



# The Colorado Bicyclist

Newsletter of the Denver Bicycle Touring Club

October 2023



**PRICE:** REGISTRATION IS ONLY \$11 PER PERSON (*separate registration is required for each person to attend the lunch*).

**REGISTER BY:** Wednesday, October 4th, 2023

**SELECT BETWEEN:** 1) Bratwurst 2) Hamburger 3) Vegi burger

**SIDES INCLUDED:** potato salad, soft pretzels, apple pie and soda/water!

**RIDES:** See the rides offered in the Ride Schedule in this newsletter.

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If you have questions, if you want to contact an officer or have items to sale in the DBTC Marketplace, send an email to:

[DBTCinformation@gmail.com](mailto:DBTCinformation@gmail.com)

### DBTC's Officers

President Mark Shimoda	303-514-6248
Vice President Virginia Dudley	303-810-0233
Secretary Ron Vasquez	303-264-9684
Treasurer Cynthia Withers	720-480-4766

### Board Members at Large

Suzy Ward	720-355-3268
Maria Elena	720-364-0149
Ruby Frederick	303-522-3573
Riggs Osborne	720-428-2602
Tom Fitzgerald	303-424-1082

### Directors and Staff

Director of Ride Activities Patty Gaspar <a href="mailto:patty@gasparjones.com">patty@gasparjones.com</a>	303-989-8268
Out of Town Tour Director Kathy Stommel <a href="mailto:cyclekats@gmail.com">cyclekats@gmail.com</a>	719-671-5579
MTB Coordinator Steve Thomas <a href="mailto:steve.thomas001@yahoo.com">steve.thomas001@yahoo.com</a>	303-419-2531
Fun Ride Coordinator Jeff Krinsky <a href="mailto:jkrinsky2003@yahoo.com">jkrinsky2003@yahoo.com</a>	720-373-9107
Intermediate Ride Coordinator Jeff Krinsky <a href="mailto:jkrinsky2003@yahoo.com">jkrinsky2003@yahoo.com</a>	720-373-9107
Weekday Fun/Int Ride Coordinator Patty Gaspar <a href="mailto:patty@gasparjones.com">patty@gasparjones.com</a>	303-989-8268
Leisure Ride Coordinators Jill McMahon Marcy Rodney	
Membership Database/Webmaster Jeff Krinsky <a href="mailto:jkrinsky2003@yahoo.com">jkrinsky2003@yahoo.com</a>	720-373-9107
Communications Director Kathleen Shelton	303-264-9878
Guest Relations Ida Sansoucy	303-888-4485

## WELCOME NEW DBTC MEMBERS

Debbie Benson  
Lauren Lausten  
Christina McMurtry  
Michael Plante  
Timothy Quinn  
Cliff Spencer  
Cliff Spencer  
Brian Ventriglia

# President's Message

Mark Shimoda

We have all heard the phrase "How time flies". Well, this summer certainly has flown by and our club is approaching the final months of scheduled rides for 2023 and the last two social events on Oct. 7th, (Biketoberfest) and Nov. 4th (Volunteer Recognition Dinner-VRD).

In this message, I'd like to answer the following question: How are the finances of our club organized?

The Board and I have approached budgeting and income along two lines. Our primary income stream is dues. Money from dues is placed into a general operating fund and allocated to supporting the infrastructure of the club: our software system Wild Apricot (which tracks members, when membership dues should be paid, dues payments, registration and payments for social events), insurance (a great benefit for all members), membership for Ride with GPS, dues for MeetUp, staff (Jeff Krinsky - Web Master and Kathleen Shelton - Newsletter Producer), and ice cream to name a few. All these items support our rides which are at the core of this club.

A second income stream is payments for social events like our upcoming Biketoberfest and VRD. We have put these social events on a self supporting basis, meaning the fees for these events support these events without direct help from the general fund. Members probably have seen these fees increase but mostly due to the increase in the cost of food. Social events like Biketoberfest and VRD have seen facility rental fees remain about the same, \$150 and \$350 respectively. The cost for food has risen, something I'm sure we have all experienced if you shop for groceries or go out to eat. As an example, the food for VRD from Angelo's will be almost \$20/person even with hard negotiating by Cynthia Withers who is in charge of food for VRD. So to continue with expenses for VRD, facility costs are \$4.38pp and entertainment \$3.75pp for a total of \$28.13pp. The expected fee for VRD is \$29pp. The Board and I are working to keep costs down and yet provide a very positive experience for all with a nice facility, good entertainment, and good food. This all comes at a cost.

A third income stream that has been developed is from what I have called our Legacy Fund. Many of you are aware of the history of the club generating thousands of dollars every year by developing maps which showed bicyclists routes within the metro area that were safe and direct. This took many hours of soliciting maps from counties, putting bike routes on a map, having maps printed, distributing these maps to bike stores who purchased them at a wholesale price and then sold them for a profit. DBTC also profited from these sales. In the recent past, no one has stepped up to take over this laborious task of making up new maps, so our current maps are outdated and Google Maps and Ride with GPS now offer current ride routes at no cost. This income stream is likely lost and not coming back.

The funds from map sales have resulted in a significant sum of approximately \$26,000 which the club is now investing. The investments are in CD's and an iBond. At this time, the interest income from these investments will be used in the following way: - social events; - general fund; - goes back into the Legacy Fund. When the new Board takes over on Nov. 8, these guidelines could change but at least we have put this money to work for the benefit of all club members and hope to build upon a basis that our predecessors have built for us.

This is how your board is approaching the club finances. We are acting on your behalf and always thinking of what is best for our members and our club. When we volunteer for events, we pay the fee like everyone else, no one gets in free. If you have input that you would like to have considered, please talk to one of the Board members or better yet, come to a Board meeting and talk to us all. We welcome your input.



## SAVE THE DATE!

for Celebrating the Season and Rocking to Oldies Music!

## The Volunteer Recognition Dinner

November 4th, 2023 6:00 PM • Windsor Garden

# A Big Thank You to Our 2023 Sponsor!

**Steel Horse Rescue** - [SteelHorseRescue.com](http://SteelHorseRescue.com)

Steel Horse Rescue is your resource to help you ride longer & easier! Professional Bike Fitting at a fraction of the cost of some other fit systems. Take advantage of over 30 years' experience, including 7 years' experience at the dedicated fit studio at Bicycle Village. Training at New England Cycling Academy now Fit Kit, Trek bicycles 40 hr course, 16 hr course at Fit Kit, 4 hr course at BBI in Colo Springs.

Want to learn more about maintaining your own bike? Ongoing Maintenance Classes, both group and individual, are available, all tools supplied! Certificates held from BBI, Shimano T.E.C., Professional Bicycle Mechanic Assoc, Yamaguchi Bicycles Frame Building School.

Contact us now through our website Steel Horse Rescue FB page [Steel Horse Bike Rescue](#) or at [wrenchrandy@centurylink.net](mailto:wrenchrandy@centurylink.net)



## Looking for some volunteers for the Biketober Fest on Saturday, Oct. 7, 2023!

Please call or text Ruby Frederick at 303-522-3573.

### *Here is the list:*

- 1) **Pick up ice** from Costco River Point Parkway, Englewood at 9:30 am and bring to River Run Pavilion at Broken Tee Golf Course
- 2) **Set up** at 10:00 am - Need 2-3 volunteers
  - a. Set up tables with food items, warming pans, coolers with drinks
  - b. Set up registration table with name tags, pens, hand sanitizers. Will need a person to man the registration table in case there are questions, missing names, etc.
  - c. Hang banners, tape trash bags to pillars, labels for recyclable items
- 3) **During Event** - arrive at 10:30 am, need 4 volunteers to serve food:
  - a. Meat station
  - b. Potato salad and pickles station
  - c. Pretzels and condiments
  - d. Dessert Station
- 4) **Clean up**- starts at 1:30 pm - Need 2-3 volunteers



## Parking for Biketoberfest

In order to avoid traffic congestion at the Broken Tee Golf Course, go on a half block past the golf course and park in the parking lot for the Mary Carter Greenway Trailhead. Then walk back over the bridge at the north end of the parking lot to get to the pavilion that's on the golf course side of the S Platte River.

**See you there!**

# Denver Century Ride

*On Saturday, September 23rd, Ruby and gang took part in the Denver Century Ride.*



# Leisurely Leisure and More!



*During July, 2023, many riders enjoyed Leisure Rides. Shown here are leisure rides led by Jake Jacoby, Lin Hark, and Marlene Patacky.*

# RIDES AND RIDERS IN SEPTEMBER

Some of these rides were new ones that hadn't been done before. Yay Ride Leaders to both the new rides and the favorite ones.

RIDES: 45  
RIDERS HAVING  
FUN: 315

The October rides will include the color of fall leaves. See you out there!

**SEE YOU IN OCTOBER!**

## Where's Waldo in CO?

There are many interesting things we see as we cruise along the paths and byways on our bikes. If you see something interesting, take a picture of it without a biker in front of it. Forward it to [jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com) along with a description of what it is (if it's not obvious) and where it is located. Jeff will make a collage and at the VRD we will have a contest to see who can name the most places. There will be a fabulous prize (well maybe not so fabulous) for the person(s) who can name the most sites.



# 2023 ADVANCE Planning CALENDAR

## DBTC Events

**October 7th**

Biketoberfest  
*River Run/Broken Tee*

**November 4th**

Windsor Garden

## Articles for the Newsletter

If you check the By Lines on the articles in this newsletter, you'll notice that there are a lot of people contributing. If you have an idea or something you would like to share, please contact me and we'll get it in the newsletter.

Thanks!

Virginia Dudley, Editor  
[vdudley@hotmail.com](mailto:vdudley@hotmail.com)

## Letters to the Editor

Got something nice to say about our club that everyone should hear? How about a suggestion for a caterer for an event? How about an idea for our newsletter?

This is your club. Let's hear from you. Please send your written thoughts to [dr.shimoda@comcast.net](mailto:dr.shimoda@comcast.net). If your letter is appropriate, it will be printed in the next newsletter. Please limit your letter to 150 words.

# MTB Dirty Bismark

*On Saturday, September 9th, Alison Preble led MTB Riders as they took in a wonderful day on the Dirty Bismark Trail.*



# Online Course for Safe Driving Around Bicyclists



After two years of development, Bicycle Colorado launched SHIFT Driving this summer. It is an online course that focuses on best practices and laws regarding driving around people biking, people walking and infrastructure like bike lanes. It's free and takes less than two hours.

So not only be a good bicyclist, but also be a good car driver around bicyclists.

[SHIFT Driving - Bicycle Colorado](#)

## Ride the Rollercoaster



*On Wednesday, July 5th, Patty Gaspar led riders from Broken Tee Golf Course to the Platte River Trail up to Mineral to Santa Fe to the Highline Canal and over to C470 trail ending with a final climb to Clarkson and a reward of a great downhill to Big Dry Creek to finish the loop.*





# Ruby Hill Loop



**On Tuesday, May 24th, Tom led the Ruby Hill Loop Ride.**

# Is Your Bike Insured?

You can't buy happiness  
but you can buy  
bikes, and that's  
kind of the same  
thing.



someecards  
user card

We have become accustomed to our homeowner's insurance covering our bicycles. But not all homeowner's insurance covers things like mountain bikes, ebikes or if another motorist damages your bike and they are underinsured. Check with your homeowner's insurance to learn what your coverage is. Hopefully you'll never need it but if you do, you won't be surprised.

by Virginia Dudley

## Marilyn's Rides



***Before Marilyn's accident, she led many fun rides, including Ride, Lunch and Train with Marilyn, West Triple Loop with Eyes on Danish, the Birthday Girl Ride, and the Empire Ice Cream Ride.***

# DBTC Announcements

**TIME FOR MORE RIDE LEADERS** – now that many of you have joined rides led by others last year, we want you to consider becoming a ride leader yourself! Please contact your ride coordinator to explore the possibility, have them explain some of the basics and help you to draft a sample route description. I'm sure you have at least a couple of routes right in your neighborhood, and that's all it takes to try out leading a couple of rides this month. Give it a whirl!

**Here's how to contact one of the ride coordinators:**

**Fun & Intermediate:** Jeff Krinsky [jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com)

**Weekday:** Patty Gaspar [patty@gasparjones.com](mailto:patty@gasparjones.com)

**MTB:** Steve Thomas [steve.thomas001@yahoo.com](mailto:steve.thomas001@yahoo.com)

**Leisure:** Jill McMahon [jillmm7@gmail.com](mailto:jillmm7@gmail.com)

& Marcy Rodney, [mrodney@rslresearch.com](mailto:mrodney@rslresearch.com)

**MAP SALES:** We are down to only about 90 maps left from our 2019 map printing. At the June 2021 Board meeting, your Board voted to suspend further map printing at this time and not develop or publish a 2022 map. However, if you are one of those riders who thinks maps are still important, please contact any Board member if you want to help research the possibilities for 2023, we would need to find a new publisher, develop an on-line map system, and/or expand and update our route library. Contact any Board member to comment or volunteer to help. We could assign you to one or two discrete and non burdensome tasks!

## DBTC Mission Statement - 2020 and Beyond

The Denver Bicycle Touring Club (DBTC), a non-profit corporation run by volunteers, is the original bicycling club of the Denver Metro area.

**The Mission Statement of the Denver Bicycle Touring Club is to:**  
*Organize and sponsor all levels of rides for bicycling enthusiasts. Promote recreational and commuter cycling, bicycle safety, and bicycling education to the general public. Advocate and support bicycling routes with local governments in the Denver Metro area.*

## Social Media for DBTC

Become a member of these social media sites for relevant cycling news, last-minute rides and social activities with fellow members, such as ski trips and movies.



### To follow us on Facebook:

Go to [facebook.com](https://facebook.com) and join the DBTC page where you can find links to articles discussing the cycling community along the front range.



### To join Meetup:

Go to [meetup.com](https://meetup.com) and join the DBTC Meetup by searching for "Denver Bicycle Touring Club" in Groups.

## Plan A Ride with the DBTC Bike Route Map!



Plan a Ride with the DBTC Bike Map! Special offer: Right now existing members who want a copy may, in exchange for a small donation, contact [mjchoske@gmail.com](mailto:mjchoske@gmail.com) for a copy to be mailed to them. This newly revised map adds new routes, paths, and trails for bicycling adventures. It also includes more identifiers for major streets, bike routes, and trails. New members receive a copy of the map after they sign up.

# DBTC *Summer* 2023 RIDES

Summer will be gone SOON! Fall is perfect riding time - cooler temperatures and you get to sleep a bit later.

If no rides are scheduled, you are welcome to post rides on MeetUp by contacting either Jeff Krinsky [jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com) or Patty Gaspar [patty@gasparjones.com](mailto:patty@gasparjones.com). If you have led rides in the past we will post it for you. If you have never led a ride we will work with you to get you up to speed.

Leisure: Jill McMahon [jillmm7@gmail.com](mailto:jillmm7@gmail.com)  
& Marcy Rodney, [mrodney@rslresearch.com](mailto:mrodney@rslresearch.com)

Weekday: Patty Gaspar [patty@gasparjones.com](mailto:patty@gasparjones.com)

Fun & Int: Jeff Krinsky [jkrinsky2003@yahoo.com](mailto:jkrinsky2003@yahoo.com)

MTB: Cathy Leibowitz [cathy.leibowitz@yahoo.com](mailto:cathy.leibowitz@yahoo.com)  
& Jim Black [jb@jamesblack.org](mailto:jb@jamesblack.org)

***If you'd like to include an activity in the newsletter, please email it to [patty@gasparjones.com](mailto:patty@gasparjones.com) by the 20th for the next newsletter or contact Patty at 303-618-5069. Nov/Dec and Jan/Feb are combined.***

Pace of Ride	Difficulty of Terrain	Distance	Quadrant of City	Departure Time
Leisure or Roses (Avg. 8-10 mph) No Drop Rides Fun – (Avg. 9-12 mph) No Drop Rides Fun Plus – (Avg. 11-15 mph) INT - 15+ pace shown (i.e.15-18 mph) ATB – Unpaved Roads MTB – Mountain Bikes	H1 – Flat H2 – Hilly H3 – Some Steep Climbs Alt gain shows 1800 ft. H4 – Serious Climbs T1 Beginner to T4 Highly skilled riders; P1 to P4 physical conditioning required	This is an estimate – options may be offered	NW NE SE SW W Central	Arrive early enough to unload your bike and be ready to leave at the time shown.

***In case of extreme heat, the ride leader may cancel or change time - watch for last minute adjustments. Be ready to start at the time listed – tires pumped up and bike ready. The ride leader is not a mechanic so if your bike needs repair, please take it to the shop.***

**Ride Locator:** There is a guide to the most frequent start locations on our website – [www.dbtc.org](http://www.dbtc.org). You can also go to Ride with GPS to map rides.

**Twitter account:** @DenverBikeClub – note many members do not tweet.

**DBTC Meetup group** at <http://www.meetup.com/Denver-Bicycle-Touring-Club/> can be used to post rides as well. Once you have posted your ride, we will review the ride information to be sure it complies with the club requirements, then upload it to the Meetup website, where you can edit your ride. Meetup is open to the public and can increase the number of riders on your rides and, hopefully, club members. Rides cannot conflict with the already-existent ride schedule. If you have registered with Meetup, we will post your scheduled rides.

**We are on Facebook,** if you want to share pictures or bike-related news there.

**Please Note:**

- Joining either Facebook, or the Meetup Group does not make you a valid member of the DBTC.
- If your email address changes, you must send your new email address to [webmaster@dbtc.org](mailto:webmaster@dbtc.org) to continue receiving the monthly newsletter.

**Spring / Summer Riding Guidelines**

**Weather:** No rain or thunderstorms. If temperatures are expected to be over 100 check with leader

**Clothing:** Wear layers and bright colors

**Other:** Bring sunscreen, water, repair items and a snack

Leaders can cancel a scheduled ride if they think the weather is unpleasant, trails or roads may be icy, or no one has responded to MeetUp to register so they are not expecting any riders. If you signed up on MeetUp you will be notified if the ride is canceled.

# DBTC October 2023

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## Sunday, October 1st:

**9:30 AM FUN-H2-23-NW** Meet Jeff Krinsky (720-373-9107) for THE HIDDEN GEMS OF ARVADA. We have all experienced the traditional Arvada classic trails of Ralston Creek, Clear Creek, and Van Bibber. Check out this new route instead that explores Lake Arbor, the Pomona Lakes, the Arvada Firefighters Park, the backside of baseball, and other forgotten areas and is guaranteed to be an adventure! Meet at the SE corner of HWY 36 and 104th at the back side of the now closed Black Bear Diner, formally Quaker State and Lube Restaurant (10392 Reed St., Westminster, CO) by a hidden entrance to a hidden trail where the adventure will begin (and end).

## Monday, October 2nd:

**10:00 AM FUN/FUN PLUS-H2-27-NW** Meet Merri Bruntz (303-517-9781) at Crown Hill Park (26th & Garrison) for a ride south to the Stone House and then east along the Bear Creek Trail connecting to the South Platte Trail. We will then ride north to REI and then back to the start via Highlands and Wheat Ridge neighborhoods. Bring a sack lunch for a picnic afterwards.

## Tuesday, October 3rd: -

**8:40 AM Carpool or 9:30 AM at start point FUN with shorter Leisure option** H2- 18 or 28 miles South Platte Hotel to Deckers Fall Colors Ride South Platte Hotel (CR5H+78) to Deckers Corner Ride. Meet Lin Hark (mtnlin08@gmail.com or 303-507-3502) at 8:40 at The Fort (19192 CO-8, Morrison) to carpool or meet at 9:30 at the Historic South Platte Hotel (CR5H+78) on Foxton Road near the intersection of N Platte River Rd. We will ride a dirt road along the South Platte River for several miles to pavement which continues to Decker's Corner (8570 CO-67), Sedalia where we will stop for a snack or lunch. This ride is a mostly gentle climb of 330 feet elevation gain up-stream with a few rolling hills in the last section. Because of the dirt section of the road, a cross bike, gravel bike or mountain bike is preferred but a road bike with not-too-skinny tires will work fine. Lin will be riding her E-Bike and will set a pace of around 10-12 mph average with regrouping. If anyone would like a shorter, Leisure ride, they can join us and turn around after 9 miles or so and go back to the cars at South Platte Hotel lot then drive to Deckers for lunch with the group. NOTE: Google Maps seems to know where all these points are just by putting in the name if you would like to look for specific directions.

## Wednesday, October 4th:

**10:00 AM FUN/FUN PLUS-H2-30-SW** Meet Merri Bruntz (303-517-9781) at Stone House (Estes & Yale along the Bear Creek Trail). We will ride east on the Bear Creek Trail to the South Platte Trail taking it south up the Chatfield dam. We will return the same route along the South Platte Trail with a break at Nixon's Coffee before riding north to the Bear Creek Trail and back to the start. Bring a sack lunch for a picnic afterwards.

## Thursday, October 5th:

**10:00 AM FUN-H1-24 mi Twin Lakes to Little Dry Creek** Meet Fred Tarbell at 226-318 W 70th Ave Denver, ¼ mile West of Broadway and 70th Ave. Ride West on Clear Creek to Little Dry Creek junction. Follow Little Dry Creek through urban neighborhoods to W 80th Ave. Then connect to Arbor Park Lake for a loop ride before returning to W 80th Ave where we will stop at Safeway for a bathroom break. Continue West along 80th Ave and reconnect to Little Dry Creek trail passing around Pomona Lake. After a midride break at a small park we will return East on Little Dry Creek to Twin Lakes. Welcome to bring a lunch to stay and socialize after the ride.

## Friday, October 6th:

**10:00 AM FUN-H2-30 SE** Meet Ellen Fitzpatrick (720-209-2269) at Cook Park Rec Center, 7100 Cherry Creek North Drive, Denver. Ride East out to and outside on the west side of Cherry Creek Reservoir. Ride west on local bike friendly streets out through the Tech Center and Denver neighborhoods and back along the Cherry Creek bike path. Bring a chair and lunch for after ride social.

**10:30 AM MTB P2-T2** Join Jennifer Saxhaug (720-260-8595)/Cathy Pimm: Enjoy a ride up Waterton Canyon to the dam or Lenny's Bench. Please arrive at least 15 minutes before ride time at the Audubon parking lot. Afterwards we can enjoy lunch in the Audubon parking area. Bring a chair and food. This scheduled ride is known to happen on rain days. Watch the meetup site for last minute cancellations.

## Saturday, October 7th: Biketoberfest River Run Park by Broken Tee Golf Course

In order to avoid traffic congestion at the golf course for our Biketober please park a half a block past the Broken Tee golf course entrance at the Parking Lot for Mary Carter Greenway Trailhead/River Run Park at – 2101 W. Oxford Ave. Sheridan, CO 80110. There is a foot bridge to cross to get to the pavilion side.

**9:00 Leisure-H1-20 SW** Meet Wayne Tomasello (720-854-8767) The ride will go on the Platte River trail to Bowles and through the Columbine Country Club neighborhood to the Columbine High School and on to the Lilley Gulch trail. Then on Kipling to the Dutch Creek trail and loop back to the Platte River trail. The ride is on a mostly paved bike trail with a little dirt road and on some quiet streets.

**8:30 AM Leisure-H1-19-SW** Meet Linda Sue Hoops (720 299-9642) at the Picnic site for a ride north on the Platte Trail to the Bear Creek Trail where we will go west to the Fox Hollow Golf Club and return.

# DBTC October 2023

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**8:45 AM FUN -H2 & 3-20 SW** Ride the Roller Coaster Construction change: Meet Patty Gaspar 303-618-5069 at Broken Tee Golf Course 2101 W Oxford Ave, Englewood to ride the Platte River Trail to Mineral to take the bridge over Santa Fe and ride the trail up Mineral to the Highline Canal and over to C470 trail, then a final climb to Clarkson for your reward - fun rollers followed a great downhill to Big Dry Creek to finish the loop.

**8:30 FUN PLUS/INT H-2-27 SW** Meet Peter Woulfe(540-219-6674) at the west end of the parking lot for the Broken Tee Golf Course (2101 W. Oxford, Englewood 80110). We will ride the South Platte to Chatfield State Park, then up the dam around the reservoir counterclockwise. There is about 1.3 miles of gravel. Then return to Broken Tee.

**8:30 FUN PLUS/INT H-2-25 West** Meet Tom Fitzgerald (303-424-1082) at the west end of the parking lot at the Broken Tee Golf Course (2101 West Oxford Avenue, Englewood 80110). We'll ride north on the Platte River Trail, then west along the Bear Creek Trail, over the dam to Morrison. We'll return via Morrison Road to the Fox Hollow Golf Course, and back to Broken Tee the same way we came (Bear Creek & Platte River Trails).

## Sunday, October 8th:

**9:30 AM FUN PLUS-H3-24-NW-(Elevation Gain = 1207 feet)** – Meet Jeff Krinsky (720-373-9107) for THE GREAT TOTEM POLE RIDE AKA THE HIDDEN GEMS OF INTERLOCKEN! This exciting ride full of twists and turns uses portions of the new Hwy. 36 Trail to take us on a loop that includes the hidden gems of Flatirons Mall, Interlocken, Standley Lake, and Rock Creek Village! We will meet at the Rock Creek Village Safeway, which is centrally located in Superior at the NW corner of Coalton and Rock Creek Parkway (Address is 1601 Coalton Rd., Superior). This ride is now 99.99% on paved trails.

## Monday, October 9th:

**10:00 AM FUN/FUN PLUS-H1-26-NW** Meet Merri Bruntz (303-517-9781) at Twin Lakes Park (west of Broadway on 70th, 300 W. 70th) for a ride east on the Clear Creek Trail to the South Platte Trail, which we will ride north to Riverdale Park. After a break we will return via the same route. Bring a sack lunch for a picnic afterwards.

## Wednesday, October 11th:

**10:00 AM FUN PLUS H-2-18 SW** Meet Peter Woulfe (540-219-6674) at Clement Park. Meet behind the library near the skateboard park. We will ride some quiet streets in the Columbine neighborhood to South Platte Canyon Rd., to Chatfield State Park, up the dam, ride the paved portion then to the C-470 trail, to Garrison St., onto a few quiet, winding streets, to the Dutch Creek Trail, and return to Clement Park. Bring your lunch to socialize after the ride.

**10:00 AM FUN H1-21 SE** Explore South High to Central Park (not in NYC) Meet Patty Gaspar (303-618-5069) in the parking lot of South High School, corner of Louisiana and S. Franklin, near the SE corner of Washington Park, you may have to park on the street. The ride will include Westerly Creek, Central Park, City Park, and Cheesman Park. Let's hope the leader doesn't get lost again! Lunch at Duffy's.

## Thursday, October 12th:

**10:00 AM FUN-H1-28 mi NE** Twin Lakes to Riverdale Veterans Memorial Meet Fred Tarbell at 300 West 70th Ave, (1/8 mi West of Broadway and 70th) Bike East on Clear Creek to junction of Platte River Trail. Turn North on Platte River trail toward Riverdale Regional Park area. We will exit off Platte River trail to the entrance of the Adams County Veterans Memorial. We will take our break for restrooms and snacks while we view and explore the architectural design of the Veterans Memorial. We will return by the same route to Twin Lakes. Bring lunch items or snacks if you stay to visit after the ride.

**10:00 AM INT-H2-30 miles.** Start at the parking area on the west side of Wadsworth at Deer Creek Canyon. Ride through Chatfield, Sterling Ranch to Louviers. If we add Sedalia, it is 35 miles. Call the ride leader - 5 riders for the ride to go. Do not have Meet up access. 303-271-9642 (land) Diane Short (will have a camelback with a safety triangle on the back). Not much climbing on this one, around 900 ft.

## Friday, October 13th:

**10:00 AM FUN-H2-20-NW MAJESTIC FAREWELL SURPRISE RIDE** Meet Jeff Krinsky (720-373-9107) at the Majestic View Park North parking lot (north on Wadsworth to W 72nd Ave, west on 72nd, just west of Carr on the south side. THIS IS NOT THE ENTRANCE at GARRISON ST. nor 71st ST!) The ride will go west on Ridge Road and van Bibber Creek Trail, north on the new Blunn Trail and then return on most of the length of Ralston Creek Trail. The theme of this ride is a "farewell to summer" so a surprise to remember the 2023 biking season will be provided to all participants during the Ralston Creek Golf Course break!

## Saturday, October 14th:

**10:00 AM FUN -H2-20to25-SE** Meet Patty Gaspar (303-618-5069) at Village Greens Park – NE corner of Union and Dayton for a loop ride from the park through Denver and Aurora on trails and then a lap around the reservoir on our return. We haven't been there for a while so it seems like something we should do. We'll go get ice cream at Glacier Homemade at 4940 S Yosemite St, E1 after.

# DBTC October 2023

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## Sunday, October 15th:

Want to post a ride on MeetUp? Contact Jeff jkrinsky2003@yahoo.com or Patty patty@gasparjones.com. If you have led rides in the past we will post it for you. If not, we will help you become a ride leader.

## Monday, October 16th:

**10:00 AM FUN/FUN PLUS-H2-21-NW** Meet Merri Bruntz (303-517-9781) at Anderson Park (44th & Field) for a ride west on the Clear Creek Trail to the Peaks to Plains Trail which we will take to the current construction point. We will then return to Parfet Park in Golden for a break and then return to the start on the Clear Creek Trail. Bring a sack lunch for a picnic afterwards.

**9:30 AM LEISURE H1-18-SE.** AUTUMN COLORS ON THE HIGHLINE. Meet Helen Berkman (720-355-5687) at Mamie D. Eisenhower Park, 4300 W. Dartmouth Ave., for a classic fall ride on the Highline Canal to Greenwood Village and back. Optional lunch afterward at Birdcall (new restaurant nearby). Note: for those new to the Highline, the canal is hardpacked gravel.

## Tuesday, October 17:

**10:00 AM MTB P3, T3, Aldefer/3 Sisters Park** THE RIDE: Meet Steve Thomas for a ride at Aldefer/3 Sisters near Evergreen. There is a couple of long climbs with some short technical sections. Total distance is about 8-10 miles. THE TIME: Meet at the west trailhead parking lot at 10:00 AM. THE DIRECTIONS: Go past the Evergreen High School to the second (west) parking lot. For further directions go to Jeffco.us/open-space website. THE FOOD: Bring snacks, drinks and chairs for after the ride at the park. QUESTIONS: Contact Steve Thomas at 303-429-2531.

## Wednesday, October 18th:

**10:00 AM FUN-H3-20-SW** – Amazing Maze Ride Meet Jeff Messerschmidt (303-904-0573, leave message) at the Stone House, 2900 S. Estes, Lakewood, and cycle west through Lakewood and Morrison, then south and east through unincorporated South JEFFco. We will head up Estes and then head west.

## Thursday, October 19th:

**10:00 AM FUNPLUS-H2-28mi – NE** Five Trails to Westminster Recreation Center Meet Fred Tarbell (630-888-5290) at Rotella Park, West end by shelter six, 1824 Coronado Pkwy S. Denver. We will use the Niver Creek trail to connect to the South Platte River trail. South on Platte River trail to Clear Creek trail. Continue West on Clear Creek to the junction, (slight right) of Little Dry Creek trail. Follow Little Dry Creek West to Lowell Blvd intersection. Turn North on Lowell Blvd on sidewalks for about 7 blocks. At Lowell Blvd and 78 Ave junction connect to US 36 Bikeway on the Left. Continue West on US 36 bikeway which includes a two street crossing at Sheridan and 88th Ave toward Westminster. In Westminster we exit right off US 36 Bikeway under US 36 Turnpike and follow a connected trail to the Westminster Rec center. Water and restrooms available inside during our break before we return on the same route. Bring snacks or lunch items if you want to socialize at Rotella Park after the ride.

**10:00 AM INT-1500 Gain-30 miles-W** Meet Diane Short at the Golden RTD parking garage (at the Jefferson 'Taj'), Johnson Rd at 6th Ave. bike path into and through Golden, back roads towards White Ranch, east on 56th into neighborhoods east of Highway 93 to Blumm (Arvada) Reservoir and back via Easley Rd., Golden, Illinois and bike path. RSVP to Diane Short 303-271-9642 (land) 5 confirmed for the ride to go.

## Friday, October 20th:

**10:00 AM FUN-H-1, 38 miles Poudre River Trail Ride.** Lauren Delle, 970-903-8409. We will start at River Bluffs open space Trailhead in Windsor and ride along the Poudre River Trail in Larimer County for 19 miles to the Poudre Ponds and circle back to the start. This is a paved bike path along the Poudre River and its stands of Cottonwoods. The ride is an out back on a wide, paved path with gentle grades. Bring you lunch for a picnic after the ride. The ride will begin and end at the Trailhead at River Bluffs in Windsor. Directions to Trailhead: From 1-25 North, take Exit 262 eastbound for 1.5 miles to County Road 3, go north on County Road 3 for .5 miles to County Road 32E, then east on County Road 32E for .3 miles to the entrance of River Bluffs Open Space.

## Saturday, October 21st:

**10:00 AM FUN/FUN PLUS-H1-20-SE** Meet Merri Bruntz (303-517-9781) at Eisenhower Park (4300 E. Dartmouth Ave) for a ride on the Highline Canal to Longs Pine Grove Park. After a break we will return via the same route. Bring a sack lunch for a picnic afterwards.

## Sunday, October 22nd:

**10:00 AM FUN PLUS-H2-29 N** (774 feet of elevation gain) – THE HIDDEN GEMS OF THORNTON!!! Meet Jeff Krinsky (720-373-9107) for this fairly new Hidden Gems adventure around Thornton and other nearby areas highlighted by Clear Creek, Platte River (including the infamous Thornton Ponds,) backwards on the Highline Canal, HWY 36 Trail, and Little Dry Creek. To do this loop right we need to go 29 miles but it will be well worth the effort! We will meet at Twin Lakes Park (west of Broadway on 70th Ave). Bring food for a post-ride picnic lunch at beautiful Twin Lakes Park.

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## Monday, October 23rd:

**10:00 AM FUN/FUN PLUS-H2-22-NW** Meet Merri Bruntz (303-517-9781) at Anderson Park (44th & Field) for a ride west on the Clear Creek Trail to Easley Rd, which we will take north to the Blunn Trail and the west side of the Westwoods Golf Course along the Ralston Creek Trail. After a break we will return via Virgil Way and Easley Rd leading us to the Clear Creek Trail and back to the park. Bring a sack lunch for a picnic afterwards.

## Wednesday, October 25th:

**10:00 AM FUN PLUS H-1 20 SW** Meet Peter Woulfe (540-219-6674) cell at the west end of the parking lot for the Broken Tee Golf Course (2101 W. Oxford, Englewood 80110). We will ride the South Platte north to REI and return the same way. We have 2 detours along the way. Bring your lunch to socialize after the ride.

**10:00 AM FUN-H2/H3-25 SW** Meet Patty Gaspar (303-618-5069) behind the McDonald's at Sheridan and Dartmouth. My old commute - we'll head to the Tech Center on various trails. We must climb some hills and there are sections on the Highline Canal (pea gravel), and then we'll have our morning latte COMPLEMENTS OF DBTC and loop back to Bear Valley. It is a beautiful ride, and we get to have a wonderful downhill back to Bear Valley. This is a beautiful way to end the season. Next month rides will be posted in MeetUp as weather permits.

**10:00 AM MTB P2, T1, Backcountry Trails** THE RIDE: Meet Steve Thomas to explore the numerous trail options in the far south end of Highlands Ranch including a portion of the Douglas County East-West Trail. The trails are smooth singletrack with lots of twists and turns and a few short climbs. Total distance is about 14 miles. THE TIME: Meet at Pronghorn Park parking lot at 10:00 AM. THE DIRECTIONS: Go south on Broadway to Wildcat Reserve Pkwy. Go right (west) on Wildcat Reserve and take the first left onto Wethersfield Way. Go south on Wethersfield a short distance to Pronghorn Park, on the right side of the street. THE FOOD: Bring snacks, drinks and chairs for after the ride at the park. QUESTIONS: Contact Steve Thomas at 303-429-2531.

## Thursday, October 26th:

**10:00 AM FUN PLUS -H2 33 - NE** Rotella Park to Westminster Rec Loop Meet Fred Tarbell (630-888-5290) at Rotella Park, 1824 Coronado Pkwy S. Denver, first entrance at shelter 6. We will use the Niver Creek trail to connect to North Platte River trail. North on Platte River trail to Grange Hall Creek trail which takes us to The Margaret Carpenter Park. Continue West through Thornton and Northglenn on neighborhood greenway trails to Westminster. In Westminster we connect to Farmers Highline trail to arrive at Cotton Creek trail junction. We descend Cotton Creek to join the Big Dry Creek and follow it to the Westminster Rec center. Water and restrooms available during our break. We return along 104 Ave to Farmers Highline on the same route. Bring snacks or lunch items if you want to socialize at Rotella Park after the ride.

## Saturday, October 28th:

Want to post a ride on MeetUp? Contact Jeff jkrinsky2003@yahoo.com or Patty patty@gasparjones.com. If you have led rides in the past we will post it for you. If not, we will help you become a ride leader.

## Sunday, October 29th:

**10:00 AM FUN PLUS-H2-22-NW** Scary Halloween Graveyard Ride, meet Jeff Krinsky (720-373-9107) at the Majestic View Park north parking lot (north on Wadsworth to W 72nd Ave, west on 72nd, just west of Carr on the south side. THIS IS NOT THE ENTRANCE at GARRISON ST. or 71st ST!) for this tour of three old Arvada graveyards. Costumes are welcome but not required. There will be a ghoulish lunch afterwards for those who survive this haunting experience!

## Monday, October 30th:

**10:00 AM FUN/FUN PLUS-H2-23-SW** Meet Merri Bruntz (303-517-9781) at Reynolds Landing parking lot (6745 S. Santa Fe Dr) for a Halloween Eve ride (wear those costumes) south on the South Platte Trail to Chatfield State Park where we will ride to the marina via paved trails and road. After a break we will return via the same route. Bring a sack lunch for a picnic afterwards.

## Tuesday, October 31st:

**10:00 AM FUN PLUS-H2-22-NW** Scary Halloween Graveyard Ride, meet Jeff Krinsky (720-373-9107) at the Majestic View Park north parking lot (north on Wadsworth to W 72nd Ave, west on 72nd, just west of Carr on the south side. THIS IS NOT THE ENTRANCE at GARRISON ST. or 71st ST!) for this tour of three old Arvada graveyards. Costumes are welcome but not required. There will be a ghoulish lunch afterwards for those who survive this haunting experience!

## Saturday, November 4th:

**Volunteer Recognition Dinner 6 PM Celebrating the Season and Rocking to Oldies Music**