Films production, narrated by the voice of cycling, Phil Liggett. Featuring Jay Bearhead, Nouran Salah, RRDBlocks, Janice Tower, Megan Hottman and Kwabena Danso, with Danny MacAskill and Robert Gesink.

WHEN: THURSDAY, June 29th 5:30 – 8 PM

WHERE: American Mountaineering Center, 710 10th St, Golden, CO

HOSTED BY: Megan Hottman, TheCyclist-Lawyer.com

TICKETS: Eventbrite \$10

[Link for Tickets Here](#)

TICKET PROCEEDS BENEFIT BIKE JEFFCO

We're really excited to be part of sharing a film that has the potential to change how cyclists are perceived. We want to share the joy of biking, and showcase how we can use our abilities to arrive at better solutions to bigger issues.

2023 ADVANCE Planning CALENDAR

DBTC Events

June 28

Bike to Work Day
Denver

July 23

Summer Picnic
Prospect Park, Wheat Ridge

Oct 7

Caramel Apple Rides
River Run/Broken Tee

Nov – Date TBD

Volunteer Recognition Dinner

2023 Colorado Upcoming Events

Check the website for each event to get all of the latest information for it.

These are not DBTC sponsored so DBTC's insurance policies will not cover them. These rides are on paved roads unless Gravel or MTB is indicated.

Jun – Month of June for Virtual Ride

[Pedaling 4 Parkinson's](#)

Jun 11

[Cycle2ConquerALS](#)

30 and 55 mile routes

Denver, CO

Jun 11 – 16

[Ride the Rockies](#)

6 days – 32 to 91 miles

Total of 308miles and 26,890 elevation gain.

Fort Collins, Estes Park, Allenspark, Grand Lake, Winter Park, Gilpin County, Ft. Collins

Jun 24 - 25

[MS 150](#)

32, 60, 80, 100 mile options

Westminster, Fort Collins, Westminster

Beautiful Spring Ride with Patty



On Wednesday, May 17th, Patty led 16 riders around Bow Mar culminating with a great lunch at Monaghan's"

ADVANCE Planning CALENDAR

July 15

[Tour de Steamboat](#)

Gravel – 50, 100 mile routes
Road – 26, 44, 66, 100 mile routes.
Steamboat, CO

July 22 – High Mountain Gravel – GRAVEL

[Crooked Gravel – The Ride Collective](#)
25 and 67 mile courses.
Winter Park, CO

Jul 22

[Triple Bypass](#) 118 miles Evergreen to Aspen.

Jul 29

[Tarry-It-Up](#)

30, 50 and metric century routes.
Tarryall, CO

Aug 5

[Copper Triangle](#)

79 miles, 6500' elevation gain.
Copper Mountain, CO

Aug 12

[Enchanted Circle](#)

85 mile and 100 mile options.
**Red River, Questa, Taos, Red River
Red River, NM**

Aug 12

[La Veta Century Ride](#)

102 miles, 7500' elevation gain.
La Veta, CO

Aug 26

[Venus de Miles](#) (women only)

33, 66 and 100 mile routes.
Boulder County, CO

Sep 9 [Tour of the Moon](#)

41 and 64 mile routes.
Grand Junction, CO

Sep 16 [Tour de Vineyard](#)

23 and 58 mile routes.
Palisade, CO

Sep 23 [Denver Century Ride](#)

24, 50, 85 and 100 mile routes.
Denver, CO

Merri's Rides!



Merri leads her very popular rides every Monday and at least one Saturday a month.





Colorado Safety Stop

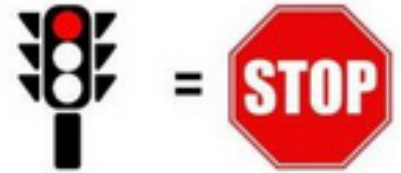
In Colorado, bicyclists and other users of "low-speed conveyances" can perform the Colorado Safety Stop.

In Colorado, people on bikes or low-speed conveyances can:

- proceed through stop sign controlled intersections without stopping at no more than 10 miles per hour if they have right of way in the intersection
- proceed straight or turn right on a red light, only after coming to a complete stop, yielding to crossing pedestrians and immediate oncoming traffic
- only turn left on red lights if proceeding on to a one-way street

Exemptions:

- Youth ages 14 and under may NOT perform the Safety Stop unless accompanied by an adult
- Bicyclists may NOT perform the Safety Stop at bicyclist-specific stop lights or stop signs



It is always legal for people on a bicycle or low-speed conveyance to come to a complete stop at stop sign or a red light.

The Safety Stop does not change Colorado's right-of-way rules in any way. People on bikes may only proceed through stop signs and red lights when no others have the right of way, or when the coast is clear.

by Bicycle Colorado

<https://www.bicyclecolorado.org/>

Mother's Day Appreciation Ride



On Saturday, May 13th, Jeff K led brave riders who rode in between storms down the Cherry Creek Trail with flooding detours. ABOVE: Four Mile Historic House. RIGHT: Free drinks at REI .

Leisure Ride Photos



Left: On Tuesday, May 2nd, Marlene led a beautiful ride along the Highline Canal and Cherry Creek Spillway.

Below: On Tuesday, May 16th, Marcy led the Boulder 180+ Leisure ride.



Letters to the Editor

Got something nice to say about our club that everyone should hear? How about a suggestion for a caterer for an event? How about an idea for our newsletter?

This is your club. Let's hear from you. Please send your written thoughts to dr.shimoda@comcast.net. If your letter is appropriate, it will be printed in the next newsletter. Please limit your letter to 150 words.

Lookout Mountain with Bill

On Sunday, April 30th, Bill Lutrell led the scenic Lookout Mountain Ride.



DBTC Announcements

TIME FOR MORE RIDE LEADERS – now that many of you have joined rides led by others last year, we want you to consider becoming a ride leader yourself! Please contact your ride coordinator to explore the possibility, have them explain some of the basics and help you to draft a sample route description. I'm sure you have at least a couple of routes right in your neighborhood, and that's all it takes to try out leading a couple of rides this month. Give it a whirl!

Here's how to contact one of the ride coordinators:

Fun & Intermediate: Jeff Krinsky jkrinsky2003@yahoo.com

Weekday: Patty Gaspar patty@gasparjones.com

MTB: Cathy Leibowitz cathy.leibowitz@yahoo.com

Leisure: Jill McMahon jillmm7@gmail.com

& Marcy Rodney, mrodney@rsiresearch.com

MAP SALES: We are down to only about 90 maps left from our 2019 map printing. At the June 2021 Board meeting, your Board voted to suspend further map printing at this time and not develop or publish a 2022 map. However, if you are one of those riders who thinks maps are still important, please contact any Board member if you want to help research the possibilities for 2023, we would need to find a new publisher, develop an on-line map system, and/or expand and update our route library. Contact any Board member to comment or volunteer to help. We could assign you to one or two discrete and non burdensome tasks!

DBTC Mission Statement - 2020 and Beyond

The Denver Bicycle Touring Club (DBTC), a non-profit corporation run by volunteers, is the original bicycling club of the Denver Metro area.

The Mission Statement of the Denver Bicycle Touring Club is to:

Organize and sponsor all levels of rides for bicycling enthusiasts. Promote recreational and commuter cycling, bicycle safety, and bicycling education to the general public. Advocate and support bicycling routes with local governments in the Denver Metro area.

Social Media for DBTC

Become a member of these social media sites for relevant cycling news, last-minute rides and social activities with fellow members, such as ski trips and movies.



To follow us on Facebook:

Go to [facebook.com](https://www.facebook.com) and join the DBTC page where you can find links to articles discussing the cycling community along the front range.



To join Meetup:

Go to [meetup.com](https://www.meetup.com) and join the DBTC Meetup by searching for "Denver Bicycle Touring Club" in Groups.

Plan A Ride with the DBTC Bike Route Map!



Plan a Ride with the DBTC Bike Map! Special offer: Right now existing members who want a copy may, in exchange for a small donation, contact mjchoske@gmail.com for a copy to be mailed to them. This newly revised map adds new routes, paths, and trails for bicycling adventures. It also includes more identifiers for major streets, bike routes, and trails. New members receive a copy of the map after they sign up.

DBTC *Summer* 2023 RIDES

Summer is coming!

If no rides are scheduled, you can post on MeetUp by contacting either Jeff Krinsky jkrinsky2003@yahoo.com or Patty Gaspar patty@gasparjones.com. If you have lead rides in the past we will post it for you. If you have never lead a ride we will work with you to get you up to speed.

You are welcome to post rides on MeetUp by contacting either Jeff Krinsky jkrinsky2003@yahoo.com or Patty Gaspar patty@gasparjones.com. If you have lead rides in the past we will post it for you. If you have never lead a ride we will work with you to get you up to speed.

Leisure: Jill McMahon jillmm7@gmail.com
& Marcy Rodney, mrodney@rslresearch.com

Weekday: Patty Gaspar patty@gasparjones.com

Fun & Int: Jeff Krinsky jkrinsky2003@yahoo.com

MTB: Cathy Leibowitz cathy.leibowitz@yahoo.com
& Jim Black jb@jamesblack.org

If you'd like to include an activity in the newsletter for June, please email it to patty@gasparjones.com by the 20th for the next newsletter or contact Patty at 303-618-5069. Nov/Dec and Jan/Feb are combined.

Pace of Ride	Difficulty of Terrain	Distance	Quadrant of City	Departure Time
Leisure or Roses (Avg. 8-10 mph) No Drop Rides Fun – (Avg. 9-12 mph) No Drop Rides Fun Plus – (Avg. 11-15 mph) INT - 15+ pace shown (i.e.15-18 mph) ATB – Unpaved Roads MTB – Mountain Bikes	H1 – Flat H2 – Hilly H3 – Some Steep Climbs Alt gain shows 1800 ft. H4 – Serious Climbs T1 Beginner to T4 Highly skilled riders; P1 to P4 physical conditioning required	This is an estimate – options may be offered	NW NE SE SW W Central	Arrive early enough to unload your bike and be ready to leave at the time shown.

Ride Locator: There is a guide to the most frequent start locations on our website – www.dbtc.org. You can also go to Ride with GPS to map rides.

Twitter account: @DenverBikeClub – note many members do not tweet.

DBTC Meetup group at <http://www.meetup.com/Denver-Bicycle-Touring-Club/> can be used to post rides as well. Once you have posted your ride, we will review the ride information to be sure it complies with the club requirements, then upload it to the Meetup website, where you can edit your ride. Meetup is open to the public and can increase the number of riders on your rides and, hopefully, club members. Rides cannot conflict with the already-existent ride schedule. If you have registered with Meetup, we will post your scheduled rides.

We are also on Facebook, if you want to share pictures or bike-related news there.

Please Note:

- Joining either Facebook, or the Meetup Group does not make you a valid member of the DBTC.
- If your email address changes, you must send your new email address to webmaster@dbtc.org to continue receiving the monthly newsletter.

Spring / Summer Riding Guidelines

- Weather:** No rain or thunderstorms. If temperatures are expected to be over 100 check with leader
- Clothing:** Wear layers and bright colors
- Other:** Bring sunscreen, water, repair items and a snack

Leaders can cancel a scheduled ride if they think the weather is unpleasant, trails or roads may be icy, or no one has responded to MeetUp to register so they are not expecting any riders. If you signed up on MeetUp you will be notified if the ride is cancelled.

DBTC June 2023

Thursday, June 1st:

9:30 AM FUN-H1 -24 mi Twin Lakes to Little Dry Creek Meet Fred Tarbell at 226-318 W 70th Ave Denver, ¼ mile West of Broadway and 70th Ave. Ride West on Clear Creek to Little Dry Creek junction. Follow Little Dry Creek through urban neighborhoods to W 80th Ave. Then connect to Arbor Park Lake for a loop ride before returning to W 80th Ave. Continue West along 80th Ave and reconnect to Little Dry Creek trail passing around Pomona Lake. Return to Starbucks at Safeway on W 80th Ave for bathroom break. After break we will return East on Little Dry Creek to Twin Lakes. Welcome to bring a lunch to stay and socialize after the ride.

Friday, June 2nd:

8:00AM FUN+-H3-26-W-1,500' elev' Meet ride leader, Marilyn Choske (text to REGISTER by June 1 - 303-905-8510), at Prospect Park in Wheat Ridge (44th & Robb). Ride west on Clear Creek Trail (CCT), onto Easley Road, and encircle North Table Mountain around to 58th & Hwy 93. Ride into the East entrance of White Ranch Park, then go west, access 6th Ave bike path to Taj Mahal. Ride bike-friendly (for the most part) streets and paths with a beverage stop (bring \$) before returning to cars. Ride will not go if rainy or forecast is for morning rain; call the leader if in doubt.

Saturday, June 3rd:

9:00AM FUN-H2-25-NW Meet Merri Bruntz (303-517-9781) at Anderson Park (44th & Field) for a ride west on the Clear Creek Trail to Tabor St. We will then ride north on Tabor to Ridge Rd and through the Skyline Estates neighborhood in Arvada to the Ralston Creek Trail taking it east to the Clear Creek Trail, which we will ride west exiting in Wheat Ridge to Sloans Lake. We will ride around the lake and return to the start through Wheat Ridge neighborhoods. Bring a sack lunch for a picnic afterwards.

Sunday, June 4th:

9:00 AM INT-H4-27-SW-2900' Elev. Gain. Meet Bill Luttrell (719 235-3868) at Wadsworth and W. Deer Crk. Canyon Road at 8:45AM, wheels down at 9AM start. Park on west side of the intersection on Deer Canyon Road. We will head up W Deer Creek Canyon road, then turn left up Deer Creek Road, continue on up High Grade Road to the Schoolhouse at the top. This is a very scenic, pretty but tough ride with a screaming downhill almost all the way back. Nice stop with Picnic tables, water, gatoraid, cookies and a clean Porta John. There will be several stops on the way up as it is a long 10 mile climb, think Lookout Mtn climb with twice distance and elevation gain. We all climb at different paces but figure a good pace. REGISTER BY TEXT TO LEADER as I am limiting group to 8 people.

Monday, June 5th:

9:00AM FUN-H2-25-NW Meet Merri Bruntz (303-517-9781) at Crown Hill Park (26th & Garrison) for a ride south to Alameda and then west to Morrison via Rooney Rd. We will then return via Morrison Rd to the Stone House and then north back to Crown Hill via Lakewood neighborhoods. Bring a sack lunch for a picnic afterwards.

Tuesday, June 6th:

7:15 AM INT-H3+-31-W-2533' elev gain. Progressive Lookout Challenge #3: YOUNGFIELD/LOOKOUT LOOP! Meet 7:15 am; DEPART 7:30 am. REGISTER BY TEXT to leader by Monday, June 5. We go further and with more elevation. Join Marilyn Choske (303-905-8510), at the Youngfield Trailhead to Clear Creek Trail (CCT), located on the east side of Youngfield St in Wheat Ridge, between 38th & 44th Avenues. Ride Clear Creek Trail to Golden, climb and go over Lookout Mountain to Hwy 40. East to Heritage Square and pick up Kinney Run Trail to Hwy 6 trail and return; bring \$ for beverage stop. This ride is rated Advanced in DBTC Ride With GPS Club library due to distance/elevation; expect slower, steady pace with occasional stops. Great training ride. Ride will not go if rainy or forecast is for rain in the morning; call the leader if in doubt. NOTE: Return route may change slightly at leader's discretion!

10:00 AM Leisure-H1-18-SE Meet Wayne Tomasello (720-854-8767) at Chili's Grill & Bar parking lot at 265 S. Abilene St, Aurora, CO 80012 for a ride on the Highline Canal to the end and return. The ride is on a paved bike path. An optional lunch after the ride at Chili's.

10:00 AM MTB ELK MEADOW, Buchanan Park Rec Center These are Show'nGo Rides: The folks who show up decide which trails to ride. Meet in Evergreen's Buchanan Park Recreation Center parking lot. THE DIRECTIONS: Buchanan Park Rec Center is located at the intersection of Colo Hwy 74 (Evergreen Parkway) and Squaw Pass (Colo Hwy 103). From I-70: Take exit 252 for Evergreen Parkway. Continue for roughly 3 miles to the intersection of 74 and 103. Turn left at traffic light; Buchanan Park rec center and Tuscany Tavern are located in this complex adjacent to the softball fields. From downtown Evergreen, follow Hwy 74 up to the intersection of 74 and 103. Or load directions to 32003 Ellingwood Trail, Evergreen 80439. POSTRIDE: Dine on the patio at Tuscany Tavern (located in the same parking lot). Hosted by Liz Cameron.

Wednesday, June 7th:

9:00 AM FUN -H2/H3-24 SW Pie in the sky? Meet Patty Gaspar (303-618-5069) Granny Scott's Pie Shop (3333 S Wadsworth Blvd.). We'll pay our respects to the goddess and then head west to Kipling then over to the C470 trail. There is a great downhill back to Lowell and Bear Valley. Lunch at the pie shop.

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Thursday, June 8th:

9:00AM Leisure H1-16-NE. Meet Dave Noble (home 303-694-2008, cell 303-906-3163) in the parking lot at Riverdale Golf Course to ride 7 miles north on the Platte River Trail to Brighton and back. Afterwards we'll have lunch at the golf course. Directions depend on where you are, so check your computer, but I usually head east from I-25 on 104th for 2.8 miles to Riverdale Road and then north on Riverdale Road for 4.9 miles to the golf course, being careful to stay on Riverdale Road through the traffic circles.

10:00 AM FUN PLUS-H2-26 mi NE Rotella Park to Webster Lake, Northglenn, Meet Fred Tarbell ,630-888-5290,at Rotella Park,(East end at Shelter 1) 1824 Coronado Pkwy S. Denver. The route is East out of Rotella Park on Niver Creek to the South Platte bike path. North on Platte to the left junction of the Grange Hall Creek trail. Follow the trail to Margaret Carpenter Park crossing 104th Ave. Continue past Carpenter Park on a green way trail through Thornton and Northglenn suburbs. Turn North along the East side of I-25 interstate to arrive at Webster Park and Lake. A break for snacks, water, and bathroom visit before returning the same route to Rotella Park. Bring snacks or lunch items if you want to visit after the ride.

Friday, June 9th:

8:30 AM INT-H4-33-SW-3500' Elev. Gain. Meet Bill Luttrell (719 235-3868) at Wadsworth and W. Deer Crk. Canyon Road at 8:15AM, wheels down at 8:30AM start. Park on west side of the intersection on Deer Canyon Road. We will head up W Deer Creek Canyon road, then turn left up Deer Creek Road, continue on up High Grade Road to the Schoolhouse at the top and take a break and snacks. Nice stop with Picnic tables, water, gatoraid, cookies and a clean Porta John. Next we work our way towards City View Drive, then down S. Turkey CRk, right onto S. Deer Crk. , then back down to the start. There will be several stops on the way up as it is a long 10 mile climb, think Lookout Mtn climb with twice distance and elevation gain. We all climb at different paces but figure a good pace. REGISTER BY TEXT TO LEADER as I am limiting group to 8 people

Saturday, June 10th:

9:00 AM FUN-PLUS/INT-H2-23-NW Meet Peter Woulfe (540-219-6674), at Anderson Park (44th & Field) . We will ride west on Clear Creek Trail to McIntyre, then on to the Ralston Creek, Blunn, and Van Bibber Trails, a few streets to Easley and then back to the Clear Creek Trail and return. Bring lunch and a chair for a picnic afterwards. Note we may have a detour if the construction on Ralston Creek is not finished.

Sunday, June 11th:

9:00 AM Intermediate – H3 -32 miles – Let's Enjoy Spring- Meet Donald Schmertz (720-785-0616) roadrider80226@yahoo.com at Gold's Marketplace. West parking lot located at 10151 W. 26th Street. See link for directions. <https://goo.gl/maps/DAXMJpPmxx2wN2cP9> GPS link to the North ride. <https://ridewithgps.com/routes/380970> Wet roads will cancel the ride. All rides are no drop regrouping rides.

Monday June 12th:

10:00 AM FUN-H3-25-W Meet Merri Bruntz (303-517-9781) at the ballpark in Idaho Springs for a ride to Georgetown. We will take the trail through Idaho Springs and ride the service road to Georgetown with an ice cream break (bring \$\$) before returning to Idaho Springs. DIRECTIONS: Take exit 241 off I-70 and take first right at the roundabout. Follow the road over I-70 and just past the green sign turn right (county road 314). Take a right at the stop sign and continue to the ballpark. Park on the north side of the park. Bring a sack lunch for a picnic afterwards.

Tuesday June 13th:

7:30 AM FUN PLUS-H3-29-NW-1291' elev. gain. "SCRUMPTIOUS FUN BLUNN RUN!" Meet 07:30 am. DEPART 07:45 am. REGISTER BY TEXT to leader (303-905-8510) by June 12. Burn some calories, make caloric room for ice cream! Join Marilyn Choske at Anderson Park, 44th & Field St, Wheat Ridge--back parking lot near big pavilion. Clear Creek Trail west to Tucker Gulch, north on Hwy 93 to Van Bibber Trail. North for climb over Blunn (aka Arvada) Reservoir, Ralston Creek Trail into Arvada for Ice Cream stop and return. Trails and bike-friendly streets. Pace 10-14 mph. Ride will not go if rainy or forecast is for morning rain; call the leader if in doubt. Your Club RWGPS: https://ridewithgps.com/routes/36087711?privacy_code=95Fs6NCvQVBx2k73

9:00 AM Leisure-H2-15-E Meet Wayne Tomasello (720-854-8767) at the parking lot of Famous Dave's 155725 E. BriarwoodCir., Aurora in the Cornerstar Shopping Center near the intersection of South Parker Rd. and E. Arapahoe Rd. We will ride to the Cherry Creek Reservoir and back. an optional lunch will be at Famous Dave's.

10:00 AM MTB P1, T1.5, Easy Cooler Lunch Ride- Flying J Ranch Park. These are Show'nGo Rides: The folks who show up decide which route to ride. There is no official leader. Meet at the main trailhead (north lot). DIRECTIONS: From C-470 go south on US 285 approximately 12.5 miles to Aspen Park. Exit at Barkley Road and go left onto Barkley for a half-mile to County Road 73. Go right on County Road 73 for about three-fourths of a mile to the Flying J Ranch Park sign. Turn left into the park and travel a half-mile to the trailhead parking lot. Map and info: <https://www.jeffco.us/1220/Flying-J-Ranch-Park> You can also go south from Evergreen to get there. POSTRIDE: Bring a chair and food for a post ride picnic in the parking lot! All participants must sign the waiver and participation agreement. Hosted by Liz Cameron.

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Wednesday, June 14th:

9:00 AM INT 40 miles 2600 gain Please RSVP to Diane Short 303-271-9642 (landline only). Meet at the old Forest Service parking lot that is the entrance to the bike path at the south west end of Idaho Springs (exit 240). We'll take the bike path, then the frontage roads to Georgetown, then the Gtown bike path to Silver Plume, frontage road to Bakersville (40 miles, ~2600 ft gain). Option to take the bike path to Loveland Valley (50 miles ~ 3500 ft gain). Rest stop on the way up at Georgetown Visitors Center. Riders' choice for lunch on the way back. If the weather is bad we will try for Thursday the 15th.

9:00 AM FUN-H2-20 SW New Tunnel New Route Meet Patty Gaspar (303-618-5069) at Broken Tee Golf Course (2101 W. Oxford, Englewood 80110) for a ride up Big Dry Creek to the Highline Canal. The canal is hard packed along this beautiful section of the trail that will have you humming Country Roads. I will be on my road bike, but a hybrid works. After a snack along the trail, we will go UNDER Hampden and Colorado Blvd. using the two new tunnels then 4 miles of downhill on Dartmouth and back. Picnic lunch after.

Thursday, June 15th:

9:30 AM FUN PLUS H2-35 mi NE Twin Lakes Loop Meet Fred Tarbell (630-888-5290) at Twin Lakes 300 West 70th, (West 1/8 mile Broadway and 70th Ave junction). Bike West on Clear Creek trail to the bridge outside Golden, then follow Easley Road to 64th Ave intersection. West on 64th Ave to the Arvada Virgil Street entrance leading to the West Woods Golf area. There will be regroupings/pauses at Wheat Ridge Rec Center, Golden Bridge, and the Arvada Ralston White bridge. Longer break at West Woods Golf for snacks and bathroom visit. We return to Twin Lakes on Ralston Creek through Arvada. Socialize and recover at Twin Lakes with your snacks or lunch as you wish.

Friday, June 16th:

9:00 AM FUN PLUS H2-22mi SW Bear Creek Lake, Littleton, Platte River Meet Janet Martel 303-929-5950 at Stone House Park (S. Estes and Yale). Ride through Bear Creek Lake Park to C470 Bike path. South to Coal Mine, through Littleton to Platte River Bike trail back to Stone House.

8:30 AM INT-H4-35-W-3300' Elev. Gain. Meet Bill Luttrell (719 235-3868) at Rooney Trailhead Parking off Rooney road just North of Dinosaur Ridge at 8:15AM, wheels down at 8:30AM. We will head North up Rooney Road to the bike trail next to US 6, to 19th, then up Lookout mtn, regroup at Windy Saddle, then up to top of Lookout for snacks and water break, then West on Lookout mtn road, right onto Colorow, back onto Lookout mtn road, right up Mt Vernon road, then down to bike trail next to 170 to Evergreen, then to Keer Gulch road down to 74, down to Morrison and back up Rooney to the start. REGISTER BY TEXT TO LEADER AS I AM LIMITING RIDE TO 8 RIDERS. Figure on moving at a good pace. We will take stops along the way as required by the group.

Saturday, June 17th:

8:30 AM Leisure-H1-15-NW. NW Trails. Meet Jake Jacobi (720.808.2306) behind McDonalds on the south-west corner of 100th and Wadsworth Pkwy. The ride will be on Big Dry Creek, the Hwy 36 Trail south, Bradburn Blvd, Little Dry Creek to Kipling; then on streets back to the start. Optional lunch afterwards.

Sunday, June 18th:

9:00AM LEISURE - H1-20-NE Central Park to Riverfront Park and return. Meet Eileen Hunt (720-841-9558) at Stanley Marketplace (in front of Logan Coffee), intersection Dallas and 25th in Aurora. We'll ride on bike paths through Central Park to the Sand Creek bike path to the South Platte River trail to Riverfront Park at the National Western (4655 Humboldt.) Lunch after, if desired, somewhere in Stanley Marketplace.

Monday June 19th:

9:00AM FUN-H2-24-NW Meet Merri Bruntz (303-517-9781) at Anderson Park (44th & Field) for a ride west on the Clear Creek Trail to Easley Rd, which we will take north to the Blunn Trail and the west side of the Westwoods Golf Course along the Ralston Creek Trail. After a break we will return via Virgil Way and Easley Rd riding through some rural neighborhoods along 50th and 52nd Ave in Arvada, meeting up with the Clear Creek Trail and back to the park. Bring a sack lunch for a picnic afterwards.

Tuesday, June 20th:

7:30 AM FUN PLUS-H3-38-1550' elev gain. "Ride, Lunch, & Train" Register via TEXT to leader (303-905-8510) by June 18--Rider Limit of *8*. MEET 07:30 am; depart 07:40 am. Join Marilyn Choske at Crown Hill Park (26th & Garland) in Wheat Ridge. We'll pedal a large loop SW, E, and N, climbing W Colfax, Dinosaur, Mt. Carbon, and smaller hills east and north to the Platte. Bring \$ for lunch stop at Brooklyn's near Mile High. After lunch, hop on, if you can after eating lunch, and yes, with your bike, air-conditioned W Line light rail and disembark at Garrison station. Leader will provide train tickets. Ride the 2 miles back to Crown Hill. Ride won't go if it's rainy or the forecast is for morning rain. Call the leader if in doubt.

9:00 AM Leisure-H1-20-SE Meet Wayne Tomasello (720-854-8767) at the Original Brooklyn's 2644 W. Colfax Ave, Denver, CO 80204 for a ride on the Platte River Trail to the Cherry Creek trail to the Highline Canal and back. It is a ride mostly on paved bike paths. An optional lunch is at the Original Brooklyn's.

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Wednesday, June 21st

9:00 AM FUN PLUS H-2 26 mi SW Meet Peter Woulfe(540-219-6674) at the west end of the parking lot for the Broken Tee Golf Course (2101 W. Oxford, Englewood 80110). We will ride the South Platte to Bear Creek Trail, up Mt. Carbon and around Bear Creek Lake Park. Option to go Morrison Rd instead of the dam, then return to Broken Tee. Bring lunch for a picnic in the shelter.

9:00 AM FUN-H2/3-26 mi SW Meet Patty Gaspar (303-618-5069) for the slower version of Peter's ride. at the west end of the parking lot for the Broken Tee Golf Course (2101 W. Oxford, Englewood 80110). We will ride the South Platte to Bear Creek Trail, up Mt. Carbon and around Bear Creek Lake Park. Option to go Morrison Rd instead of the dam, then return to Broken Tee. Bring lunch for a picnic in the shelter.

Thursday, June 22nd:

9:30 am FUN PLUS- H2-42 mi NE Rotella Park to Golden and return. Meet Fred Tarbell (630-888-5290) at Rotella Park, 1824 Coronado Pkwy S. Denver. 1 mile East and South from 1-25 & 84th Ave. East on Niver Creek bikeway to South Platte trail. South on Platte Trail to West on Clear Creek junction. Ride West on Clear Creek to downtown Golden on paved path and some street/sidewalk in Golden. Bathroom breaks, regroup at Wheat Ridge Rec center enroute and return. Bring \$\$'s for cravings at your mid ride break at The Golden Mill on 1012 Ford St. We will return by the same route to Rotella Park. Bring snacks or lunch items if you want to stay and socialize after at Rotella.

Friday, June 23rd:

9:00 AM FUN PLUS-H2-31mi SW Meet Janet Martle 303-929-5950 at the Stone House park (S. Estes and Yale): Ride through Bear Creek to C470 trail. Continue through Chatfield State Park to South Platte Bike Trail. Return via Bear Creek trail to Stone House. DBTC-7 C470-Platte-Bear Creek Loop - A bike ride in Lakewood, CO (ridewithgps.com)

9:45 AM meet for 10:00 AM start. FUN PLUS /INT-H3-25 miles 1500' First Friday of Summer for Summit County riding! Meet Lauren Delle (970-903-8409) at Ten Mile parking lot in Frisco at I-70 & Main St. We will ride via bike path from Frisco Ten Mile Parking Lot up to Vail Pass, then back down and up the new Fremont Pass bike path extender at Copper Mountain, then return to Frisco. Bring \$\$ for lunch in Frisco at the end of the ride. Please RSVP by end of day Wednesday, June 21. Ride will not go if it is snowy or rainy. Text/Call the leader if in doubt. Carpooling: If you want to carpool with someone, let me know and I'll try to help coordinate. Detailed directions to Ten Mile Rec path parking lot at the southeast corner of I-70 & Main Street: Drive westbound from Denver on I-70 to Exit 201 and look for DBTC members in the parking lot. Note that this parking lot is divided into two areas, west and east of I-70. We are meeting at the lot east of I-70 by the outhouses. The east parking lot is now also called the "Kayak Overnight Parking Lot."

9:00-LEISURE-H2-20-NORTH- Meet Marcy Rodney (720-985-3403) in the parking lot outside the Garden Gate Cafe in Niwot, 7960 Niwot Rd. From the old town of Niwot to the crossroads of Hygiene, we'll pass through farm country and new suburban sprawl. This is a road ride with hills, 442' gain, that we will take at a leisurely pace. We will stop for our break at the general store in Hygiene, visit the 1882 Ryssby Church, take a look at Coot Lake, and finish up in Niwot. Bathroom stops may be 8-9 miles apart. At our Niwot finish, grab a panini at the Old Oak Coffeehouse or bring your own, we can picnic one block away at Whistlestop Park. See route here.

Saturday, June 24th:

9:00 AM FUN-H2-18/23-NW- Meet Jeff Krinsky (720-373-9107) for THE SPACE, TIME, 9/11 RIDE or THE HIDDEN GEMS OF BROOMFIELD! This adventure begins near the SE corner of Sheridan and 120th at the new Whole Foods in Westminster (1/2 mile east of Sheridan at Vrain and 120th.) (4451 Main Street 303-439-7000) We will take secret trails around Broomfield where we will experience three incredible hidden displays including THE SOLAR SYSTEM, a brief history of GEOLOGIC COLORADO TIME, and a 9/11 MONUMENT. (This ride has an escape option at the 18 mile marker for riders who run out of time and/or steam.) Possible lunch afterwards at Whole Foods. This adventure has received rave reviews with 4 and a half stars from the ride critics!

Sunday, June 25th:

7:45 AM FUN PLUS-H3-17.7-W-+1350' elev. "West Triple Loop with Eyes on Danish!" MEET 07:45 am Register only via TEXT to leader by June 24. Meet Marilyn Choske (303-905-8510) at Green Gables Park, enter from Garrison, located between Wisconsin & Florida. Pedal south and west on bike-friendly streets and climb to Dinosaur saddle; descend and climb into Red Rocks Park; descend into Morrison; enter Bear Creek Park and climb Kumpfmiller Road to exit the Park on the east. Then the fun begins: take Morrison Road to Kipling Street and enjoy (maybe!) your final climb. Bring \$ to reward yourself with a tasty pastry at Taste of Denmark. Short return to cars. Pace: 7-14 mph depending on uphill steepness!

9:00 AM FUN PLUS-H3 (1500 gain)-15 mi SW Deer Creek Canyon From South Valley Park Meet Janet Martel 303-929-5950 at the South Valley Park, Ken Caryl Ranch parking lot 8354 South Valley Road, We will ride to Deer Creek Canyon for a ride to the high point and return.

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Monday June 26th:

9:00AM FUN-H2-21-NW Meet Merri Bruntz (303-517-9781) at Anderson Park (44th & Field) for a ride west on the Clear Creek Trail to the Peak to Plains Trail which we will take to the current construction point. We will return to Parfet Park in Golden for a break and then return to the start on the Clear Creek Trail. Bring a sack lunch for a picnic afterwards.

Tuesday, June 27th:

9:00 AM FUN-H2-24 NW Meet Wayne Tomasello (720-854-8767) at the Black-eyed Pea parking lot 211 W 104th Ave, Northglenn, CO 80234 for a ride on the Farmers Highline canal to the Signal Ditch trail to the Lee lateral Ditch to complete the loop. The ride is on a mostly paved bike trail with some street riding. An optional lunch is at the Black-eyed Pea.

Wednesday, June 28th: **Bike To Work**

FUN-H1-23-W/NW-563' elev. "Bike-to-Work Day!" TWO FOR TWO! Options, that is.

7:00 AM Option #1: Meet 07:00 am, Depart 07:10am. TEXT to register your choice with leader, Marilyn Choske at 303-905-8510, by June 27. Meet Marilyn Choske at Crown Hill Park in Wheat Ridge and ride to Civic Center Park. Return to Crown Hill after completing Option #2 - about 15 more miles.

9:00 AM Option #2A: Meet 09:00 am, Roll 09:15 am Join Marilyn and Patty Gaspar and other DBTCers at Bike-to-Work Day DBTC booth in Denver's Civic Center Park for this northwesterly loop ride. If you haven't registered, you can still join this group.

9:45 AM Option #2B: Don't want to go downtown? "Pickups" at 09:45 am at REI/Starbucks Platte River Trail-side--no stop: call or text Patty (303-618-5069) if you're meeting us there.

Option 2A & 2B: From Civic Center Park, we'll access Cherry Creek Trail to Platte River to Clear Creek to Sloans Lake with beverage stops at Dunkin' or Starbucks, bring \$. Patty Gaspar will lead Option 2 riders back from Crown Hill to REI by a different route. Patty will be catching light rail so she'll proceed to the station. The ride is mostly bike paths with some bike-friendly street riding. Easy pace, no-drop.

11:00 AM MTB T2 1800 Ft ascent total 10-12 mile loop Meet Janet Martel 303-929-5950 jmartel98@gmail.com at Maryland Mountain Black Hawk Colorado Treasure Mountain Trail Head. From I70 exit at bottom of Floyd Hill Highway 6. Turn Left (north) on Highway 119. Pass through Black Hawk about 1 mile. Trail Head on Right. Restrooms but no water. We can do a couple of the easier loops twice if we want. Please see trail maps and description on MTB Project. Standard mtb as well as e-mtb welcome.

Thursday, June 29th:

8:30 AM Leisure H2-20-SW. Englewood/Littleton Loop. Meet Lin Hark (303-507-3502) at River Run Park (2101 W Oxford Ave, Access from Englewood's Broken Tee Golf Course). We will ride a loop through Englewood, Littleton, Cherry Hills Village, and the Highline Canal. Part of the ride will be on the gravel trail along the Highline Canal. We will stop at a couple of parks. Bring a snack and money for an optional lunch at a nearby restaurant after the ride.

9:30am FUN PLUS- H2-36 mi E Twin Lakes to Brighton Meet Fred Tarbell (630-888-5290) at Twin Lakes, 300 West 70th Ave, (1/8 mi West of Broadway). Bike West on Niver Creek to the South Platte trail and turn left, North. Follow the Platte River on your right for 18 miles to Brighton. Break and bathroom break in Brighton and possibly enroute. Bring money for a choice of refreshments at Berry Blendz, Cold Stone Creamery, or Star Bucks as desired. We will return by the same route to Twin Lakes to recover and socialize around lunch time. Welcome to bring your lunch items to socialize and recover after the ride.

Friday, June 30th:

9:30 AM FUN PLUS-H3-24-Frisco (Elevation Gain = 1171') Meet Jeff Krinsky (720-373-9107) for THE FREE ICE CREAM TOUR OF LAKE DILLON. We will meet at the Summit Middle School parking lot in Frisco and ride the multi-use trail around Lake Dillon toward Keystone. We will then climb the Swan Mountain bike path to the top and enjoy the incredible view after which we will enjoy the fabulous downhill toward Frisco, completing a circle back to Frisco where DBTC will purchase ice cream for all riders at the Foote Sweet Shoppe. Directions to Summit Middle School, 158 School Rd, Frisco: Drive westbound from Denver on I-70 to Exit 203, and take the roundabout exit that leads south onto the bridge crossing I-70. Continue south on Summit Blvd. (Hwy 9) for 0.8 miles to the stoplight intersection of School Rd. & CR 1040. Turn left onto School Rd., and look for DBTC members in the parking lot.